

# Get Going

Winter 2012 **GUIDE**

**parks**  
**programs**  
**greenways**  
**recreation**



Mecklenburg County  
Park and Recreation  
*The Natural Place  
To Be...*

[parkandrec.com](http://parkandrec.com)



# GetGoing Contents



**Mecklenburg County  
Park and Recreation**  
*The Natural Place  
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[www.parkandrec.com](http://www.parkandrec.com)

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## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

- CLICK** on E Parks at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number
- CALL** 311 (704.336.7600) or the number listed.
- COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on p. 4 & 5.*

Phone and web registration requires payment with Visa or MasterCard only.



### About the cover photo:

The Mecklenburg County Park and Recreation Department wants you to know that winter is a great time to get outside and get going! We have plenty of indoor activities planned for you, too. *Photo by Charlie Covins, Mecklenburg County Public Information*

### Mecklenburg Board of County Commissioners:

Karen Bentley, Dumont Clarke, Harold Cogdell, Neil Cooksey, George Dunlap, Bill James, Vilma Leake, Jim Pendergraph, Jennifer Roberts (Chairman).

### Mecklenburg County Park and Recreation Commissioners:

Rob Brisley (Chairman), Paul Bailey, Kendel Bryant, Doug Burnett, Ed Burnhart, Phillip Carey, Beverly Cotton Lawston, Norman Mitchell, Scott McClure, Brenda McMoore, Charlie McRee, Joe Pata, Elaine Powell, Jeff Tarte.

Members are appointed by the Mecklenburg Board of County Commissioners. They promote parks and recreation for Mecklenburg County residents and advise County Commissioners on facilities, programs and activities.

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# Ray's Rip It & Stick It!

Cut out this section to put on your fridge as a reminder of key dates.

Ray's Basketball Marathon Dec – 15-20

Holiday Events – see page 42

Fairy House festival – Feb. 13

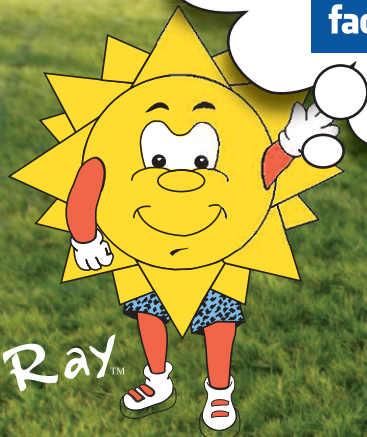
Youth baseball and Track and Field  
Registration – Jan. 31 – Feb. 25

Want to VOLUNTEER any time of year?  
704.336.5478 For registration information  
or details on any of these dates go to

**[parkandrec.com](http://parkandrec.com)**

Sign up for our  
monthly e-newsletter.  
Go to [parkandrec.com](http://parkandrec.com)

**facebook**



## Frequently Called Numbers

City/County Information Line .....	311
Administration .....	704.336.3854
Aquatic Center .....	704.336.3483
Athletics.....	704.336.3854
Ballfield Rainout Line .....	704.336.5800
Dog Parks .....	704.336.8840
Facility Reservations/Rentals .....	311
Grady Cole Center/Memorial Stadium .....	704.336.2884
Greenways & Trails .....	704.336.3854
Natural Resources .....	704.598.8857
Ray's Splash Planet .....	704.432.4729
Therapeutic Recreation .....	704.432.0237

For more information on anything in this publication,  
call **704.336.3854**, visit **[www.parkandrec.com](http://www.parkandrec.com)** or call **311**.



## Dear Mecklenburg County Residents,

On behalf of Mecklenburg County Park and Recreation, I would like to welcome you to the Winter 2011-2012 issue of the Get Going Guide. This issue features information on programs and events happening in December 2011, January and February 2012 as well as a comprehensive list of holiday events offered this season.

The program guide, which was published in paperback twice a year for several years, has transformed into an electronic book issued on a quarterly basis. The new format allows for fresher content and easier methods of registration since the guide is linked directly to E-Parks.

Our goal is to continue enhancing the guide by adding more hyperlinks, features stories and even video to really show what Park and Recreation has to offer.

So save this file to your desktop or laptop and refer to it often so that you will always be up-to-date on all the ways you can get going!

Sincerely,



James "Jim" R. Garges  
Mecklenburg County Park and Recreation Director

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People • Pride • Progress • Partnerships

5841 Brookshire Blvd. • Charlotte, NC 28216  
704.336.3854 • Fax: 704.336.5472



All services are available without regard to origin, sex or disability.





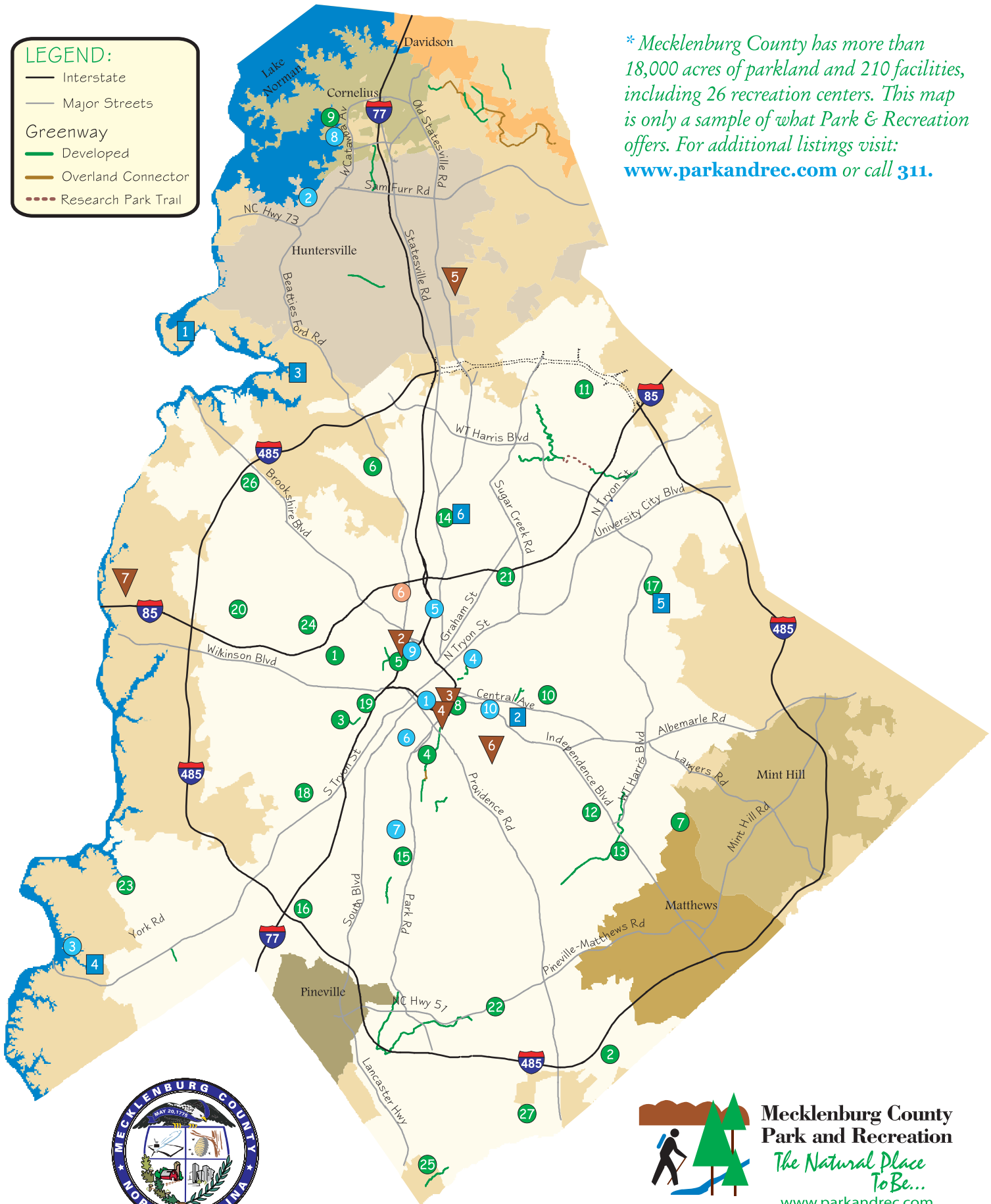
# Mecklenburg County Parks, Preserves and Facilities

*\* Mecklenburg County has more than 18,000 acres of parkland and 210 facilities, including 26 recreation centers. This map is only a sample of what Park & Recreation offers. For additional listings visit:*

**[www.parkandrec.com](http://www.parkandrec.com) or call 311.**

**LEGEND:**

- Interstate
- Major Streets
- Greenway
  - Developed
  - Overland Connector
  - Research Park Trail



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## Parks & Athletic Complexes

- 1 **Camp Greene Park** • 1221 Allegheny St. • 704-432-4280  
Basketball Courts (12 lighted, outdoor courts with 1 court covered), Walking Trails
- 2 **Colonel Francis Beatty Park** • 4330 Weddington Rd., Matthews • 704-432-4280  
Canoe/Kayak Launch, Basketball, Fishing, Mountain Biking, Multi-purpose Fields, Playground, Picnic Shelter, Softball, Tennis, Reception Hall/Wedding Pagoda Rentals
- 3 **Clanton Park** • 1520 Clanton Rd. • 704-432-4280  
Basketball Complex (outdoor), Greenway, Softball, Indoor Shelter, Multi-purpose Fields
- 4 **Freedom Park** • 2435 Cumberland Ave. • 704-432-4280  
Amphitheater, Baseball, Basketball, Greenway, Multi-purpose Fields, Picnic Shelters, Playgrounds, Tennis, Sand Volleyball, Fishing, Nature Museum, Indoor Pavilion
- 5 **Frazier Park** • 1201 W. Fourth St. • 704-432-4280  
Basketball, Dog Park, Greenway, Multi-purpose Field, Tennis and Our Children's Memorial Walkway
- 6 **Hornets Nest Park** • 6401 Beatties Ford Rd. • 704-432-1369  
Basketball, BMX Track, Disc Golf, Fishing, Picnic Shelters, Playground, Softball Complex, Tennis
- 7 **Idlewild Road Park** • 10512 Idlewild Rd. • 704-643-5725  
Fishing, Horseshoes, Picnic Shelters, Playground, Softball, Walking Trails
- 8 **Independence Park** • 300 Hawthorne Ln. • 704-432-4280  
Baseball, Basketball, Formal Rose Garden, Multi-purpose Field, Picnic Shelters, Tennis, Volleyball, Walking Trails
- 9 **Jetton Park on Lake Norman** • 19000 Jetton Rd. • 704-432-1369  
Fishing, Indoor Shelter, Playground, Picnic Decks, Tennis, Walking Trail, Wedding/Reception Rentals, Mountain Bike Trails
- 10 **Kilborne Park** • 2600 Kilborne Dr. • 704-643-5725  
Disc Golf, Playground, Multi-purpose Field, Picnic Shelter, Softball, Tennis, Walking Trail
- 11 **Mallard Creek Park** • 3001 Johnston-Oehler Rd. • 704-432-1369  
Multi-purpose Fields, Picnic Shelter, Playground, Recreation Center, Softball Complex
- 12 **Mason Wallace Park** • 7301 Monroe Rd. • 704-643-5725  
Basketball, Playground, Softball, Tennis, Picnic Area, Multi-purpose Field,
- 13 **McAlpine Creek Park** • 8711 Monroe Rd. • 704-643-5725  
Cross Country Course, Dog Park, Fishing, Greenway, Horseshoes, Soccer, Walking Trails, Picnic Area
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-432-1369  
Bocce, Horseshoes, Multi-purpose Fields, Picnic Shelters, Accessible Playground, Softball Complex, Walking Trails, Sprayground, Disc Golf

## Nature Centers & Preserves

Nature Centers are open 7 days a week and FREE! Nature Preserves are open 7:00am to Sunset, daily.

