



MECKLENBURG COUNTY
Area Mental Health, Developmental Disabilities and
Substance Abuse Services
August 29, 2011

PROVIDER HOT SHEET

⇒ **[Business Entity Verification Renewal](#)**

This serves as a reminder of the Endorsement Policy effective April 15, 2011 regarding Business Entity Verification Renewal. It is the responsibility of the provider to ensure this process is initiated. The Business Entity Renewal Letter of Attestation mentioned below is located on the Mecklenburg County Area Mental Health Website.

Business entity verification status is valid for up to three years. In order to renew a provider's business entity verification, the provider shall submit to the endorsing agency that granted the provider's business entity verification; a copy of the National Accreditation Certificate, a standardized Business Entity Renewal Letter of Attestation that includes the current business information (i.e., name, business status, and address), and a report of any dissolutions, revocations, or revenue suspensions that have occurred over the past three years. In addition, the provider shall submit evidence of good standing with the U.S. or the North Carolina Departments of Revenue.

The provider shall submit the above mentioned information at least 30 calendar days prior to the expiration of the current business entity verification via trackable mail. The endorsing agency shall review the information submitted as well as any adverse actions and sanction activity involving the provider within 10 calendar days of the receipt of the Business Entity Renewal Letter of Attestation. The endorsing agency has the authority and the discretion to conduct an onsite review(s) based upon the information contained in the standardized Business Entity Renewal Letter of Attestation.

If the information submitted meets business verification requirements, the LME shall complete a NEA letter indicating the new effective business verification dates and send the updated NEA to the provider via trackable mail. The provider will be responsible for submitting the updated NEA to DMA.

A provider that fails to submit the standardized Business Entity Renewal Letter of Attestation prior to the business verification expiration date or that provides false or misleading information on the standardized Business Entity Renewal Letter of Attestation to the endorsing agency shall have its business entity verification involuntarily withdrawn. The endorsing agency shall notify the provider via an NEA sent via trackable mail that the business entity verification was involuntarily withdrawn because of failure to submit the Business Entity Renewal Letter of Attestation and/or because false or misleading information was submitted. The endorsing agency shall also notify DMA and DMH/DD/SAS via an NEA letter that the business entity verification has expired and has not been renewed because of the provider's failure to submit the Business Entity Renewal Letter of Attestation and/or because the provider submitted false or misleading information in the Business Entity Renewal Letter of Attestation.

The provider must notify the endorsing agency immediately if at any time the provider's national accreditation status lapses or is withdrawn. The provider's endorsement shall be involuntarily withdrawn, in the event the provider fails to notify the endorsing agency that the accreditation status has lapsed or has been withdrawn. Loss of national accreditation for the affiliated business entity shall lead to withdrawal of endorsement for mh/dd/sa services that require accreditation.

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⇒ **Good Standing Requests**

The endorsement policy effective April 15, 2011 states that providers must submit evidence of good standing with the U.S. or N.C. Department of Revenue at the time of the initial business verification and the business entity verification renewal.

A letter from the IRS and the NC Department of Revenue is sufficient.

⇒ **FOR PROVIDER MEDICAL DIRECTORS:**

Please see the information below regarding an exciting new study being conducted through CMC-R's Research Section, under the direction of Dr. Oleg Tcheremissine. Please advise appropriate, interested consumers and their families to obtain more information through the contact person listed at the end of the study description.

Schizophrenia is a chronic neuropsychiatric and neurodevelopmental disorder that affects approximately 1% of the population worldwide. Neuroscientific discoveries over the past decades have enriched our understanding of the neurobiological mechanism underlying a wide range of symptoms of schizophrenia. On a practical level, this significant progress enhanced the treatment armamentarium by drastically increasing a number of psychotropic medications available to clinicians and their patients. Many of the second-generation or atypical antipsychotics are believed to offer advantages over conventional or first-generation agents in the treatment for schizophrenia. However, these advantages, thus far, have been undermined by concerns about side effects such as weight gain, hyperglycemia and dyslipidemia.

Evidence from several clinical and preclinical studies support the hypothesis that dysregulation of glutamatergic pathways contributes to the pathogenesis of schizophrenia. These findings suggest that mGlu2/3 receptor agonists may be effective for the treatment of schizophrenia. At the CMC-R-Research Section, a new molecule that modulates glutamatergic receptors (LY2140023) is currently being investigated as an antipsychotic agent with a novel mechanism of action. Unlike currently available antipsychotics, LY2140023 does not directly block dopamine receptors. Importantly, based on earlier clinical studies, treatment with this novel antipsychotic agent would not be expected to manifest many burdensome adverse events such as dry mouth, constipation, extrapyramidal side effects, and weight gain. The consequences of weight gain alone are clinically significant, as increased weight can lead to increased risk for diabetes and cardiovascular problems.

The current study is a multicenter, randomized, double-blind, Phase 3 study to assess the safety and efficacy of LY2140023 in patients with schizophrenia during 24 weeks of treatment. The primary outcome measure will be mean weight change. All qualified participants will receive various screening tests, ECG, medical history, complete physical examination, psychiatric assessments, and study drug for no charge. Reimbursement for time and transportation is also available.

For an opportunity to participate, please contact Dineen Gardner: 704-446-7511.

