

# MECKLENBURG COUNTY Area Mental Health, Developmental Disabilities and Substance Abuse Services March 19, 2010

### **PROVIDER HOT SHEET**

⇒ A Special InfoShare Meeting will be held Wednesday, March 31, 9:00 – 10:00 in the Fellowship Hall at Covenant Presbyterian Church, 1000 E. Morehead Street in Charlotte. All contract and MOA providers are required to attend. The focus of this special meeting will be the Medicaid 1915 (b)(c) Waiver Expansion and to <u>learn more about the Medicaid Waiver</u>. Registration begins at 8:00 A.M. and concludes at 8:55. The program begins promptly at 9:00 and doors close at 9:15.

The Provider Council will hold a general membership meeting at 10:00, following InfoShare, to gather information and input re the waiver.

- ⇒ Save the Date: Friday, May 21, 2010, Marshall Park, 3:00 5:00 PM Rally to Support Individuals with Mental Illness, Developmental Disabilities and Substance Abuse needs. This is the 2<sup>nd</sup> annual rally and a <u>Call to Action: We Need Your Help</u>. Calling all service providers, public agencies, faith organizations, consumers, family members, advocates and general public to come and attend the Rally to:
  - Help Raise Public Awareness
  - Provide helpful Information/Literature
  - Build Partnerships
  - Reach out to the Community
  - Support Individuals in Recovery
  - \*A short walk will follow the Rally as a show of Unity

See the flyer on page 6 for more information and to learn how you can help.

# **PROVIDER COUNCIL REMINDERS AND UPDATES**

⇒ Provider Council Minutes for the Executive Board, General Membership and Committees are published and available on-line at the following website: <u>http://www.charmeck.org/Departments/Area+Mental+Health/For+Providers/MPCouncil.htm</u>

- ⇒ **Provider Council Sub-Committees** Four standing subcommittees have been formed by the Provider Council. If you are interested or want more information, please contact the committee chairs. The four committees are:
  - Training and Development Committee
    - Trasha Black (Co-Chair), Genesis Project, <u>tblack@genesisproject1.org</u>, 704-596-0505
      Angela R. Simmons (Co-Chair), The Right Choice MWM, 704-537-3650,
      - Angela R. Simmons (Co-Chair), The Right Choice MWM, 704-537-3650, <u>arsrightchoice@therightchoicemwm.com</u>.
        > The next scheduled meeting is Wednesday, April 21, 2010 at 9:00 AM in the Carlton Watkins Center Multipurpose room.

- A COMMUNITY SYSTEM THAT EMPOWERS AND SUPPORTS INDIVIDUALS TO LEAD HEALTHY AND INDEPENDENT LIVES -

#### Mecklenburg Area MH/DD/SA Services **PROVIDER HOT SHEET** March 19, 2010

#### **Provider Relations Sub-Committee** 0

Kira Wilson (Co-Chair), The Arc of NC, 704-568-0112, kwilson@arcnc.org

Tim R. Holland (Co-chair) Person Centered Partnerships, 704-319-7609, ٠ Tim.Holland@pcpartnerships.org

>The Provider Relations Committee will meet on Wednesday, April 21 at 12:00 PM to 1:30 PM in the Carlton Watkins Center Multipurpose room.

- Provider Outreach Sub-Committee The Provider Outreach Committee is a new subcommittee, the general purpose of which is to establish mechanisms for the Provider Council to connect with new providers, to provide them basic resource information and to introduce them to the Provider Council.
  - Frankie Tack (Co-Chair), Anuvia Prevention and Recovery Center, Inc., 704-927-8789, frankie.tack@anuvia.org.
  - Miranda Little (Co-Chair), Family Preservation, Inc., 704-344-0491, Mlittle@fpscorp.com

>The next meeting will be on Wednesday, April 21, 2010 at 1:30 PM in the Carlton Watkins Center Multipurpose Room.

## **IMPORTANT REMINDERS AND RESOURCES**

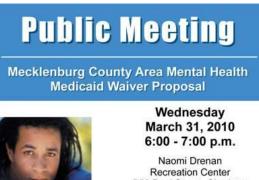
⇒ The Mecklenburg Provider Performance Report (MPPR) is a local four star measurement of the performance of child and adult mental health, developmental disability and substance abuse service providers based on specific quality indicators. It brings together pieces of information about each provider that have not previously been available in one place. For a full description, please click on the link below:

http://www.charmeck.org/Departments/Area+Mental+Health/PPR.htm

⇒ **Public Notice:** Mecklenburg County Area Mental Health's Local Management Entity (LME) will host a public meeting on Wednesday, March 31, 2010 from 6:00-7:00 pm at the Naomi Drenan Recreation Center, Multipurpose Room at 750 Beal Street in Charlotte.