- 1 **Cowans Ford Wildlife Refuge** • 5335 Neck Rd. • 704-875-1391  
Picnic Tables, Wildlife Observation Deck
- 2 **Evergreen Nature Preserve** • 1300 Tarrington Ave. • 704-598-8857  
2 Miles of Hiking Trails
- 3 **Latta Plantation Nature Preserve** • 5226 Sample Rd. • 704-875-1391  
Nature Center, Horseback Riding, Fishing, 16 Miles of Hiking/Equestrian Trails, Historic Latta Plantation, Carolina Raptor Center, Picnic Shelters, Canoe Launch Areas
- 4 **McDowell Nature Preserve** • 15222 York Rd. • 704-588-5224  
Nature Center, Group Camping, RV Campground, Playground, 7 Miles of Hiking Trails, Picnic Shelters, Canoe Launch Areas
- 5 **Reedy Creek Nature Preserve** • 2900 Rocky River Rd. • 704-598-8857  
Nature Center, Fishing, 10 Miles of Hiking Trails, Historic Robinson Rock House
- 6 **RibbonWalk Nature Preserve** • 4601 Nevin Rd. • 704-598-8857  
2.7 Miles of Hiking Trails, Picnic Tables

## Water Fun

- 1 **Aquatic Center** • 800 ML King Jr. Blvd. (formerly 2nd St.) • 704-336-3483  
Indoor Natatorium with Diving Well and Fitness Center
- 2 **Blythe Landing** • 15901 NC Hwy 73 • 704-336-3586  
Boat Launch Facility, Playground, Seasonal Cafe, Sailing Center, Sand Volleyball  
[www.nccsailrow.org](http://www.nccsailrow.org)
- 3 **Copperhead Island** • 15200 Soldier Rd. • 704-583-1284  
Boat Launch, Fishing, Picnic Shelter, Island Rental, Walking Trails, Camping
- 4 **Cordelia Park** • 2100 N. Davidson St. • 704-336-2096  
Outdoor Pool with Sprayground, Basketball, Playground, Shelter, Greenway Access
- 5 **Double Oaks Pool** • 1200 Newland Rd. • 704-336-2653  
Outdoor Pool
- 6 **Latta Park** • 601 East Park Ave. • 704-336-3375  
Sprayground, Basketball, Soccer, Softball, Tennis, Sand Volleyball, Picnic Shelter, Playground, Trails, Recreation Center
- 7 **Marion Diehl Pool** • 2219 Tyvola Rd. • 704-432-4334  
Indoor Therapeutic Swimming Pool, Multi-purpose Rooms and Gym

Please note, with 200 parks and recreation complexes, this map is ONLY a sample of what Park & Recreation offers. For additional listings visit [www.parkandrec.com](http://www.parkandrec.com) Most softball fields can be converted for baseball competition.

- 15 **Park Road Park** • 6220 Park Rd. • 704-643-5725  
Basketball, Picnic Shelters, Playground, Softball Complex, Tennis
- 16 **Ramblewood Park and Soccer Complex** • 10200 Nations Ford Rd. • 704-643-5725  
Basketball, Picnic Shelters, Playground, Soccer, Softball
- 17 **Reedy Creek Park** • 2900 Rocky River Rd. • 704-432-1369  
Basketball, Disc Golf, Dog Park, Fishing, Picnic Shelters, Playgrounds, Soccer, Softball, Volleyball, Hiking/Walking Trails, Indoor Shelter
- 18 **Renaissance Park** • 1536 W. Tyvola Rd. • 704-643-5725  
Mountain Biking, Multi-purpose Fields, Picnic Shelter, Softball Complex, Tennis, Sand Volleyball, Disc Golf
- 19 **Revolution Park** • 2425 Barringer Dr. • 704-432-4280  
Baseball, Basketball, Football (Syn. Turf), Picnic Shelter, Playground, Recreation Center
- 20 **Robert L. Smith Park** • 1604 Little Rock Rd. • 704-432-1369  
Multi-purpose Fields, Playground, Picnic Shelter, Walking Trail
- 21 **Sugaw Creek Park** • 943 W. Sugar Creek Rd. • 704-432-1369  
Basketball, Disc Golf, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Softball, Tennis
- 22 **William R. Davie Park** • 4635 Pineville-Matthews Rd. • 704-643-5725  
Basketball, Dog Park, Playgrounds, Multi-purpose Fields (Syn. Turf & Grass), Softball, Conference Center Rental
- 23 **Thomas M. Winget Park** • 12025 Winget Rd. • 704-643-5725  
Basketball, Multi-purpose Fields, Picnic Shelters, Playground, Recreation Center, Walking Trails
- 24 **Tuckaseegee Park** • 4820 Tuckaseegee Rd. • 704-432-1369  
Baseball, Basketball, Picnic Shelter, Playground, Recreation Center, Softball, Tennis
- 25 **Elon Park** • 11435 Ardrey Kell Rd. • 704-643-5725  
Disc Golf, Fishing, Recreation Center, Multi-purpose Fields (Syn. Turf), Walking Trail
- 26 **Shuffletown Park** • 9500 Bellhaven Blvd. • 704-432-1369  
Dog Park, Multi-purpose Fields, Picnic Shelter, Softball, Volleyball
- 27 **Flat Branch Park** • 11830 Tom Short Rd. • 704-552-8213  
Soccer Fields

## Special Facilities

- 3 **Equestrian Center @ Latta Plantation** • 6201 Sample Rd. • 704-992-1550  
Horseback Riding, Pony Rides, General Store & Stable Center, Show Facility, Reservations Required.
- 2 **Johnson C. Smith University Track** • 100 Beatties Ford Rd. • 704-336-8096  
Track & Field Facilities, Lanes 7&8 open to the public most days
- 3 **Grady Cole Center/Memorial Stadium** • 310 N. Kings Dr. • 704-336-2884  
Special Use Arena/Concert Venue & Football Stadium
- 4 **Saint Mary's Chapel & Vietnam Memorial** • 1129 E. 3rd St. • 704-333-1235  
Chapel & Dedication Memorial to Vietnam Veterans Available for Ceremony Rentals
- 5 **David B. Waymer Aeromodeler Field** • 15401 Holbrooks Rd. • 704-336-3586  
Flying field for model airplanes, with separate areas for Radio and Wire controlled airplanes
- 6 **Grayson SkatePark** • 750 Beal St. • 704-365-1265  
In-Line & Skateboard Park, Signed Waiver & Helmet Required
- 7 **U.S. National Whitewater Center** • 5000 Whitewater Center Pkwy. • 704-391-3900  
Home of USA Canoe and Kayak, Mountain Bike Trails, Climbing Center, Ropes Course, Zip Line and Rafting/Kayaking [www.usnwc.org](http://www.usnwc.org)
- 4 **Nature Museum @ Freedom Park** • 1658 Sterling Dr. • 704-372-6261 ext. 605
- 18 **Jeff Adams Tennis Center @ Renaissance Park** • 1200 Tyvola Rd. • 704-529-3237
- 4 **McDowell Campground** • 15222 York Rd. • 704-583-1284  
Year-around Tent, RV and Group Camping <http://camping.charmeck.org>
- 19 **The First Tee of Charlotte @ Revolution Park** • 2661 Barringer Dr. • 704-348-2515  
Golf Practice Areas, Computer Lab, Multi-purpose Room, Administrative Offices

## Water Fun Con't

- 8 **Ramsey Creek Park** • 18333 Nantz Rd. • 704-336-3586  
Boat Launch Facility, Dog Park, Picnic Shelters, Sand Volleyball
- 9 **Ray's Splash Planet** • 215 N. Sycamore St. • 704-432-4729  
Indoor Water Park (Open Year Round), Fitness Center and Gym, Greenway Access
- 10 **Veterans Park** • 2136 Central Ave. • 704-336-2884  
Sprayground, Basketball, Baseball, Softball, Disc Golf, Outdoor Shelters, Indoor Shelter, Sand Volleyball, Tennis, Playground
- 6 **West Charlotte** • 2400 Kendall Dr. • 704-393-1560  
Sprayground
- 14 **Nevin Park** • 6000 Statesville Rd. • 704-336-8866  
Sprayground



# Discover Our Good Nature!

## Thrills on Wheels

Discover **mountain biking** trails at Jetton, Col. Francis Beatty, Renaissance, Ramsey Creek, and Southwest Parks. Also bike at North Meck Park (operated by Huntersville), at US National Whitewater Center, and on 32 miles of greenways all over the County. Check [www.parkandrec.com](http://www.parkandrec.com) for details and locations: Click on Activities and Biking, or call 311. Jetton and Southwest Parks have special trails for riders with disabilities who can borrow special hand-cycle trikes.



## Historic Sites

Mecklenburg County has rich history, and Mecklenburg County Park and Recreation is the steward of several historic sites that host visitors. Many sites offer a hands-on opportunity to learn about life in another time.

**Alexandriana:** Site has a monument which commemorates the signing of Mecklenburg Declaration of Independence, 9921 Old Statesville Rd., Huntersville

**Dowd House:** World War I training camp, 2216 Monument Ave., Charlotte

**Historic Latta Plantation:** Plantation of James Latta, circa 1800, 5225 Sample Rd., Huntersville. See [www.lattaplantation.org](http://www.lattaplantation.org)

**Independence Park:** Oldest park in Mecklenburg County, 300 Hawthorne Lane, Charlotte

**McIntyre Historic Site:** Revolutionary War skirmish and gold mining site, 4125 McIntyre Ave., Charlotte

**Rural Hill:** 265 acre plantation of Revolutionary War Maj. John Davidson and six generations of his family, 4431 Neck Rd., Huntersville. See: [www.ruralhill.net](http://www.ruralhill.net).