⇒ **One Child One Plan Form Updates – County/System Wide Reporting Requirement by the Juvenile Courts**

Juvenile Court Judges in support of Child and Family Teams and the Mecklenburg County System of Care initiative have instituted a system wide requirement for the presentation of the One Child One Plan Form (OCOP) at all court hearings. Reports other than the OCOP Form are no longer accepted in absence of the OCOP form. Provider agencies, Social Workers, Court Counselors, or other entities presenting in court on behalf of a Child and Family Team must provide the OCOP form as the primary form. Any other reports or documentation may be submitted supplementally.

The Juvenile Court Judges recognize the statutory requirements for various agencies to utilize specified federal/state reporting forms or planning documents. In such cases where federal/state forms and the

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OCOP form require duplicate information, the federal/state reporting forms are documented and should be submitted as an attachment to the OCOP form.

For individuals who need training or a refresher on how to fill out a OCOP form, MCTI offers CFT 204- Plan Development for Child and Family Teams every month. Participants may register online through AHEC by visiting the MeckCARES Training [website](#) and clicking on the blue AHEC link to navigate to the registration page. This course is \$45 per person and does provide CEUs and hours that count towards the 11 hours of Systems of Care training required by some service definitions. Please check with AHEC at the time of registration to verify you have completed any pre-requisite courses required by CFT 204. For any questions about registration, please call the MCTI Training Coordinator at 704-432-0986.

- ⇒ Your single point of contact for all suggestions, input, feedback, questions and concerns regarding the Hot Sheet should be directed to Jill Scott, AMH Information/Education Coordinator at Jill.Dineen-Scott@MecklenburgCountyNC.gov. [Subscribe](#) to the weekly Hot Sheet releases.

CLINICAL CORNER

- ⇒ The mental health field is paying a renewed intense and deserved attention to the issues of childhood trauma and its implications for attachment and effective interventions. An upcoming training on “Trauma and Attachment Issues for Children” is being offered by Duke University and the Center for Child and Family Health and the NC Division of MH/SA/DD on Sept. 28 and 29 at the Black Mountain Home for Children in Black Mountain, NC.

The course objectives for Day 1 are:

- Participants will increase understanding of the child-caregiver attachment process and its impact on child behavior.
- Participants will differentiate insecure attachment, trauma within the attachment relationship, and Reactive Attachment Disorder.
- Participants will learn how traumatic stress impacts young children and adolescents.
- Participants will become familiar with differential diagnoses related to early trauma and attachment difficulties.

The course objectives for Day 2 are:

- Participants will learn how early childhood trauma affects behavior and other developmental outcomes.
- Participants will become better consumers or providers for children with attachment and trauma histories.
- Participants will learn about evidence-informed and evidence-based treatments for children with attachment problems, trauma symptoms, and/or disruptive behavior and how to locate the services and receive training.
- Participants will apply behavior management principles to case scenarios.

Register with Anna North at Eastpointe LME (anorth@eastpointe.net)

- ⇒ All of us were probably “rattled” by the recent earthquake that was felt in our region and beyond, and hurricane season is also upon us. Expect the unexpected and be prepared!! This is a good time for providers to revisit their disaster plans and revise them where necessary. Consumers should also be alerted as to how to contact their providers should a disaster strike, and have access to information about the best ways to cope in such extraordinary circumstances. Please also note that the LME wants to hear from all providers regarding their disaster preparedness and their readiness to assist should community needs arise. More information about related training and resources will be coming this fall!

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PROVIDER COUNCIL REMINDERS AND UPDATES

- ⇒ The Provider Outreach Subcommittee is holding a Provider Orientation Session **Wednesday, September 21, 2011 at 12:30 pm** in the Carlton Watkins Center Multipurpose room. The session last approximately 30 minutes. This session is for providers that are new to Mecklenburg County.
- ⇒ **Provider Council Sub-Committees** – Four standing subcommittees have been formed by the Provider Council. If you are interested or want more information, please contact the committee chairs. The four committees are:
- **Training and Development Committee**
 - ◆ Lisa Davis (Co-Chair), Genesis Project, 704-596-0505 ldavis@genesisproject1.org
 - ◆ Jessie Dancy (Co-Chair), First Choice, 704-535-4342 ext 102 Firstchoiceincjd@gmail.com
 - > The next scheduled meeting is **Wednesday, September 21, 2011 at 9 AM** in the Carlton Watkins Center Multipurpose room.
 - **Quality Improvement Sub-Committee** - The general purpose of this committee is to collectively organize a sound quality approach to delivery of clinical service as well as general standards for quality for MH/SA/DD providers.
 - ◆ Angela Bunting (Co-Chair), BWB Connections, 704-596-5553 Angela.Bunting@connectionsbw.com
 - ◆ Sonyia Richardson (Co-Chair), Another Level Counseling & Consultation, 704-548-5298 srichardson@anotherlevels.com
 - > The next meeting will be on **Wednesday, September 21, 2011 at 10:30 AM** in the Carlton Watkins Center Multipurpose room.
 - **Provider Outreach Sub-Committee** – The general purpose is to establish mechanisms for the Provider Council to connect with new providers, to provide them basic resource information and to introduce them to the Provider Council.
 - ◆ Miranda Little (Co-Chair), Family Preservation Services, Inc., 704-344-0491, MLittle@fpscorp.com
 - ◆ Dellyne Samuel (Co-Chair), Total Care & Concern, dellyne@totalcareandconcern.org
 - ◆ > The next meeting will be on **Wednesday, September 21, 2011 at 12:00 PM** in the Carlton Watkins Center Multipurpose room.
 - **Provider Relations Sub-Committee**
 - ◆ Kira Wilson (Co-Chair), The Arc of NC, 704-568-0112, kwilson@arcnc.org
 - ◆ Tim R. Holland (Co-chair) Person Centered Partnerships, 704-319-7609, Tim.Holland@pcpartnerships.org
 - > The next scheduled meeting is **Wednesday, September 21, 2011 at 1:30 PM** in the Carlton Watkins Center Multipurpose room.