The LME's objective is to inform the public about the Medicaid Waiver application process, answer questions and seek public feedback. The LME will keep the public informed throughout the application process.

Please encourage consumers, families and stakeholders to attend.



What is a Medicaid Waiver? What will it mean for consumers?

Tel: 704-336-3793 Jill.Scott@MecklenburgCountyNC.gov MeckLINK.CharMeck.org 750 Beal Street, Charlotte



 $\Rightarrow$  Ask Me How I Am – National Children's Mental Health Day, Thursday, May 6, 2010. Please see flyer on page 8 for more information.

### Mecklenburg Area MH/DD/SA Services *PROVIDER HOT SHEET* March 19, 2010

- ⇒ **This Will Pass: Suicide Prevention** is available as a *free* training tool to providers, community partners, stakeholders, faith communities, families, and mental health advocates. It is also streaming in its entirety from MecklenburgCountyNC.gov, MeckLINK.CharMeck.org and from <u>www.youtube.com</u>. For more information, please see the press release on page 9.
- ⇒ 02/19/2010 NC Division of MH/DD/SAS Special Implementation Update #69 RFA for 1915 (b)(c) Medicaid Waiver Expansion
- ⇒ New Person Centered Plan Format Effective March 1, 2010, the new Person Centered Plan format MAY be used when the next annual re-write of the PCP is due. Beginning July 1, 2010, the new format MUST be used when the next annual re-write of the PCP is due. <u>Person Centered Plan Format</u>.
- ⇒ Save the Date 2010 Mecklenburg County Public Health Forum Presented by: Mecklenburg County Healthy Carolinians & Mecklenburg County Health Department. Healthy Kids: A Better Future Starts Today, Friday April 30, 2010. 8:00am – 2:00pm. Please see flyer on page 5 for more information.
- ⇒ 03/02/2010 NC Division of MH/DD/SAS Implementation Update #70 Attachment 1 PSR Guidance for Service Notes Attachment 2 Copy of Day Tx Checksheet Attachment 3 Day Tx Instructions Attachment 4 Day Tx MOA Elements Attachment 4 Census Fact Sheet
  - Suspension of Mandatory Cost Reporting
  - CABHA Update
  - Impact of Merger & Acquisitions on Enrollment/Accreditation/endorsement
  - PSR Service Notes
  - Day Treatment Endorsement Checksheet
  - MOA for Child & Adolescent Day Treatment
  - New CTCM form for MR/DD Submissions to VO
  - Policy Changes for Case Management
  - Extension for Provisionally Licensed Billing
  - DMA Program Integrity contract with PCG
  - Payment Error Rate Measurement in NC
  - Medicaid Provider Payment Suspension
  - Census 2010

# **EDUCATION AND TRAINING OPPORTUNITIES**

⇒ Mecklenburg's PROMISE Recovery and Crisis Training Calendar. Please feel free to print and post at your locations or pass it on to anyone you feel would benefit from our trainings. To register, go to <u>www.meckpromise.com</u>. If you have any questions or concerns, please feel free to contact us at (704) 525-4398, ext. 207. <u>http://www.meckpromise.com/node/43</u>

### Mecklenburg Area MH/DD/SA Services *PROVIDER HOT SHEET* March 19, 2010

- ⇒ The Mecklenburg County Provider Council has developed a comprehensive Training Calendar designed to serve as a one-stop location to view training events occurring in Mecklenburg County that are supported or sponsored by the provider community, the LME, AHEC or other entities. Following is a link to submit training events: <u>http://www.meckpromise.com/node/75</u>. To view training events, click on the following link: <u>http://www.meckpromise.com/mptc</u>
- ⇒ The LME Monthly AMH Training Calendar is posted on-line at the following link: <u>http://www.charmeck.org/Departments/Area+Mental+Health/For+Providers/Provider+Res</u> <u>ources/training.htm</u>
- ⇒ **TIP Training in Innovation and Practice** –The NC Council of Community Programs and the Administrative Services Organization, a group of providers, continue to offer training to help providers adapt to changing circumstances. For a list of currently scheduled training events and to register, go to <u>www.nc-council.org</u>.