**St. Mary's Chapel:** Victorian chapel of Thompson Orphanage, now a popular wedding venue, 1129 East 3rd St., Charlotte.

**Holly Bend House:** Circa 1795-1800 plantation home of Robert and Margaret Davidson at 3710 Neck Rd. near Mountain Island Lake.

**Robinson Rockhouse Trail:** at Reedy Creek Park and Nature Preserve, 2900 Rocky River Road.



# Tennis Facilities

Park and Recreation is proud to offer tennis clinics, lessons and camps for players of all ages at 6 facilities this winter. For more information and to register please contact the tennis professionals directly using the information below.

## Tennis Academy of North Carolina

Colonel Francis Beatty Park offers lighting on 6 tennis courts. For clinics, tournaments, trips and special events, please visit;

**Website:** www.tanctennis.com  
**Phone:** 704-340-0013  
**Email:** playtennischarlotte@gmail.com

## Colonel Francis Beatty Park

4330 Weddington Rd. • Matthews, NC 28105

## Upchurch Tennis

Jeff Adams Tennis Center offers lighting on 13 tennis courts. For more information on lessons and clinics, please visit;

**Website:** www.charlottecitytennis.com  
**Phone:** 704-284-9844  
**Email:** allen@upchurchtennis.com

## Jeff Adams Tennis Center

1200 W. Tyvola Rd. • Charlotte, NC 28217

## Upchurch Tennis

Freedom Park offers lighting on 12 tennis courts. For scheduling and pricing of lessons, please visit;

**Website:** www.upchurchtennis.com  
**Phone:** 704-625-6552  
**Email:** todd@upchurchtennis.com

## Freedom Park

1900 East Blvd. • Charlotte, NC 28203



## Tennis Education and Endowment

Park Road Park provides lighting on 12 tennis courts. For information on leagues, lessons, and clinics, please visit;

**Website:** www.parkandrec.com  
**Phone:** 704-529-3273  
**Email:** Preston.Buckman@mecklenburgcountync.gov

## Park Road Park

6220 Park Rd. • Charlotte, NC 28210

## Midwood Tennis Academy

Veterans Park offers lighting on 6 tennis courts. For clinics, programming, and private lessons, please visit;

**Website:** www.midwoodtennisacademy.com  
**Phone:** 704-491-1846  
**Email:** info@midwoodtennisacademy.com

## Veterans Park

2136 Central Ave. • Charlotte, NC 28205

## Midwood Tennis Academy

Latta Park provides 6 tennis courts. For clinics, programming, and private lessons, please visit;

**Website:** www.midwoodtennisacademy.com  
**Phone:** 704-491-1846  
**Email:** info@midwoodtennisacademy.com

## Tom Sykes/Latta Park

601 East Park Ave. • Charlotte, NC 28203

Mecklenburg County has over 140 tennis courts within 33 tennis facilities

To find more information about our tennis facilities, please visit [www.parkandrec.com](http://www.parkandrec.com)

## Advisory Council

Advisory Councils consist of citizens and serve as a liaison between the Park and Recreation Department and Citizens of the County. All councils report to the Park and Recreation Commission. The councils consult with and advise in matters affecting recreation promotion, marketing, membership, programming, planning and other leisure services related to the County Park and Recreation program, and to input its long-range planning for resources for capital projects for rehabilitation, design and/or development for indoor/outdoor recreation. For more information on the responsibilities of various advisory bodies, applicants may contact the Park and Rec office at **704.336.3854**.

### Advisory Councils

- Athletics Advisory Council**
- Aquatic Advisory Council**
- Cultural Arts Advisory Council**
- Golf Advisory Council**
- Greenways/Trails Advisory Council**
- Soccer Advisory Council**
- Senior Citizen Advisory Council**
- Stewardship Advisory Council**
- Tennis Advisory Council**
- Therapeutic Recreation Advisory Council**

## SKATE PARKS

Mecklenburg County Park and Recreation offers a skate park for in-line skaters and skateboarders, plus BMX bikers at specified times. Admission charge, helmets and pads required. Skate parks require signed waiver of liability, with waiver signed by parents and notarized for ages 17 or younger. For waiver forms, hours, and more info, check [www.parkandrec.com](http://www.parkandrec.com), click on Facilities, then Skate Parks, or call 311 or 704.432.5231. Come visit:

**Grayson SkatePark:** 750 Beal Street at Naomi Drenan Recreation Center. 13,000 square feet of concrete skating surface. Suitable for novices to professionals. Features a street course with banks, transitions, corners, rails, ledges and two bowls with depths of 5 feet and 10 feet.



## Go Fish!

Mecklenburg County Park and Recreation can lend you a fishing rod and tackle for a day, so you can try angling in any of our ponds and lakes. This program is a partnership with the NC Wildlife Resources Commission. It is free, to increase fishing opportunities. Just bring a valid ID and fill out a form. NC Fishing License is required for age 16 and older. For license information check [www.ncwildlife.org](http://www.ncwildlife.org) or call toll free: 888-248-6834. For more information call 311 or the check the nature centers at:

- **Latta Plantation Nature Preserve,**  
5226 Sample Road, Huntersville, 704-875-1391
- **McDowell Nature Preserve,**  
15222 York Road, 704-588-5224
- **Reedy Creek Nature Preserve and Park,**  
2900 Rocky River Rd., 704-598-8857

Which will become your favorite fishing hole? We've got small ponds and big lakes! Fishing is free at:

- Blythe Landing,**  
15901 NC Highway 73, Huntersville (Lake Norman)
- Colonel Francis Beatty Park,**  
4330 Weddington Rd., Matthews
- Freedom Park,**  
1900 East Blvd.
- Hornets Nest Park,**  
6310 Beatties Ford Rd.
- Jetton Park,**  
1900 Jetton Rd., Cornelius (Lake Norman)
- Latta Plantation Nature Preserve,**  
5226 Sample Rd., Huntersville (Mountain Island Lake)
- McAlpine Creek Park,**  
8711 Monroe Rd.
- McDowell Nature Preserve,**  
15222 York Rd. (Lake Wylie)
- Park Road Park,**  
6220 Park Rd.
- Ramsey Creek Park,**  
18441 Nantz Rd., Cornelius (Lake Norman)
- Reedy Creek Park and Nature Preserve,**  
2900 Rocky River Rd.

*A North Carolina Fishing License is required for ages 16 and older. For license information, check [www.ncwildlife.org](http://www.ncwildlife.org) or call toll free: 888.248.6834. NC Wildlife Resources Officers enforce license regulations. For information on types of fish, depth of ponds and lakes, etc. check [www.parkandrec.com](http://www.parkandrec.com), then click on Activities and Fishing, or call 311.*



## Parks

### DISC GOLF - no cart or green fees!

Discover the playing power of disc golf! It's an inexpensive game and courses are located throughout the County. There is no charge to play these courses. Try each course and see which one is your favorite. Two new courses opened in early 2010. Elon Park has a second, longer course for the more serious player and Nevin Park added a disc golf course.

The courses listed offer 18 holes except for Squirrel Lake Park in Matthews and Mint Hill Park which has nine. For more information check [www.parkandrec.com](http://www.parkandrec.com). Visit the Charlotte Disc Golf Club at [www.charlottedgc.com](http://www.charlottedgc.com) for information about local events.



Course	Location:	Skill Level:
Elon Park (2)	11401 Ardrey Kell Rd.	beginner/intermediate/advanced
Hornets Nest	Park 6301 Beatties Ford Rd.	advanced/professional
Kilborne Park	2600 Kilborne Dr.	beginner/intermediate
Mint Hill Park	8850 Fairview Rd./Mint Hill	beginner/intermediate
Nevin Park	6000 Statesville Rd.	intermediate/advanced
Reedy Creek Park	2900 Rocky River Rd.	beginner/intermediate
Renaissance Park	1525 Tyvola Rd.	advanced/professional
Sugaw Creek Park	939 W. Sugar Creek Rd.	intermediate/advanced
Squirrel Lake Park	1631 Pleasant Plains Rd.	intermediate/advanced



### Great day away

Latta Plantation Nature Preserve offers 1,330 acres to explore. Kids can go on an arena ride at Latta Equestrian Center (704.992.1550). Be sure to visit the Nature Center (704.875.1391), Carolina Raptor Center and Historic Latta Plantation. Don't forget the fishing pole and picnic! It's a great place to visit with out-of-town company.

### Partners For Parks Foundation

Help Mecklenburg County Park and Recreation Department by making a donation to Partners for Parks. This is a nonprofit 501(c)(3) organization that seeks financial support to promote, expand and improve parks, recreation programs and open space in Mecklenburg County and the region. Most gifts are tax deductible. For more information check [www.partnersforparks.org](http://www.partnersforparks.org), or call 704.394.4828.



## Dog Parks

Mecklenburg County has six dog parks. They offer a place for dogs to run off-leash in a fenced area and frolic with other canines. Admission is free and open to all dogs of suitable disposition. Dogs must have rabies vaccinations and licenses as required by law. Owners are responsible for their pets. Dog parks are open every day, 7:30am-sunset (for more information call 311)

**Swaney Point K-9 Park** in Ramsey Creek Park, 18441 Nantz Road Cornelius, four acres fenced-in. Separate sections for large dogs (more than 20lbs) and small dogs (less than 20lbs).

**Barkingham Park** at Reedy Creek Park, 2900 Rocky River Road, four acres inside fence.

**Ray's Fetching Meadow** at McAlpine Creek Park, 8711 Monroe Road, one acre, fenced-in.

**Davie Dog Park** in William R. Davie Park, 4635 Pineville-Matthews Road, more than five acres with separate sections for large dogs and small dogs.

**Frazier Dog Park** in Frazier Park, 1201 West 4th Street in uptown Charlotte, 1.3 acres inside fence. Sections for large and small dogs. Fenced enclosure is along I-77 near West Trade and Sycamore streets.

**Shuffletown Dog Park** in Shuffletown Park, 9500 Belhaven Blvd. This new dog park is 4.6 acres with sections for large and small dogs.







## Golf Facilities

### Cadillac Golf Ranch

Description: The Cadillac Golf Ranch is a state-of-the-art golf learning and practice facility that opened in August 2010 in Pineville. The Cadillac Golf Ranch was conceived to be a “club” without a golf course. Our vision is for a place where golfers can meet, socialize, practice, learn and discuss the game of golf in a clean and pleasant atmosphere. We hope to create a place where golfers of all skill levels will find “their” place to fulfill their practice, learning, equipment and recreational needs.