EDUCATION AND TRAINING OPPORTUNITIES

- ⇒ **MeckCARES Training Institute** offers a full range of high-quality classroom and now [online courses](#) that meet state service definitions and requirements and will empower you to improve outcomes for youth and families. [Register](#) Today!
- Learn about System of Care principles and practices
 - See how Child and Family Teams should operate
 - Gain knowledge, power and respect to strengthen families and improve lives
- ⇒ **Mecklenburg's PROMISE Recovery and Crisis Training Calendar.** MeckPromise is offering free Wellness, Recovery & Crisis Education classes for consumers and providers at our new location 1041 Hawthorne Lane, Charlotte, NC 28205. Please feel free to drop by and see what we've got going on! For more information on our classes please call the main number at 980-321-4021 or John Cunningham at 980-321-4025 or via email at jcunningham@meckpromise.com to request a current calendar.

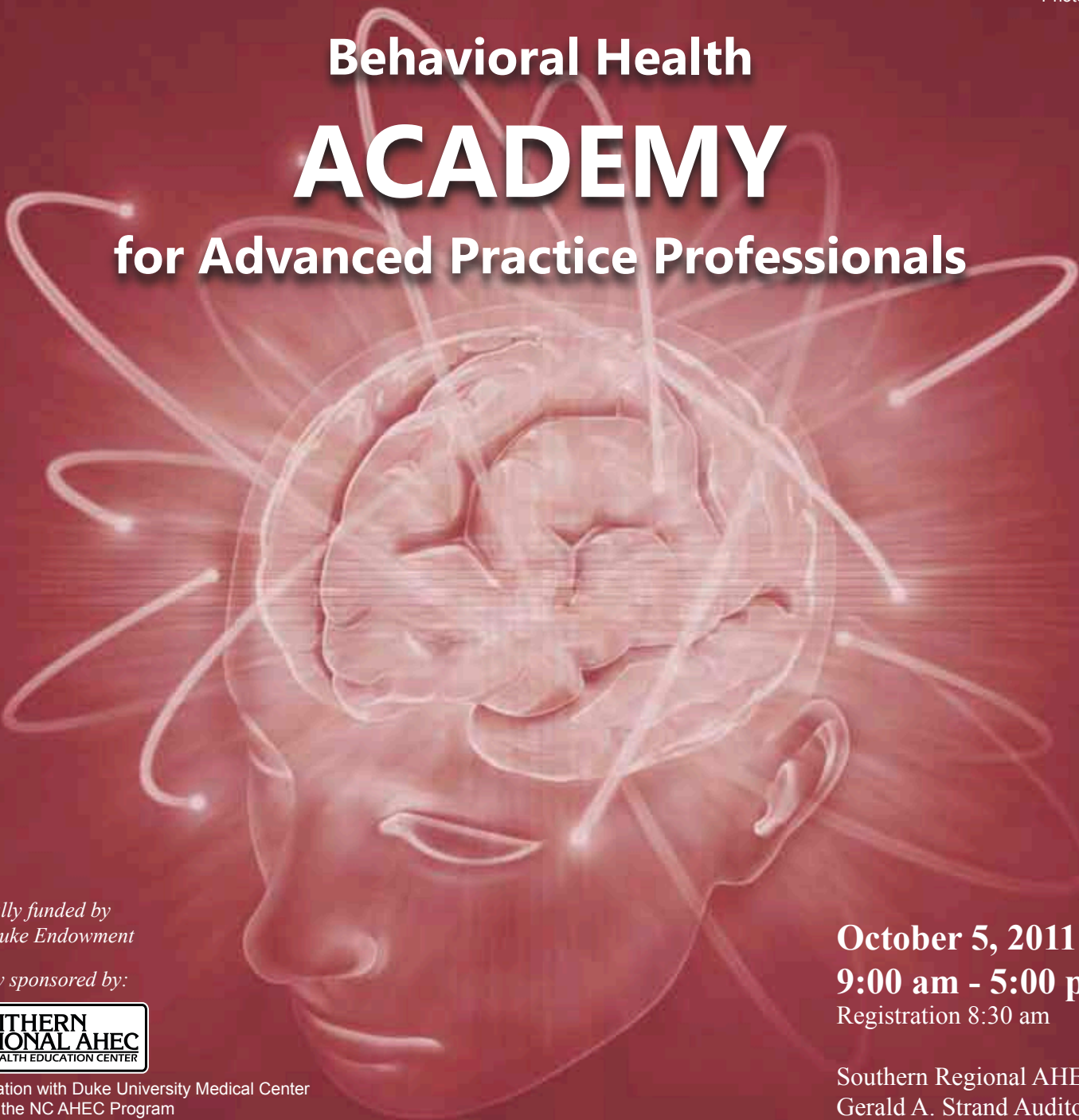
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- ⇒ **The Mecklenburg County Provider Council** has developed a comprehensive Training Calendar designed to serve as a one-stop location to view training events occurring in Mecklenburg County that are supported or sponsored by the provider community, the LME, AHEC or other entities. Following is a link to submit training events: <http://www.meckpromise.com/node/75>. To view training events, click on the following link: <http://www.meckpromise.com/mptc>
- ⇒ **The [LME Monthly AMH Training Calendar](#)** is posted on-line.
- ⇒ **TIP – Training in Innovation and Practice** –The NC Council of Community Programs and the Administrative Services Organization, a group of providers, continue to offer training to help providers adapt to changing circumstances. For a list of currently scheduled training events and to register, go to www.nc-council.org.
- ⇒ **Mental Health Association** offers various training opportunities to include QPR (Question, Persuade, and Refer) suicide prevention training. Please visit website <http://mhacentralcarolinas.org> or call 704-365-3454 for more information.