# WEB RESOURCES

- NC DIVISION OF MH/DD/SAS: <u>http://www.ncdhhs.gov/mhddsas/</u>
- MECKLENBURG AMH: <u>http://mentalhealth.charmeck.org</u>
- AMH BEST PRACTICES COMMITTEES AND SCHEDULE:
   <a href="http://www.charmeck.org/Departments/Area+Mental+Health/For+Providers/BestPractice.htm">http://www.charmeck.org/Departments/Area+Mental+Health/For+Providers/BestPractice.htm</a>
- HOT SHEET ARCHIVE: <u>http://www.charmeck.org/Departments/Area+Mental+Health/For+Providers/Provider+Resources</u> <u>/Provider+Hot+Sheets.htm</u>



# Healthy Kids: A Better Future Starts Today

# Save the Date

Friday April 30, 2010 8:00am - 2:00pm

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Student Union Building The University of North Carolina at Charlotte 9201 University City Blvd, Charlotte, NC 28233

Event hosted by the UNC Charlotte Graduate and Undergraduate Public Health Student Associations



#### Keynote Speaker: Kwain Bryant

Kwain Bryant is a noted national speaker & CEO of Empowerment Exchange. As an advisor for the NC Department of Public Instruction's Youth Advisory Council, winner of the Male's Place 2007 Distinguished Service Award, & a former health educator with Teen Health Connection, he is known for his ability to engage audiences



#### **Attention to All Providers**

This year, to make our Rally more "informative" than last year, we plan to set up tents at the park and have provider/service agencies pass out information/literature regarding services, programs, etc.

If your agency would like to set up a booth under a tent, <u>please contact either Tim</u> <u>Holland or Ellis Fields before April 9<sup>th</sup>, 2010.</u> (we have to know how many tents to set up). There will be a small fee to help cover the cost of the tent.

**New for 2010**: We are also planning on having some "live" music this year as well as audience participation during the Rally.

Please help support this cause and get the word out to all your staff, consumers and their family members. Remember – there is power in numbers.



#### NEW TRAINING FILM URGES US ALL TO PREVENT SUICIDE

**Charlotte, N.C.** – Undoubtedly, suicide is a touchy subject. But after losing a loved one to suicide last year, Jack Stutts wants to challenge others to do something that seems difficult, "You must ask the question."

In a season of troubling economic conditions and unemployment rates, compounded by increasing alcohol and substance abuse, depression and suicide attempts, Mecklenburg County Area Mental Health has partnered with the Mecklenburg County Health Department, Mecklenburg County's Public Service & Information, CMC-Randolph and the Mental Health Association of Central Carolinas to produce a 15 minute training video explaining how we can each play a role in preventing suicide.

The film asks us all to reach out to our friends, family members, co-workers and neighbors, and to the consumers that we serve to better identify when someone is struggling with depression and suicidal thoughts. It urges us to ask tough questions and to direct individuals to immediate help and resources offered throughout the County.

"This Will Pass: Suicide Prevention" is available as a *free* training tool to providers, community partners, stakeholders, faith communities, families, and mental health advocates.

It is also streaming in its entirety from MecklenburgCountyNC.gov, MeckLINK.CharMeck.org and from <u>www.youtube.com</u>.

Fast facts:

- The World Health Organization is warning that the suicide rate will increase as the economy worsens.
- More than one in four of us may be experiencing symptoms of depression and anxiety right now.
- Every 16 minutes a suicide is completed.
- For every completed suicide, 25 are attempted.
- Youths are committing suicide at a rate of one every two hours.
- According to the recent local Youth Risk Behavior Survey data one in eight youth attempted suicide last year.

Area Mental Health director Grayce Crockett says the time to reach out is now. "We have not seen the end of our economic struggles, and we have not seen the end of suicide attempts. It is urgent that we come together as a community – that we each play our part to look, listen and point people to help. You don't have to be a mental health professional to save a life. That is our challenge."

# # #

For a free copy of the film, please contact: Jill Scott at 704-336-3793 or <u>Jill.Dineen-Scott@MecklenburgCountyNC.gov</u>.