### C.T. Myers Golf Course (Charles T. Myers)

Description: 18-hole course (Ladies-2761, Blue-3315, Gold-6334), driving range, chipping/putting green, bent-grass greens

### Renaissance Park

Description: 18-hole course (Ladies-5315, Mens- 6270, Championship-7465), driving range, chipping/putting green, bent-grass greens

### Revolution Park Dr. Charles L. Sifford Golf Course

Description: 9-hole regulation course (Red-2211, White-2825, Blue-2976), chipping/putting green, Bermuda greens

### Sunset Hills

Description: 18-hole course (Red-5185, White-5810, Blue-6146), driving range, putting green, practice sand trap, Bermuda greens

### The Tradition

Description: 18-hole (Forward-5498, Middle-6201, Back-6561, Championship-7054), 2 putting greens, driving range, chipping green, bent-grass greens

## BMX Bike Track at Hornets Nest Park

Bike racing for youngsters and adults over a serpentine dirt track with rolling humps and dips, takes place Saturdays. “It’s great physical conditioning and family fun,” says Mark Coates, who operates the track under contract with the County. Free admission and bleachers for spectators. Riders’ fee required. For schedules and information, check [www.ncbmx.com](http://www.ncbmx.com) or [parkandrec.com](http://parkandrec.com), click on Parks, then Hornets Nest Park. First-time BMXers can try racing for \$10 or practice for \$3. Hornets Nest Park, 6301 Beatties Ford Road. For more information, call the BMX hot-line at 704.398.2711.



## Boat Launch Facilities

You can launch a motorboat or sailboat at Park and Recreation facilities. We have boat launch ramps and docks at:

### Blythe Landing,

15901 NC Highway 73, Huntersville (Lake Norman)

### Copperhead Island,

15200 Soldier Rd., part of McDowell Nature Preserve (Lake Wylie)

### Ramsey Creek Park,

18441 Nantz Rd., Cornelius (Lake Norman).

At peak-use times, boat launching fee is \$5. For more information check [www.parkandrec.com](http://www.parkandrec.com), click Activities, then Boating.

You may also bring your canoe or kayak and put in for free at:

### McDowell Nature Preserve,

15222 York Rd. (Lake Wylie)

### Latta Plantation Nature Preserve,

5226 Sample Rd., Huntersville (Mountain Island Lake)

### Col. Francis Beatty Park,

4330 Weddington Rd.

## Aeromodeler Field

Mecklenburg Park and Recreation has a special facility for flying model airplanes. The David B. Waymer Aeromodelers Flying Field, 15401 Hollbrooks Road, in Huntersville has areas



for both wire controlled and radio-controlled models. To fly here you need an AMA membership and an annual pass. Visitors may fly up to three visits before applying for the annual pass. Contact Waymer Aeromodeler Chapter of AMA (WACAMA) for more information.

[www.flyingacesrc.com/wacama.htm](http://www.flyingacesrc.com/wacama.htm)



### Beverly Cotton Lawston, Vice Chair of the Park and Rec Commission Dies

Beverly Cotton Lawston, vice chair of the Mecklenburg County Park and Recreation Commission, passed away on Oct. 24. She was 61. Lawston was a distinguished community leader in the Lincoln Heights neighborhood who spent many years stressing the importance of education. Over the years, Lawston chaired and served on several local boards and committees including: the Citizen review Board for the City of Charlotte, the Board of Directors for Friendship Missionary Baptist Church, the Charlotte-Mecklenburg Black Women's Caucus and the State Executive Board for the Democratic Party. Her work and leadership had a significant impact on many people throughout the city including Charlotte Fire Capt. Rob Brisley, who chairs the Park and Recreation Commission. "It's never easy when you spend time with people in the community and one week you're excited about a meeting or a project you're working on with them and then tragically the next week they are not there," said Brisley. "There is going to be as huge void in this community beyond her family."



### Lincoln Heights Neighborhood Park

To commemorate the tenth anniversary of the 9/11 attacks, Mecklenburg County Park and Recreation and local nonprofit agency Hands On Charlotte partnered to raise money to build an 11-acre park in Charlotte's Lincoln Heights neighborhood.

Need to host a weekday meeting or seminar away from the noise of a highrise office or hotel site? Looking for the perfect spot to entertain your guests at your reception, retirement dinner, company picnic or corporate event? Check out the 70+ rental sites available by visiting [parkandrec.com](http://parkandrec.com) or by calling **311** to learn more. We offer fresh air in our park shelters as well as air conditioning in most of our conference centers and indoor reception and meeting sites.



Large photo: Terry L. Reimer/TLR PHOTOGRAPHY STUDIO

## WEDDING SITES

### Gazebos & Beach Areas in Jetton Park on Lake Norman

19000 Jetton Rd., Cornelius

- White Gazebo
- Waterfront Beach
- Meadow
- Gazebo & Garden
- Sunning Beach

### McDowell Waterfront Deck

15222 York Rd.

Located on Lake Wylie, this deck offers a beautiful back drop for a wedding or reception.

### Independence Park

- Rose Garden-1900 Park Drive
- Stone Gazebo-300 Hawthorne Lane.

The Rose Garden, located in Independence Park, is the site for a true fairy tale wedding. A maze of seasonal flowers makes this spot perfect for an intimate ceremony. The Stone Gazebo offers a reflecting pool and tent area.



Courtesy of Picture Elegance Photography

### St. Mary's Chapel [www.stmaryschapel.com](http://www.stmaryschapel.com)

This historic uptown church, located in Thompson Park, offers a more traditional location for weddings. (Operated Separately). 1129 E. 3rd St. **704.333.1235**

### Colonel Francis Beatty Park

4330 Weddington Rd., Matthews

- Lake Pointe Hall
- Lakeside Wedding Pagoda

### W.R. Davie Conference Center & Wedding Arch

4635 Pineville-Matthews Road

- Wedding Arch
- Reception Hall/Conference Center

\*The Renter provides any chairs, decorations, tents or extras they desire.

## MEETING, REUNION & RECEPTION SITES



**Waterfront Hall at Jetton Park**  
19000 Jetton Rd.,  
Cornelius



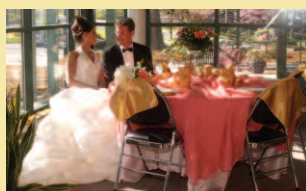
**Conference Center & Wedding Arch at W.R. Davie Park**  
4635 Pineville-Matthews Rd.



**Lake Pointe Hall & Wedding Pagoda at Colonel Francis Beatty Park**  
4330 Weddington Rd., Matthews



**Indoor Shelter #3 in Reedy Creek Park**  
2900 Rocky River Rd.



**Mahlon Adams Pavilion at Freedom Park**  
2435 Cumberland Ave.



**McDowell Pavilion in McDowell Nature Preserve**  
15222 York Rd.



# » Remembering « Bette Rae Thomas

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Charlotte, NC - Bette Rae Thomas, namesake of the Bette Rae Thomas Recreation Center, passed away on Monday, Oct. 24. She was 82.

Thomas was born in Charlotte on Feb. 11, 1929, daughter of William Raymond and Juanita Blanche Horton Thomas.



She attended Charlotte public schools and was a graduate of the Florniece Private School. She completed a Medical Secretarial Course at Kings Business College, graduated from Wingate Junior College and was the honor graduate of the class of 1950 from Presbyterian Hospital School of Nursing, having received the General Excellency Award in Theory and Practice and the Moore-Petteway Award for further study in the field of Obstetrics and Gynecology. She did her post graduate work at the University of Chicago Clinic's Lying-in-Hospital.

Thomas was a tireless advocate for the community serving for many years as coordinator of the Enderly Park Neighborhood Association. Neighbors often referred to her as "Miss Bette." She spent countless hours lobbying Charlotte City Council and the Mecklenburg Board of County Commissioners for neighborhood improvements and enhanced park facilities.

Neighbors petitioned the Park and Recreation Commission to name the center in her honor. The center was dedicated Oct. 13, 2005.

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# Volunteer Opportunities

# MISSION POSSIBLE!

## Coaches:

We need coaches for Youth Flag Football, Football, Soccer, and Basketball. It's not too early to sign up as a coach for any event. Coaches will be responsible for running one week night practice each week and for the game on Saturday. These opportunities are located at our Recreation Centers throughout Mecklenburg County. To find a center close to you visit our web site: [www.parkandrec.com](http://www.parkandrec.com)

## Group Projects:

**1. Adoptions:** The adoption program is a great one for businesses that encourage staff to do a certain amount of volunteering each month. You'll have a set date/time and place so you can just post the information and folks can plan ahead. You have to commit to a monthly project and weekly walk throughs. We'll have signs put up stating that you have adopted the park/greenway/rec center. I have attached a copy of the agreement.

**2. Periodic projects:** These could be on a regular basis or sporadic throughout the year. We'd lay out the projects at least 4 weeks in advance. We need to know the number of volunteers that you are going to bring and if you want to work in the morning (9 am – noon) or afternoon (noon – 2:30). These projects are all landscaping projects in the parks.

**3. Onetime events:** We can set up a project for you at any time. All we need to know is the date that you want to volunteer, the number of volunteers (adult and youth), and the hours you want to volunteer morning (9 am – noon) or afternoon (noon - 2:30). We need this information at least three weeks prior to the project date.

## Recreation Center Opportunities:

Rec Buddies support MCPRC staff with the implementation of a broad range of activities including but not limited to:

- Center Programs
- After School Programs
- Summer Programs
- Athletic Activities
- Special Events
- Building and Ground Maintenance.
- Customer Service



**VOLUNTEER!**

Interested in volunteering for one of our upcoming special events? You can register by calling 311, visiting eParks at [www.parkandrec.com](http://www.parkandrec.com), be sure to reference the course number for the event. Or email [lori.saylor@mecklenburgcountync.gov](mailto:lori.saylor@mecklenburgcountync.gov).





The NC Cooperative Extension provides educational programs, resources and technical assistance in the areas of consumer/commercial horticulture, 4-H youth development, food and nutrition, food safety and preservation, and local foods.

To learn more about NC Cooperative Extension, visit our website at <http://mecklenburg.ces.ncsu.edu> or call 704.336.2082

## *Family and Consumer Sciences*

views the family, in all its diverse forms, as the cornerstone of a healthy society. Our mission is to improve the well-being of the family through programs that educate, influence public policy, and help families put research-based knowledge to work in their lives.