WEB RESOURCES

- ⇒ [NC Division of MH/DD/SAS](#)
- ⇒ [NC Division of MH/DD/SAS Provider Endorsement Information](#)
- ⇒ [NC Division of MH/DD/SAS Implementation Updates](#)
- ⇒ [Mecklenburg AMH](#)
- ⇒ [AMH Best Practices Committees and Schedule](#)
- ⇒ [AMH Hot Sheet Archive](#)
- ⇒ **1915 (b)(c) Waiver Updates from Division Medical Assistance**
- [Comparison: NC Innovations and CAP-MR/DD Waivers](#)
 - [LME-MCO Appeal Process](#) (per federal CFR 438.400)
- ⇒ [AMH Provider Document Library](#)

Behavioral Health **ACADEMY** for Advanced Practice Professionals



*Partially funded by
The Duke Endowment*

Jointly sponsored by:



In affiliation with Duke University Medical Center
Part of the NC AHEC Program



October 5, 2011
9:00 am - 5:00 pm
Registration 8:30 am

Southern Regional AHEC
Gerald A. Strand Auditorium
1601 Owen Drive
Fayetteville, NC 28304

Description

This continuing education program is a one-day intensive overview covering the diagnosis and treatment of common mental illnesses in adults. This program aims to equip Nurse Practitioners (NPs) and Physician Assistants (PAs) with skills they need to identify and manage depression, bipolar disorder, anxiety, psychosis, and substance abuse. Participants will develop a better understanding of the signs and symptoms, learn how to utilize high-yield screening tools and initiate evidence-based treatments.

This initial day-long program is followed by five one-hour web-based sessions held monthly to consolidate learning and foster discussion of patients participants encounter in their practice.

A similar program covering Children and Adolescents will be offered in 2012.

Target Audience

This program is geared specifically toward Nurse Practitioners and Physician Assistants in mental health or primary care settings. Participation in the follow-up sessions is limited to those attending the one day workshop.

Behavioral Health Academy for Advanced Practice Professionals

Objectives

At the completion of this program, the participant should be able to:

- Discuss the need for diagnosis and treatment of mental illness;
- Describe a psychiatric interview suitable to the primary care setting;
- Compare and contrast between the major psychiatric illnesses;
- List evidence-based treatments for major depressive disorder, anxiety disorders, bipolar disorder, and psychosis;
- Recognize substance abuse and its comorbidities; and
- Recognize common and severe psychiatric emergencies.

Agenda

8:30 am	Registration
9:00 am	Introduction and Relevance <i>Sarah Rivelli, MD</i>
9:30 am	The Psychiatric Interview <i>Virginia O'Brien, MD</i>
10:15 am	Break
10:30 am	Anxiety Disorders <i>Virginia O'Brien, MD</i>
11:15 am	Depression <i>Julie Adams, MD, MPH</i>
12:15 pm	Lunch (provided)
1:15 pm	Bipolar Disorder <i>John Beyer, MD</i>
2:15 pm	Psychosis and Antipsychotic Medications <i>Sarah Rivelli, MD</i>
3:00 pm	Break
3:15 pm	Overview of Substance Use Disorders <i>Xavier Preud'homme, MD</i>
3:45 pm	Differential Diagnosis <i>Xavier Preud'homme, MD</i>
4:15 pm	Psychiatric Emergencies <i>Sarah Rivelli, MD</i>
4:30 pm	Summary and Introduction to Learning Modules and Webinars <i>Virginia O'Brien, MD and Sarah Rivelli, MD</i>
5:00 pm	Adjourn

Fees

The cost to attend this program is \$250. Webinars are included in this registration fee. Lunch is provided.

Credit Statements

All credits listed below apply only to the one-day academy, not the webinars.

CEU: Southern Regional AHEC will award 0.65 CEUs to each person who attends 100% of this program.

AMA PRA Category 1 Credit™: 6.5 hours

Credit Statement: Southern Regional AHEC designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint sponsorship of Southern Regional AHEC and Duke AHEC. Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement: Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Nursing Credit: 6.5 contact hours, CNE, will be awarded to participants who attend 100% of this activity. Southern Regional AHEC is approved as a provider of continuing nursing education by North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Disclosure for conflict of interest from any of the presenters will be announced at the beginning of the program.

Behavioral Health Academy for Advanced Practice Professionals

Faculty

Sarah K. Rivelli, MD, is the Program Director for the MedPsych residency training program, and also the medical director for the MedPsych service, a small private service focusing on complex patients with both medical and psychiatric problems. She is also the medical director of the Psychiatry Consultation-Liaison service at Duke. In both of these settings she supervises postgraduate trainees as well as students. She also rounds on the General Medicine teaching service. Dr. Rivelli's clinical interests include: general internal medicine, general psychiatry, hospitalist medicine, delirium, affective disorders, and psychosomatic medicine.