In Mecklenburg County, the Family & Consumer Sciences Extension Agent provides education regarding nutrition, food safety and food preservation with a focus on local foods. Educational opportunities include:

- Home Food Preservation Classes and Advice
- Nutrition Classes and Cooking Demonstrations
- Collaborative partnerships with local agencies

For more information: Kristin Davis, FCS Extension Agent, 704.336.4006, [Kristin\\_Davis@ncsu.edu](mailto:Kristin_Davis@ncsu.edu)



The Center for Environmental Farming Systems (CEFS) and North Carolina Cooperative Extension is committed to building North Carolina's sustainable local food economy. *North Carolinians spend about \$35 billion a year on food. If individuals spent 10 percent—\$1.05 per day—locally, about \$3.5 billion would be available in the local economy.*

To further our commitment, we are encouraging consumers to commit 10 percent of their existing food dollars to support local food producers and related businesses.

*For more information about how you, your business or organization can become involved in Mecklenburg County 10% Campaign contact Kristin Davis at 704-336-4006 or visit [nc10percent.com](http://nc10percent.com)!*



## *Expanded Food & Nutrition Education Program*

EFNEP helps limited resource families with children learn how to eat healthier meals and snacks, stretch their food dollars and reduce the risk of food-borne illnesses. Additionally, in collaboration with many organizations through the Eat Smart and Move More initiative, NC EFNEP aims to reduce the rising tide of obesity by teaching youth and families practical skills resulting in changed behaviors that help them to eat smart, move more and achieve a healthy weight. For more information about EFNEP in Mecklenburg County, contact [Sharon\\_Pearson@ncsu.edu](mailto:Sharon_Pearson@ncsu.edu) or call 704.336.4013.



## The NC Cooperative Extension



### *Horticulture*

Cooperative Extension horticulture assistance is available in the areas of:

- Fruit and Vegetable Production
- Landscape and turf grass management
- Community gardens
- Master gardener training
- Commercial pesticide training, licensing and recertification
- Home horticulture questions

### *Master Gardener Hotline*

Extension Master Gardener volunteers are available to answer your home gardening questions weekdays from 9am until noon beginning March 1. You can reach your local Extension Master Gardener by calling 704-336-4011.



### *4-H Curriculum Trainings*

Mecklenburg County 4-H offers monthly curriculum trainings open to 4-H volunteers, school-age professionals, and other youth workers. These sessions are five hours long and provide .5 CEU's (Continuing Education Units). All sessions include hands-on experiences with curriculum lessons, practical experience working with youth, and opportunity to share and evaluate what you have learned. For information on curriculum training sessions available in the coming months, visit our website: [www.mecklenburgcounty4h.org](http://www.mecklenburgcounty4h.org) or call 704-336-2082.



### *Community Gardens*

Mecklenburg County Cooperative Extension manages the community gardens program offered through Park and Recreation. Currently, there are gardens in the following Park and Recreation locations:

- Frazier Park, 4th Street and Sycamore Street
- Little Sugar Creek, Alexander and 17th Street
- Hoskins Park, 3801 Gossett Avenue
- Huntingtowne Farms Park, 2400 Ramblewood Lane
- McAlpine Creek Community Park, Holly Lane, off of Sardis Road
- Reedy Creek Park, 2900 Rocky River Road
- Winget Park, 12025 Winget Rd; across from tennis courts



All gardens are currently full. To be added to the waiting list, contact [scott\\_ewers@ncsu.edu](mailto:scott_ewers@ncsu.edu) or call 704.336.4008.



### *Mecklenburg County 4-H*

Mecklenburg County has a large and diverse 4-H Program. About 65 4-H clubs operate in our recreation centers and other sites all over Charlotte-Mecklenburg. The 4-H program is open to youth ages 5-18 interested learning about subjects such as photography, visual arts, health and fitness, and entrepreneurship. Through 4-H, they also have the opportunity to participate in summer camps, leadership retreats, competitive events, and district and state conferences. Our 4-H is oriented to urban and suburban activities. Parents are encouraged to participate as volunteers. For more information on 4-H, visit [www.mecklenburgcounty4h.org](http://www.mecklenburgcounty4h.org)

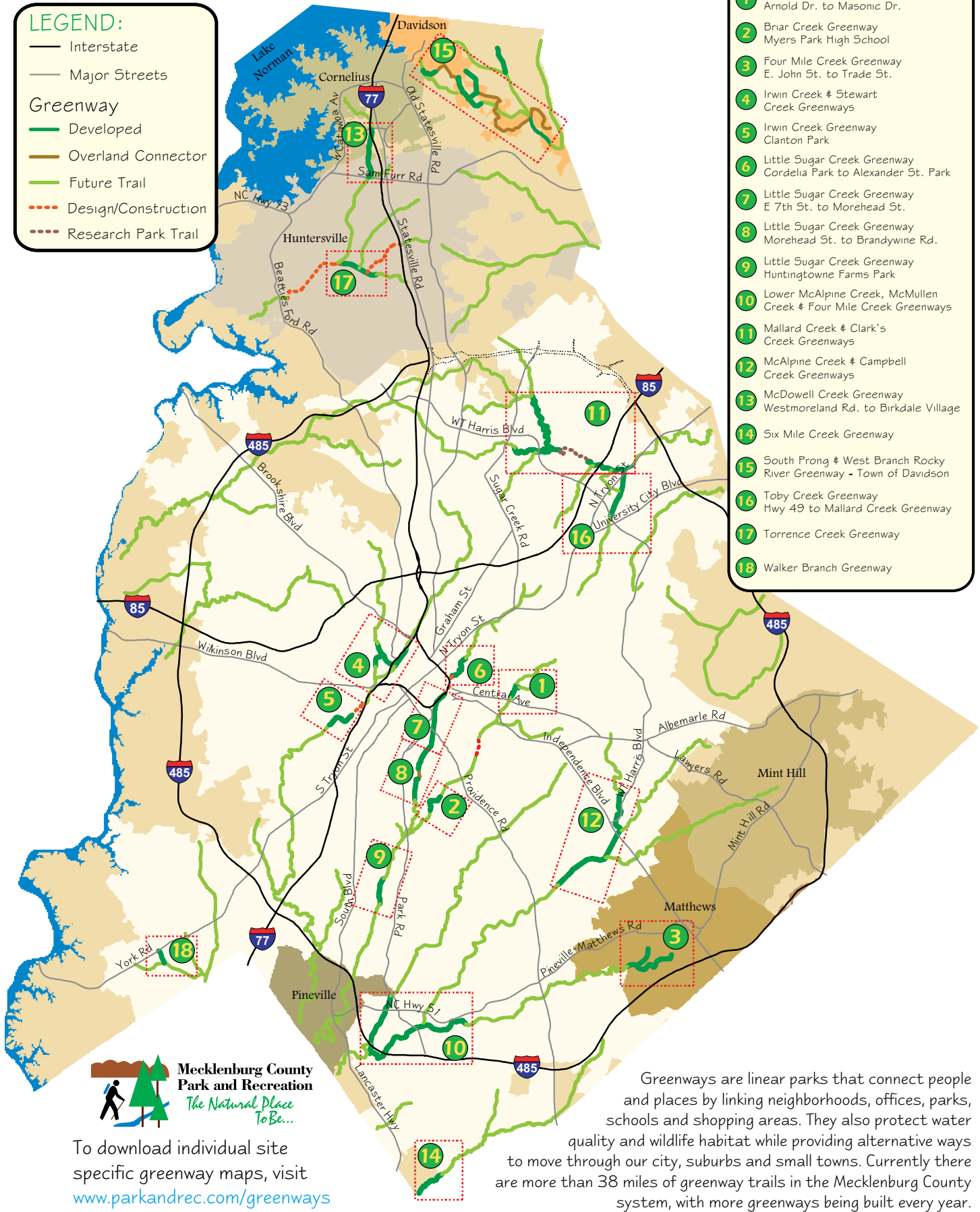


# Mecklenburg County Greenways

- GREENWAYS:**
- 1 Bnair Creek Greenway  
Arnold Dr. to Masonic Dr.
  - 2 Bnair Creek Greenway  
Myers Park High School
  - 3 Four Mile Creek Greenway  
E. John St. to Trade St.
  - 4 Irwin Creek & Stewart  
Creek Greenways
  - 5 Irwin Creek Greenway  
Clanton Park
  - 6 Little Sugar Creek Greenway  
Cordelia Park to Alexander St. Park
  - 7 Little Sugar Creek Greenway  
E 7th St. to Morehead St.
  - 8 Little Sugar Creek Greenway  
Morehead St. to Brandywine Rd.
  - 9 Little Sugar Creek Greenway  
Huntingtowne Farms Park
  - 10 Lower McAlpine Creek, McMullen  
Creek & Four Mile Creek Greenways
  - 11 Mallard Creek & Clark's  
Creek Greenways
  - 12 McAlpine Creek & Campbell  
Creek Greenways
  - 13 McDowell Creek Greenway  
Westmoreland Rd. to Birkdale Village
  - 14 Six Mile Creek Greenway
  - 15 South Prong & West Branch Rocky  
River Greenway - Town of Davidson
  - 16 Toby Creek Greenway  
Hwy 49 to Mallard Creek Greenway
  - 17 Torrence Creek Greenway
  - 18 Walker Branch Greenway

**LEGEND:**

- Interstate
- Major Streets
- Greenway**
- Developed
- Overland Connector
- Future Trail
- - - Design/Construction
- - - Research Park Trail



To download individual site specific greenway maps, visit [www.parkandrec.com/greenways](http://www.parkandrec.com/greenways)

Greenways are linear parks that connect people and places by linking neighborhoods, offices, parks, schools and shopping areas. They also protect water quality and wildlife habitat while providing alternative ways to move through our city, suburbs and small towns. Currently there are more than 38 miles of greenway trails in the Mecklenburg County system, with more greenways being built every year.

# Mecklenburg County Greenways

Whether you are biking, running, strolling or walking, discover the miles of greenways throughout Mecklenburg County. For downloads of specific greenways, visit [parkandrec.com/greenways](http://parkandrec.com/greenways). Fascinating views of birds, flora and fauna abound.

Greenways are linear parks that connect people and places. They act as buffers that filter out pollutants from storm water before it enters our creeks. They also preserve natural areas for wildlife and native plant communities. In Mecklenburg County, greenways offer visitors opportunities to enjoy nature and provide alternate ways to move through our city, suburbs and towns. Mecklenburg County operates 30 miles of trails. The greenway master plan envisions a system that will eventually stretch throughout the county and connect neighborhoods within Charlotte, the six surrounding towns and surrounding counties. To learn more about greenways and to download trail maps, please visit [www.parkandrec.com/greenways](http://www.parkandrec.com/greenways)

## 1 2 Briar Creek Greenway

There are two developed sections of this greenway. One 0.4 mile paved section includes a bridge over Briar Creek and provides an important connection between the Merry Oaks and Plaza-Midwood neighborhoods. On street parking is available along Masonic Drive. Another 0.9 mile gravel trail follows Briar Creek behind Myers Park High School between Colony Road and Runnymede Lane.

## 3 Four Mile Creek Greenway

This 2 mile criss-cross greenway is nestled in the center of the town of Matthews, allowing residential areas direct access to the Matthews Community Center and downtown area. The greenway opened in 2011.

## 4 Irwin Creek & Stewart Creek Greenway

These trails comprise a continuous 2.1 mile creekside walk in the center city area of Charlotte. The trail takes visitors through the historic Wesley Heights neighborhood and connects Rayas Splash Planet, Frazier Park and Phillip O. Berry Center. The trail is only a few minutes walk from Johnson & Wales University, Gateway Center and uptown condos and offers a quiet place to relax during a busy day. Parking is available at Ray's Splash Planet, Frazier Park and Bruns Avenue.

## 5 Irwin Creek Greenway - Clanton Park

This 0.8 mile paved greenway crosses Clanton Park in the Revolution Park neighborhood and connects the new Clanton Indoor Pavilion and soccer fields with Arbor Glen Outreach Center. Parking is available at either end of this greenway.

## 6 7 8 9 Little Sugar Creek Greenway

There are four developed sections totaling 4.4 miles of trail. Almost a mile of trail is located in the Belmont neighborhood northeast of uptown Charlotte, including a railroad underpass connecting to Alexander St. Park. The longest developed stretch of trail is 2.8 miles beginning at Charlottetowne Avenue through Freedom Park and ending at Brandywine Road. Liz Hair Nature Walk runs from Morehead Street to East Boulevard and is dedicated to the first woman to chair the Mecklenburg Board of County Commissioners. Almost a mile of paved trail is developed through Huntingtowne Farms Park in south Charlotte. Parking is available at the YWCA on Parkwood Av., Freedom Park, Park Road Shopping Center and Huntingtowne Farms Park.

## 10 Lower McAlpine, McMullen & Four Mile Creek Greenways

This horseshoe shaped greenway runs 5.8 miles through south Charlotte and passes under Interstate 485. The trail is composed of a variety of surfaces, including asphalt, gravel and boardwalk. Parking is available off of Hwy 51 across from McMullen Creek Market. The most recently developed Four Mile Creek Greenway section features significant boardwalk through scenic wetlands with abundant wildlife. A parking lot and restrooms are available off Johnston Road.





# Mecklenburg County Greenways



## 11 Mallard Creek and Clark's Creek Greenways

Located in the University area, the trail is 7.1 miles long and is currently the longest trail in the County. While much of the greenway is paved, a 1.2 mile gravel trail through University Research Park connects to the newly constructed section from David Taylor Drive to Kirk Farm Fields off of Mallard Creek Church Road.

## 12 McAlpine Creek & Campbell Creek Greenways

This greenway stretches for 4.1 miles in east Charlotte and is a favorite of runners. McAlpine Creek Greenway is composed primarily of gravel trail and boardwalk. It connects with Cottonwood Nature Trail and the 3.1 mile McAlpine Creek Cross Country course. Surrounded by urban development, the greenway is home to 188 different documented species of birds, as well as beavers and river otters. Parking is available at Margaret Wallace Road, McAlpine Creek Park and Old Bell Road.

## 13 McDowell Creek Greenway

Linking the Towns of Cornelius and Huntersville, this 1.5 mile paved greenway is the first developed section of McDowell Creek. The greenway links several new and existing neighborhoods to great destinations like Birkdale Village and the future Robbins Park location in Cornelius.

## 14 Six Mile Creek Greenway

This 0.9 mile paved greenway runs along the County's southern border. It will eventually link neighborhoods within Mecklenburg and Union counties. The trail was developed through a partnership with LUESA (Land Use & Environmental Services Agency). Parking is available off of Marvin Road.

## 15 SouthProng Rocky River & West Branch Rocky River Greenways

This 2.9 mile greenway connects downtown Davidson with neighborhoods to the southeast along the South Prong of the Rocky River. Parking is available at South Street near Davidson Elementary School, on-street at the Hudson Place trailhead and at River Run Athletic Field. Although part of the Mecklenburg County Greenway system, this greenway is operated by the Town of Davidson. Please visit <http://www.ci.davidson.nc.us/> for more information. Continuing approximately 3.2 miles long the sidewalk and bike lanes which begins on Robert Walker Drive and continue on roads into River Run including River Ford Drive. This overland connector leads to the entrance plaza for West Branch Rocky River Greenway. The greenway opened in 2011 and provides 1 mile of restful travel and natural areas. This greenway feels far from urban areas. Parking is not currently available but will be provided in the future.

## 16 Toby Creek Greenway

Toby Creek Greenway opened in 2011 and adds 2 miles of trails to the system and a significant connection to the UNC Charlotte Campus. Parking is available at Mallard Creek Elementary School and Kirk Farm Fields.

## 17 Torrence Creek Greenway

Located in Huntersville, the 1.4 mile trail is composed of asphalt and boardwalk, meandering through woods and wetlands. This greenway features large rock formations along the eastern end and meadows of wildflowers along the western end. On-street parking is available on Bradford Hill Lane.

## 18 Walker Branch Greenway

The first greenway in the Southwest Park District, this half mile paved trail runs southeast from South Tryon Street along Rivergate Parkway. Parking is located adjacent to the Home Depot on Rivergate Parkway.

**Growing Greenways:** Over the next year, Mecklenburg County Park and Recreation will add additional mileage to the greenway system. Look for greenway trail construction along the following creeks: Four Mile Creek, Irwin Creek, Little Sugar Creek, McDowell Creek, Toby Creek and Torrence Creek.



15222 York Road  
Charlotte  
704.588.5224

Open Mon-Sat 9:00 am to 5:00pm,  
Sun 1:00pm to 5:00pm

All programs meet at McDowell  
Nature Center unless otherwise  
noted.

### Coyotes!

Meet your new neighbors! Coyotes are found throughout Mecklenburg County and may be living in your neighborhood. Learn how it means to be living in Coyote country. After an indoor presentation, we will go outside and try to hear coyotes in McDowell Nature Preserve.

All Ages • **FREE** •  
#28249 Dec 10 Sa 6:30pm to 8:00pm

### Babes in the Woods

Take your baby on a journey to discover all the good things about nature! Learn how to spark the sense of wonder in your little one. Dress your young ones appropriately, we will provide warm refreshments to help.

18 months to 3 years • **FREE** •

#### Four Seasons Trail entrance

#28266 Dec 12 M 10:30am to 11:15am  
#28267 Jan 16 M 10:30am to 11:15am

### Outdoor Cooking

Come have a meal and learn what foods your body will need to keep you energized and ready to take on winter hiking and camping. We will discuss field nutrition, what foods work best for the field, and how to avoid fixating on those two or three dishes that we frequently cook while camping. All are welcome from beginners who have never cooked outside to seasoned outdoor chefs.

Ages 12 and older - \$4  
#28268 Dec 15 Th 6:30pm to 8:00pm  
#28269 Jan 12 Th 6:30pm to 8:00pm  
#28270 Feb 16 Th 6:30pm to 8:00pm

### Saturday with Santa: Santa's Friends

Santa meets many animals in his travels around the world but his favorites live in your backyard. Come hear Santa talk about his many encounters with local wildlife. Free hot chocolate and photo opportunities with Santa and friends included, donations are encouraged and go to a local charity.

All Ages - Donations encouraged  
#28275 Dec 17 Sa 12:45pm to 1:45pm

### Saturday with Santa: Hayride with Santa

Piedmont prairies provide a great place for Santa to land his sleigh and let Rudolph and his reindeers unwind, discover this special place with Santa as your guide. Free hot chocolate included to help you keep warm, toy donations go to a local charity. Registration Required.

All Ages - New, Unwrapped Toy (Minimum Value \$5) per child over 3  
#28272 Dec 17 Sa 12 pm to 12:30pm  
#28274 Dec 17 Sa 2 pm to 2:30pm

### Snow-Day Program Alert

McDowell never looks more beautiful than after a fresh snowfall, unfortunately we never know when that is. Register for this alert and you will be contacted when we add last minute programs to our calendar taking advantage of a snow storm passing thru. Programs may include camp-ins, camp-outs, hikes, play days and more. This is only an alert; no commitment to attend programs is required.

All Ages • **FREE** •  
#28071

### Catfish Night

Winter is a great time to go catfishing, especially at night. Bring your own gear or use one of the rods that we have available, cast your line and enjoy coffee and hot chocolate provided by us.

Ages 10 and older • **FREE** •

**Waterfront Deck**  
#28079 Dec 1 Th 6:30pm to 7:30pm

### Homeschool Family Nature Hike

Grab the family and a bottle of water and join us on a nature hike within McDowell Nature Preserve. Each hike will explore different areas of the park and be filled with activities, games, and adventure!

Ages 6 and older • **FREE** •  
#28081 Dec 2 F 10:00am to 11:30am  
#28478 Feb 3 F 10:00am to 11:30am

### Oh Deer!

Discover how for deer, McDowell is an excellent place to live!

Ages 4 to 6 - \$3  
#28082 Dec 2 F 10:30am to 11:15am

### Morning Bird Walk

Winter weather is here and birds are settling in to their cold-weather routines. We will walk, look and listen for wintering birds in the McDowell prairie. Binoculars recommended. Some are available to loan. We will meet at the nature center and drive to the prairie. Miles: 1.5 - 2, dirt and gravel trails, easy to moderate terrain.

Adults and Ages 9 and older • **FREE** •  
#28132 Dec 3 Sa 9:00am to 11:00am

### Author Jan Leitschuh's "The Ordinary Adventurer"

"The Ordinary Adventurer" is a true account of a 2002 hike of Vermont's rugged, often-remote, 270-mile Long Trail and is based on journals posted online in near-real time. Undertaken by hiking friends Jan Leitschuh ("LiteShoe") of North Carolina and Clyde Dodge ("MAF Man") of Florida, the journey took the two novice long-distance hikers nearly a month. The Long Trail stretches from the Massachusetts state line all the way up the Green Mountain spine to the Canadian border. Jan Leitschuh is a freelance writer, award-winning newspaper feature writer and journalist, columnist, professional horse trainer, judge, long distance hiker and Appalachian Trail thru-hiker. Currently, Jan is the co-founder and director of the Sandhills Farm to Table Cooperative. Join us at McDowell Nature Center as Jan talks about her experiences on the trail. We will be taking a hike afterwards so our ending time may vary. Bring appropriate footwear and clothing for the hike.