Virginia O'Brien, MD, is an Associate in the Departments of Psychiatry Behavioral Sciences and the Department of Medicine at Duke University Medical Center. She received her MD from the University of Mississippi School of Medicine and completed her residency in Combined Internal medicine and Psychiatry at Rush University Medical Center in Chicago, IL. Her interests lie in the treatment of comorbid psychiatric and medical illnesses, the provision of quality medical care to patients with psychiatric illness, and clinical education.

Julie Adams, MD, MPH, received her MD from Loma Linda University in 2002 and completed her psychiatry residency training at Duke University in 2006. She joined Duke Psychiatry faculty that immediately following residency. She currently works on the inpatient psychiatric unit and as an ECT attending. She received her Master's in Public Health from University of North Carolina at Chapel Hill in 2010 as part of a three-year career development award from the NIH. Her clinical and research interests are primarily in mood disorders, depression in HIV, and integrating mental health services in primary and specialty clinic settings in the U.S. and Tanzania.

John Beyer, MD, is an Assistant Professor of Psychiatry at Duke University Medical Center and Director of the Duke Bipolar Disorders Clinic. He is board certified in Psychiatry and board qualified in Geriatric Psychiatry. He completed his medical degree from Southwestern Medical Center at Dallas in 1989, and his residency in psychiatry at Duke University Medical Center in 1993. He has been active in community mental health programs, previously serving as the medical director for Agape Counseling Services in Nashville, TN, and a geriatric day program in Rock Hill, SC. Dr. Beyer's main research is in the etiology and treatment of mood disorders, with special emphasis in the elderly population. He has written numerous journal articles and chapters on mood disorders in the elderly and in the neuroimaging of bipolar disorder. Dr. Beyer maintains an active outpatient practice and directs the advanced psychopharmacology classes for Duke residents.

Xavier A. Preud'Homme, MD, is an Assistant Professor of Psychiatry and Behavioral Sciences and an Assistant Professor in Medicine with the Department of Psychiatry and Behavioral Sciences / Biological Psychiatry at Duke University. He completed his medical training and residency at Universite Libre de Bruxelles (Belgium) and in Psychiatry and Internal Medicine at Duke University Medical Center in 2006. He is Board Certified, Sleep Medicine and in Psychosomatic Medicine. His clinical interests are in the area of: Inpatient care for patients with active internal medicine and psychiatric comorbidities (med-psych), electroconvulsive therapy (ECT), sleep research, sleep medicine, and an interest in nocturia.

Behavioral Health Academy for Advanced Practice Professionals

Questions and Suggestions

For information regarding workshop registration, please call (910) 678-7226. For questions regarding educational content or professional credit, contact:

John Bigger, MS, LPC
(910) 678-7207
Administrator of Mental Health Continuing Education
Southern Regional AHEC

Substitutes/Refunds/Transfers

If you register for a program and are not able to attend, you may:

- Send a substitute;
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee; or
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at one future Southern Regional AHEC Mental Health program.

Cancellations less than 48 business hours before the program are non-refundable. If you register for a program you don't attend and don't pay, you will be billed for the full amount of the program registration fee.

Americans with Disabilities Act

No individual with a disability is excluded, segregated or otherwise treated differently from any other individual. If you need any of the auxiliary aids or services identified by the Americans With Disabilities Act of 1990 in order to attend this program, please call (910) 678-7241.

Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, this program does not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

Inclement Weather Policy

In case of inclement weather, please call our operations line at 910-678-7289.

Registration Form

This form may be duplicated.

Phone: 910-678-7226 Fax: 910-323-0674

Online: <http://aheconnect.com/registration/srahec>

Or, send this form by mail:

SR-AHEC, Attention Registrar
1601 Owen Drive • Fayetteville, NC 28304

Behavioral Health Academy for Mid-Level Providers

CASCE #35014 / MH111005

Name _____

Last 4 of Social Security # _____

Home Address _____

City _____ State ____ Zip _____

Home County _____

Home Phone _____

E-mail _____

Please do not send me e-mail announcements of upcoming SR-AHEC Nursing workshops.

Job Title _____

Specialty Area _____

Employer _____

Work Address _____

City _____ State ____ Zip _____

Work Phone _____

Who is Paying? ___ I am ___ My Organization

Supervisor Signature _____

Supervisor Phone # _____

Mastercard/Visa # _____ - _____ - _____ - _____

Exp. Date ____/____/____

Signature _____

Payment Policy (Requires Initialing)

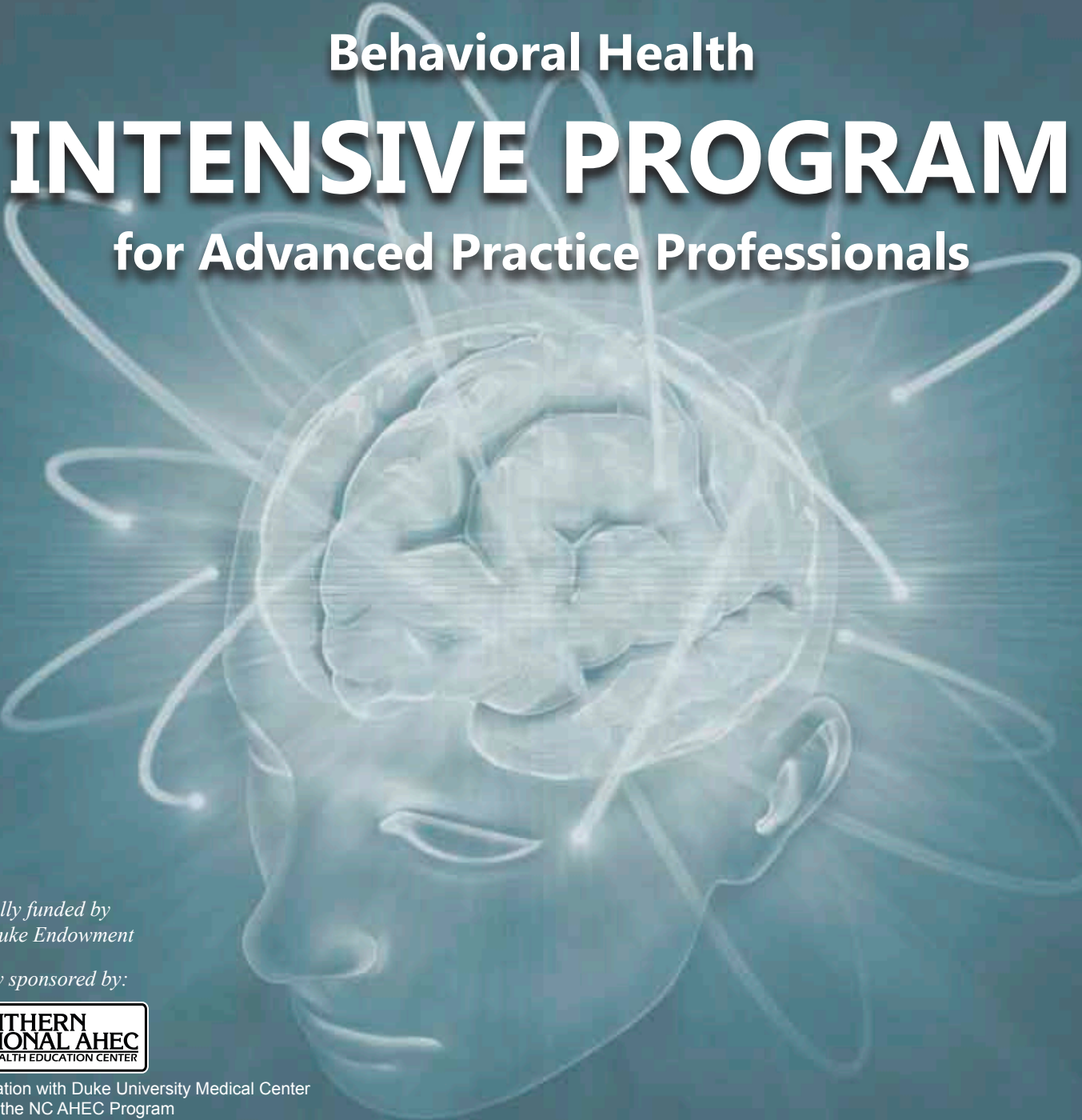
Southern Regional AHEC requires full payment for all programs prior to the program date. If an organization is paying, a supervisor's written verification of approval or a copy of a purchase order must be presented with the registration form.

_____ I have read and understand this statement. (Initial)

Office Use Only:

Check/Auth # _____ Date _____ / _____ / _____
From _____ Amount \$ _____

Behavioral Health INTENSIVE PROGRAM for Advanced Practice Professionals



*Partially funded by
The Duke Endowment*

Jointly sponsored by:



In affiliation with Duke University Medical Center
Part of the NC AHEC Program



Dates:	<u>Intensive Day 1</u> Thursday, October 6, 2011	<u>Intensive Day 2</u> Friday, November 11, 2011	<u>Intensive Day 3</u> Monday, December 12, 2011
Times:	9:00 am - 5:00 pm (Lunch and Breaks Included for Each Day)	8:30 am - 5:00 pm	8:30 - 5:00 pm
Location:	Duke University Health Center 2301 Erwin Rd Durham, NC 27705 (919) 684-8111		

Behavioral Health Intensive Program for Advanced Practice Professionals

Program Description

This one-year Intensive Program will be for physician assistants and nurse practitioners who work with large numbers of behavioral health patients. These participants will attend two three-day trainings (Fall 2011 and Spring 2012) and monthly web-based case discussions with supervising psychiatrists and other experts. The program will have its own web page for references, work assignments, group discussions and listservs. Participation in this program will also require five hours of on-going case supervision and an additional three days of intensive didactic training in the behavioral health care of children in the Spring. Education on billing psychiatric codes will also be provided.

Target Audience

Physician assistants and nurse practitioners who provide care to large numbers of behavioral health patients. There is a limit of **ten** participants in the intensive track. Should the number of applicants to the program exceed the available openings, priority will be given to applicants from psychiatrically underserved regions or from organizations whose primary mission is the provision of care to the medically underserved.

Required Prerequisites

Intensive Program participants will be asked to collect the following baseline data for their practice before entering the program:

- Frequency of laboratory testing and weight assessment for patients on antipsychotic drugs.
- Percentage of patients on psychotropic drugs within expected values for laboratory tests and weight.
- Percentage of patients seen in a follow up visit within 30 days of being newly prescribed an antipsychotic drug.

Participants will also be asked to take a pre-test to evaluate their knowledge and clinical practices in caring for patients with behavioral health needs and complete a baseline tool evaluating the overall practice's perceived comfort in providing care to patients with behavioral health needs. These same measures will be assessed 30 days following completion of the Intensive Program and a statistical comparison of outcomes will be performed.