All Ages • **FREE** •  
#28136 Dec 3 Sa 12:00pm to 3:00pm

### Families Decorating Trees for Wildlife

Help the birds and wildlife by preparing a winter feast. Families can work together to build tasty treats for their backyard visitors.

All Ages - \$3  
#28140 Dec 4 Su 1:00pm to 2:30pm

### Backyard Birds

Listen to a story and then participate in crafts and activities related to backyard birds.

Ages 2 to 3 - \$3  
#28184 Dec 5 M 10:30am to 11:15am

### Evening Hikes

Join us for a leisurely dusk hike through McDowell Nature Preserve. Bring sturdy footwear, clothes that are appropriate for the weather and a flashlight if you have one. This is a great time of the year to look for wildlife in the preserve.

All Ages • **FREE** •  
#28182 Dec 6 T 6:00pm to 7:30pm  
#28183 Dec 20 T 6:00pm to 7:30pm

### Soup Day

Huddle around a warm fire and swap outdoor stories while you have a bowl of soup at McDowell Nature Center. Registration required, bring your own bowl and spoon if you have them.

All Ages • **FREE** •  
#28185 Dec 8 Th 11:30am to 1:00pm  
#28186 Jan 5 Th 11:30am to 1:00pm  
#28187 Jan 19 Th 11:30am to 1:00pm  
#28188 Feb 2 Th 11:30am to 1:00pm  
#28189 Feb 16 Th 11:30am to 1:00pm

### Kids Night in Nature

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire (outdoor if weather permits), stories and plenty of night-time games. Dinner will be provided, dress in layers to go outside.

Ages 7 to 13 - \$15  
#28245 Dec 9 F 6:00pm to 9:00pm

### Beginning Artists: The Basics

Whether you can't draw a straight line or you're a budding Rembrandt, artists of all skill levels are invited to learn the basics of sketching using natural objects with Environmental Educator and artist Kevin Metcalf. Kevin will guide you through some simple exercises to help you become a better observer and recorder of nature.

Adults and Ages 8 and older - \$5  
#28248 Dec 10 Sa 10:00am to 11:30am





# McDowell Nature Center

## Nature at Night Open House

McDowell Nature Center stays open late under the cool glow of Moonlight (blacklight). Listen to legends of the night sky around our indoor campfire, discover the constellations or create your own, and take a short hike and peer through our telescope at the heavens. Enjoy complimentary hot chocolate during your visit. No Registration Required. All Ages • **FREE** •

#28277	Jan 6	F	6:00pm to 8:00pm
#28278	Jan 20	F	6:00pm to 8:00pm
#28279	Jan 27	F	6:00pm to 8:00pm

## Adult Learning: Beginning Birdwatching

Birds are all around us, bringing beauty and song to our backyards. Do you know these neighbors? Backyard bird-watching can be a great pastime, especially during cold winter days. Ages 18 and older • **FREE** •

#28280	Jan 7	Sa	2:00pm to 3:30pm
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## Winter Friends

Discover winter wildlife with your little one through story, crafts and activities. Age 2 to 3 - \$3

#28281	Jan 9	M	10:30pm to 11:15pm
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## Homeschool Series: Leave No Trace

Leave No Trace is a set of seven principles designed to help outdoor enthusiasts minimize their impact and leave the areas they enjoy in good condition for others to enjoy. We will learn about the seven principles, play games designed to reinforce them, and practice what we have learned in McDowell Nature Preserve. Ages 7 to 12 - \$3

#28353	Jan 13	F	2:00pm to 3:30pm
#28354	Jan 20	F	2:00pm to 3:30pm

## Critters in Winter

Join us with your preschooler as we read a fabulous animal tale and then enjoy crafts and activities related to winter critters. Ages 4 to 6 - \$3

#28355	Jan 13	F	10:30am to 11:15am
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## Kids Night in Nature

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire with stories about the sky above followed by some stargazing and an astronomy craft. Dinner will be provided. Ages 7 to 13 - \$15.00

#28246	Jan 13	F	6:00pm to 9:00pm
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## Homeschool Series: Microscope 101: Plant and Animal Cells

Use the microscopes and distinguish different features between plant and animal cells. We will make our own cell mounts and view professional prepared slides and learn to differentiate between plant and animal cells. Ages 12 to 15 - \$20

#28402	Jan 13 & Feb 10	F	2:00pm to 3:30pm
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## Bird Walk: Coots, Ducks and More

Winter is here and birds are settling in to their cold-weather routines. We will walk, look and listen for winter resident birds, including water birds found on Lake Wylie. Binoculars recommended. Some are available to loan. Miles: 0.5 - 1.0, paved and gravel trails, easy to moderate terrain. Adults and Ages 9 and older • **FREE** •

**Meet at Copperhead Island Parking Lot**

#28403	Jan 14	Sa	8:30am to 10:00am
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## School's Out - Forts and Hideouts

Building a fort in the woods fosters a sense of adventure and promotes the development of analytical skills. Give your child the opportunity to practice the art and science of fort building in a safe and supervised manner. For more information call McDowell Nature Center at 704.588.5224. All Ages • **FREE** •

#28404	Jan 16	M	2:00pm to 3:30pm
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## Homeschool Series: Tracks and Traces

While animals are sometimes hard to find, the signs they leave behind show proof of where they have been. Learn to distinguish certain animal tracks and even make your very own plaster track to take home. For more information please contact McDowell Nature Center at 704-588-5224. Ages 7-12 - \$3

#28406	Jan 20	F	2:00pm to 3:30pm
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## Family Letterboxing and Stamp making

Join us for a letterboxing hike and discover how your family can participate in this modern day treasure hunt at parks throughout the Charlotte region. Letterboxing journal and stamp included in price. All Ages - \$3

#28407	Jan 21	Sa	1:00pm to 2:30pm
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**NOTE**

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call McDowell Nature Center at 704.588.5224. You can also register online at [www.parkandrec.com](http://www.parkandrec.com).



## Nature's Noises

Discover the orchestra that is the outdoors with your little one through crafts, stories, and hands-on activities. Ages 4 to 6 - \$3

#28414	Jan 23	M	10:30am to 11:15am
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## Winter Survivor Camp

How will you survive in the cold of winter? Explore the great outdoors and the skills you need to do so...Fire building, Shelter building, Campfire cooking, during this winter break camp. All Ages - \$45/person

#28815	Dec 27 to 29	T-Th	9:00am to 4:00pm
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## Winter Five-Miler

Stretch out those legs on this moderate paced hike through beautiful McDowell Nature Preserve and the autumn leaves reach peak fall color. Adults and Ages 12 and older • **FREE** •

#28474	Jan 28	Sa	1:00pm to 4:00pm
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## Nature at Night Open House

McDowell Nature Center stays open late under the cool glow of Moonlight (blacklight). Listen to stories around our indoor campfire, prowl for owls on a short quarter mile night hike and learn how wildlife hear, see, and feel to get around in the dark. Enjoy complimentary hot chocolate during your visit. No Registration Required. All Ages • **FREE** •

#28475	Feb 3	F	6:00pm to 8:00pm
#28476	Feb 17	F	6:00pm to 8:00pm
#28477	Feb 24	F	6:00pm to 8:00pm

## Homeschool Family Hike

Grab the family and a bottle of water and join us on a nature hike within McDowell Nature Preserve. Each hike will explore different areas of the park and be filled with activities, games, and adventure! Ages 6 and older • **FREE** •

#28478	Feb 3	F	10:00am to 11:30am
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## Coyote Hike

Hike the Prairie at dusk as we search for tracks and traces of the cunning predator within our preserve. We will be hiking about 2 miles over moderate terrain. Dress warm, be prepared to walk through the thickets, and don't forget to bring a water bottle. Ages 6 and older • **FREE** •

#28479	Feb 4	Sa	5:00pm to 7:00pm
#28250	Feb 9	Th	7:00pm to 8:30pm

## Great Groundhogs

Join us with your preschooler as we read a fabulous animal tale and then enjoy crafts and activities related to groundhogs. Ages 4 to 6 - \$3

#28480	Feb 3	F	10:30am to 11:15am
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## What a Hoot!

Whooh's in the Nature Preserve? Now is your chance to discover the owls with your little one through hands on activities and crafts. Age 2 to 3 - \$3

#28816	Feb 6	M	10:30am to 11:15am
#28524	Feb 20	M	10:30am to 11:15am

## Kids Night in Nature: Nocturnal Critters

Have a night to yourself and leave the kids with us. With winter upon us we will enjoy an indoor campfire, learn how wildlife hear, see, and feel to get around in the dark, and take a short night hike along the Sierra trail. Dinner will be provided. Ages 7 to 13 - \$15.00

#28247	Feb 10	F	6:00pm to 9:00pm
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# McDowell Nature Center

## Homeschool Series: Geocaching

Have you ever had fantasies of being a treasure hunter? Join us for geocaching, a high-tech treasure hunt using GPS units, through McDowell Nature Preserve. We will be hiking through the preserve with Global Positioning System (GPS) units looking for geocaches. Along the way we will discuss how GPS works, the impacts that we have as users, and any natural features we may find. Wear sturdy footwear and clothes appropriate for the weather. Remember to layer your clothes if it is cold!

Ages 7 to 12 - \$3  
 #28351 Feb 10 F 2:00pm to 3:30pm  
 Ages 12 to 15 - \$3  
 #28352 Feb 17 F 2:00pm to 3:30pm

## Moonlight Owl Prowl

Enjoy the sounds of the local owls as we hike the Creekside Trail of McDowell Nature Preserve. The moon will be almost full providing a great opportunity to hike in the light of night. Come dressed for the cold and ready to hike 2 miles over moderate terrain.

Ages 6 and older • **FREE** •  
 #28485 Feb 11 Sa 7:00pm to 8:30pm

## Fairy Houses

Fairy Houses are whimsical habitats built by children, families, gardeners and nature lovers! This is a fun activity that everyone can enjoy and building fairy houses reconnects people with nature.

All Ages • **FREE** •  
 #28481 Feb 13 M 10:30am – 11:15am

## Homeschool Special:

### Rockin' Rocks

The earth is covered with rocks and minerals but how do we tell one from the other? Become a geologist and detect what rocks can be found.

Ages 7 to 12 - \$3  
 #28482 Feb 17 F 2:00pm to 3:30pm

## Bird Walk

Signs of spring are starting to appear, and some birds are on the move. We will walk, look and listen for early migrants and winter resident birds in the McDowell Prairie. Binoculars recommended. Some are available to loan. Miles: 1.5 – 2, dirt and gravel trails, easy to moderate terrain. We will meet at the Nature Center and drive to the prairie.