Objectives

At the completion of the one year Intensive Program, the participant will be able to:

1. Demonstrate psychiatric assessment and the mental status exam;
2. Describe how to diagnose common psychiatric problems according to DSM-IV criteria, including: anxiety disorders, mood disorders, psychosis, substance use disorders, dementia, disorders due to a general medical condition, somatoform and eating disorders;
3. Discuss a differential diagnosis;
4. Discuss a biopsychosocial formulation;
5. Identify structured assessment instruments in the diagnosis of psychiatric conditions;
6. Outline basic principles of using medications in psychiatric treatment;
7. Discuss therapeutic indications, response, common side effects, and drug interactions of major classes of medications;
8. Describe how to adjust medications for optimal response and monitor response to therapy;
9. List steps to properly triage psychiatric emergencies;
10. Discuss patient-centered psychiatric interview skills;
11. Discuss the rationale, indications, and typical course of treatment for major forms of psychotherapy;
12. Describe how to provide motivational interventions to promote behavior change and adherence to treatment;
13. Identify how to obtain collateral information from family and others;
14. List how to outline a treatment plan, including pharmacologic and non-pharmacologic interventions;
15. Describe techniques to educate patient and family regarding psychiatric condition and its treatment;
16. Discuss how to utilize major, widely accepted clinical practice guidelines for treatment of psychiatric disorders;
17. Describe how to manage general health issues for persons with severe mental illness, including smoking cessation and weight management;
18. Describe psychosocial interventions and their application;
19. List appropriate treatment modalities in the care of patients with mental illness; and
20. Demonstrate knowledge and skills regarding legal, ethical and policy aspects of mental health care in North Carolina.

Behavioral Health Intensive Program for Advanced Practice Professionals

Agenda

October 6, 2011

Introduction and Overview

- 8:30 am Registration
- 9:00 am Introduction and Relevance
Sarah Rivelli, MD
- 9:30 am The Psychiatric Interview
Virginia O'Brien, MD
- 10:15 am Break
- 10:30 am Anxiety Disorders
Virginia O'Brien, MD
- 11:15 am Depression
Julie Adams, MD, MPH
- 12:15 pm Lunch (provided)
- 1:15 pm Bipolar Disorder
John Beyer, MD
- 2:15 pm Psychosis and Antipsychotic Medications
Sarah Rivelli, MD
- 3:00 pm Break
- 3:15 pm Overview of Substance Use Disorders
Xavier Preud'homme, MD
- 3:45 pm Differential Diagnosis
Xavier Preud'homme, MD
- 4:15 pm Psychiatric Emergencies
Sarah Rivelli, MD
- 4:30 pm Summary and Introduction to Learning Modules and Webinars
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

November 11, 2011

Interviewing, Personality Disorders and Psychotherapy

- 8:30 am Diagnostic Interviewing
Sarah Rivelli, MD
- 10:30 am Break
- 10:45 am Differential Diagnosis and Formulation
Virginia O'Brien, MD and Sarah Rivelli, MD
- 11:15 am Patient and Family Education
Virginia O'Brien, MD and Sarah Rivelli, MD
- 11:45 am Lunch (provided)
- 12:45 pm Personality Disorders
Zach Rosenthal, PhD

- 1:45 pm Overview and Essential Skills in Psychotherapy
Zach Rosenthal, PhD
- 3:15 pm Break
- 3:30 pm Motivational Interviewing
Paul Nagy MS, LPC, LCAS, CCS
- 4:45 pm Questions and Answers
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

December 12, 2011

Substance Use, Disorders Due to General Medical Conditions and Dementia; Policy and Legal Issues

- 8:30 am Dementia
Harry Goforth, MD
- 9:30 am Treatment of Substance Use Disorders
Andrew Muzyk, Pharm.D. and Xavier Preud'homme, MD
- 10:45 am Break
- 11:00 am Disorders Due to General Medical Conditions
Sarah Rivelli, MD
- 12:00 pm Lunch (provided)
- 1:00 pm Somatoform Disorders and Medically Unexplained Symptoms
Virginia O'Brien, MD
- 1:45 pm Eating Disorders
Virginia O'Brien, MD
- 2:15 pm General Health Issues for Persons with Mental Health Disorders
Sarah Rivelli, MD
- 3:00 pm Break
- 3:15 pm Psychosocial Interventions
Marvin Swartz, MD
- 3:45 pm Policy, Billing and Documentation and Ethical Issues
Marvin Swartz, MD
- 4:30 pm Questions and Answers
Virginia O'Brien, MD and Sarah Rivelli, MD
- 5:00 pm Adjourn

Behavioral Health Intensive Program for Advanced Practice Professionals

Faculty

Sarah K. Rivelli, MD, is the Program Director for the MedPsych residency training program, and also the medical director for the MedPsych service, a small private service focusing on complex patients with both medical and psychiatric problems. She is also the medical director of the Psychiatry Consultation-Liaison service at Duke. In both of these settings she supervises postgraduate trainees as well as students. She also rounds on the General Medicine teaching service. Dr. Rivelli's clinical interests include: general internal medicine, general psychiatry, hospitalist medicine, delirium, affective disorders, and psychosomatic medicine.

Virginia O'Brien, MD, is an Associate in the Departments of Psychiatry Behavioral Sciences and the Department of Medicine at Duke University Medical Center. She received her MD from the University of Mississippi School of Medicine and completed her residency in Combined Internal Medicine and Psychiatry at Rush University Medical Center in Chicago, IL.

Julie Adams, MD, MPH, received her MD from Loma Linda University in 2002 and completed her psychiatry residency training at Duke University in 2006. She joined Duke Psychiatry faculty immediately following residency. She currently works on the inpatient psychiatric unit and as an ECT attending. She received her Master's in Public Health from University of North Carolina at Chapel Hill in 2010 as part of a three-year career development award from the NIH.

John Beyer, MD, is an Assistant Professor of Psychiatry at Duke University Medical Center and Director of the Duke Bipolar Disorders Clinic. He is board certified in Psychiatry and board qualified in Geriatric Psychiatry. He completed his medical degree from Southwestern Medical Center at Dallas in 1989, and his residency in psychiatry at Duke University Medical Center in 1993. He has been active in community mental health programs, previously serving as the medical director for Agape Counseling Services in Nashville, TN, and a geriatric day program in Rock Hill, SC. Dr. Beyer's main research is in the etiology and treatment of mood disorders, with special emphasis in the elderly population. Dr. Beyer maintains an active outpatient practice and directs the advanced psychopharmacology classes for Duke residents.

Xavier A. Preud'Homme, MD, is an Assistant Professor of Psychiatry and Behavioral Sciences and an Assistant Professor in Medicine with the Department of Psychiatry and Behavioral Sciences / Biological Psychiatry at Duke University. He completed his medical training and residency at Universite Libre de Bruxelles (Belgium) and in Psychiatry and Internal Medicine at Duke University Medical Center in 2006. He is board certified in Sleep Medicine and Psychosomatic Medicine.

Paul Nagy, MS, LPC, LCAS, CCS, received his MS in Counseling and Human Systems from Florida State University. He is a Certified Clinical Addictions Specialist and a Certified Clinical Supervisor in the Substance Abuse field, as well as a Licensed Professional Counselor. Paul is currently a Clinical Associate in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. He has also served as a program director, administrator, and consultant to numerous addictions programs and related organizations.

M. Zachary Rosenthal, PhD, is an Assistant Professor in the Duke University Medical Center Department of Psychiatry and Behavioral Sciences, with a secondary appointment in the Duke University Department of Psychology and Neuroscience. He is Director of both the Sensory Processing and Emotion Regulation Program and the Duke Cognitive Behavioral Research and Treatment Program (CBRTP). Dr. Rosenthal received his PhD from the University of Nevada, Reno, after completing an internship in medical psychology at Duke University Medical Center. In addition, he is the PI on an American Foundation for Suicide Prevention funded study. Dr. Rosenthal is a licensed clinical psychologist in North Carolina who is trained in cognitive behavioral therapy (CBT) and is an expert in the treatment of BPD and other difficult-to-treat populations using dialectical behavior therapy (DBT). He is a faculty member in the Duke medical psychology internship program, training and supervising medical psychology interns on the CBT track.

Andrew Muzyk, PharmD, is a clinical pharmacist specializing in Internal Medicine and Psychiatry. Dr. Muzyk is an Assistant Professor at Campbell University. Currently, Dr. Muzyk practices at Duke University Hospital where he rounds with the Internal Medicine/Psychiatry service as well as precepts fourth-year pharmacy students from Campbell University and pharmacy residents from Duke University Hospital and the Durham VA.

Marvin S. Swartz, MD, currently serves as Professor and Head of the Division of Social and Community Psychiatry and Director of the Duke AHEC Program. Dr. Swartz's major research and clinical interests are in improving the care of severely mentally ill individuals. Dr. Swartz has conducted research on Psychiatric Advance Directives for the past decade and currently serves as the Director of the National Resource Center on Psychiatric Advance Directives.

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Questions and Suggestions

For information regarding workshop registration, please call (910) 678-7226. For questions regarding educational content or professional credit, contact:

Jennifer Borton, RN, MSN
(910) 678-0138 / Jennifer.Borton@sr-ahec.org
Administrator of Pharmacy, CME and Quality Initiatives, SR-AHEC

Americans with Disabilities Act

No individual with a disability is excluded, segregated or otherwise treated differently from any other individual. If you need any of the auxiliary aids or services identified by the Americans With Disabilities Act of 1990 in order to attend this program, please call (910) 678-7241.

Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, this program does not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

Credit Information

CEU: Southern Regional AHEC will award 2.05 CEUs to each person who attends 100% of this program.

AMA PRA Category 1 Credit™: 20.5 hours

Credit Statement: Southern Regional AHEC designates this live for a maximum of 20.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint sponsorship of Southern Regional AHEC and Duke Department of Psychiatry. Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Disclosure Statement: Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Nursing Credit: 20.5 contact hours, CNE, will be awarded to participants who attend 100% of this activity. Southern Regional AHEC is approved as a provider of continuing nursing education by North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Disclosure for conflict of interest from any of the presenters will be announced at the beginning of the program.

An additional 10 hours of *AMA PRA Category 1 Credit*™ will be awarded for the case discussion work. Credit listed is for the fall semester.

Registration Form

This form may be duplicated.

Phone: 910-678-7226 Fax: 910-323-0674

Or, send this form by mail:
SR-AHEC, Attention Registrar
1601 Owen Drive • Fayetteville, NC 28304

Behavioral Health Intensive Program for Advanced Practice Professionals

CASCE #35090 / CME111006

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Please do not send me e-mail announcements of upcoming SR-AHEC Nursing workshops.

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From _____ Amount \$ _____

Fees

\$2,000 registration fee with application.

Participants accepted into the Intensive Program will be required to provide their own transportation, meals and hotel for the didactic sessions. Upon successful completion of the Intensive Program, half (\$1000) of the registration fee will be returned to the participant.