Adults and Ages 9 and older • **FREE** •  
 #28483 Feb 18 Sa 8:30am to 10:30am



## Family Geocaching

Let's Go Treasure Hunting! All families who want to learn about the great sport of Geocaching join us as we use GPS units to explore the treasure hidden in the preserve. GPS Units are provided or you can bring your own. Don't forget to dress for the weather we will be hiking approx 2 miles over moderate terrain.

Ages 6 and older - \$3  
 #28484 Feb 18 Sa 1:00pm to 3:00pm

## Build a Better Birdhouse

Building a birdhouse with your child is a great way to develop their hand-eye coordination and encourage creativity while fostering a better understanding of nature. All tools and materials will be supplied.

All Ages - \$10/birdhouse  
 #28254 Feb 19 Su 1:00pm to 2:30pm

## Early Spring Wildflower Walk

Each month brings different blooms to McDowell Nature Preserve. Come and discover the beauty and diversity of flowers as they mark the passage of the seasons. On this walk we will look for early signs of spring.

Adults and Ages 10 and older • **FREE** •  
 #28818 Feb 25 Sa 2:00pm to 3:30pm

## Whooo's There?

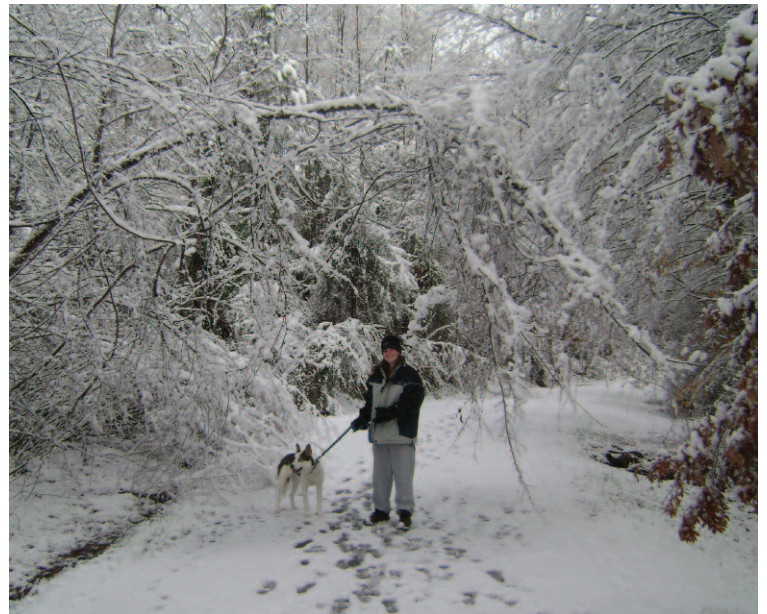
Whooo's in the Nature Preserve? Now is your chance to discover the owls with your little one through hands on activities and crafts.

Ages 4 to 6 - \$3  
 #28251 Feb 24 F 10:30am to 11:15am

## Cache in Trash Out

Cache in Trash Out is an ongoing environmental initiative supported by the worldwide Geocaching community. Join us in the park as we use GPS units to find the trouble spots in your county Nature Preserve. Geocaching is great for the family, GPS units will be provided if needed and FREE hot chocolate to all who help make our Nature Preserve a better place to recreate.

Ages 7 and older • **FREE** •  
 #28819 Feb 25 Sa 1:00pm to 3:30pm





# Latta Plantation Nature Center



6211 Sample Road,  
Huntersville  
704.875.1391

Open Mon-Sat 9:00 am to 5:00pm,  
Sun 1:00pm to 5:00pm

All programs meet at Latta  
Plantation Nature Center and  
require pre-registration unless  
otherwise noted.

## Nature Nook

Let your child's imagination soar during story time at the nature center! Every Saturday your child will hear a new nature story followed by an up-close encounter with one of our animals or another fun activity. No registration required.  
Geared for ages 3 to 6  
but all ages welcome • **FREE** •  
Every Saturday 10:30am to 11:00am

## Guided Nature Walks

Join us on a fun nature walk along the trails of Latta Plantation Nature Preserve. What a great way to stay active and healthy while enjoying the beauty of the outdoors! No registration required.  
Adults • **FREE** •  
Every 2nd and 4th Tuesday of the Month  
9:00am to 11:00am

## Homeschool Biology 102

What do ants, trees, and bacteria have in common? They are all alive! Join us as we discover the wonders of Biology - the study of LIFE. This series is a continuation of Homeschool Biology 101 and will introduce your student to plants, life cycles, ecosystems, and more. Each class is hands-on and contains a lab, so students will also learn about the scientific method. Curriculum is appropriate for 3rd-5th grade and all materials are provided.  
Ages 8 to 11 - \$32  
#29210 1st and 3rd Friday of every month.  
Jan - Apr 10:00am to 11:30am  
#29214 1st and 3rd Thursday of every month  
Jan - Apr 1:00pm to 2:30pm

## Winter Kayaking

Do not let a little cold weather keep you from enjoying kayaking during the winter months. Mountain Island Lake has a special charm and quiet beauty this time of year that you are sure to enjoy. All equipment and training provided. Clothing requirements will be explained during registration.  
Ages 11 and older - \$15  
#29215 Dec 3 Sa 10:00am to 12:00pm  
#29216 Dec 4 Su 10:00am to 12:00pm  
#29217 Dec 17 Sa 10:00am to 12:00pm  
#29218 Dec 18 Su 10:00am to 12:00pm  
#29219 Jan 7 Sa 10:00am to 12:00pm  
#29220 Jan 8 Su 10:00am to 12:00pm  
#29221 Jan 21 Sa 10:00am to 12:00pm  
#29222 Jan 22 Su 10:00am to 12:00pm  
#29223 Feb 4 Sa 10:00am to 12:00pm  
#29224 Feb 5 Su 10:00am to 12:00pm  
#29225 Feb 18 Sa 10:00am to 12:00pm  
#29226 Feb 19 Su 10:00am to 12:00pm

## Papermaking 101

Learn how to make your own paper from recycled scraps! We will demonstrate the quickest, easiest method and you can make your own ornament or card to take home. No registration required.  
All ages • **FREE** •  
#29227 Dec 3 Sa 10:00am to 4:00pm

## BSA: Orienteering

Have you ever tried to use a map and compass, but still got lost? Then join us for this 2-day Orienteering Merit Badge and learn how to master the sport of cross country navigation. Learn the terms, safety aspects, and skills needed to meet the requirements of this badge. Lunch and all equipment provided. Scouts must attend both days to meet all requirements.  
Ages 10 to 18 - \$25  
#29228 Dec 3 & 10 Sa 9:00am to 4:00pm

## BSA: First Aid

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the First Aid Merit Badge. Lunch provided. Note: Due to length of badge, this badge will end at 5:00 P.M.  
Ages 11 to 18 - \$20  
#29229 Dec 4 Su 9:00am - 5:00pm

## Green Gift Making

'Tis the season to reduce, reuse, and recycle! Learn how to make old things look like new for the holidays. We will make paper, gift boxes, slimy goo, and more. All supplies will be provided.  
Ages 4 and older - \$3  
#29230 Dec 4 Su 2:00pm to 3:30pm



## Homeschool Adventures Club: Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Come and learn about this exciting outdoor hobby. Then, use a handheld GPS unit to navigate a course and find a real cache.  
Ages 8 to 12 - \$6  
#29231 Dec 6 Tu 10:00am to 12:00pm  
#29263 Jan 10 Tu 10:00am to 12:00pm  
#29264 Feb 7 Tu 10:00am to 12:00pm

## Homeschool Eco-Crew: Pollution Solution

Mountain Island Lake is Mecklenburg County's water source so keeping it clean is a top priority. We'll investigate the ways that communities deal with pollution as well as experiment with methods that scientists use to purify water.  
Ages 3 to 6 - \$3  
#29232 Dec 7 W 1:00pm to 2:30pm  
Ages 7 to 12 - \$3  
#29233 Dec 7 W 1:00pm to 2:30pm

## Backyard Winter Animals

Ever wonder what animals do in the winter? Discover the winter habits and habitats of our backyard animals and learn how they get along in the cold weather. We will also be meeting some of those animals up close including a salamander, toad, and snake.  
Ages 3 and older - \$3  
#29236 Dec 11 Su 2:00pm to 3:30pm

## Homeschool Adventures Club: Outdoor Cooking

Come and learn three different methods of outdoor cooking: campfire, Dutch oven, and a box oven. Participants will learn to safely cook in the outdoors and then eat all the outdoor delicacies.  
Ages 7 to 12 - \$6  
#29260 Dec 13 Tu 11:00am to 1:00pm  
#29262 Jan 17 Tu 11:00am to 1:00pm  
#29265 Feb 14 Tu 11:00am to 1:00pm

## Pre-K Gardeners: Calling All Birds

Juncos, kinglets, white-throated sparrows and other winter resident songbirds have arrived for the cold winter. Come learn about the unique characteristics of these birds, why they migrate, and even learn a few of their calls. We will also be making some treats for the birds as well.  
Ages 3 to 6 - \$2  
#29261 Dec 15 Th 10:00am to 11:00am

## Edible Ornaments

Winter can be a tough time for wildlife. Why not help out by decorating a tree with tasty treats for them? We will go on a short hike to gather materials before we settle down to a cup of hot cocoa and homemade edible ornaments. Children under the age of 12 must be accompanied by an adult.  
Ages 6 and older - \$4  
#29266 Dec 17 Sa 2:00pm to 3:00pm

## The Science Behind Chocolate

Chocolate is delicious! Explore the science behind chocolate; why we crave it, its many health benefits, and why things taste better with chocolate. Samples will be provided.  
Age 3 and older - \$4/adult, \$3/child  
#26267 Dec 18 Su 2:00pm to 3:00pm

## Live Animal Talks

Come learn about the turtles and snakes we have in the nature center and get a chance to see them up close.  
All Ages • **FREE** •  
#29268 Dec 18 Su 3:30pm to 4:00pm  
Dec 18 Su 4:00pm to 4:30pm  
#29274 Jan 8 Su 2:30pm to 3:00pm  
Jan 8 Su 3:00pm to 3:30pm  
Jan 8 Su 3:30pm to 4:00pm  
Jan 8 Su 4:00pm to 4:30pm

## On A Winter's Solstice

Celebrate the shortest day of the year with a sunset hike at Latta. Bundle up for hot cocoa, a little bit of solstice folklore and history, and a spectacular view of Mountain Island Lake at sunset! Terrain & distance: Easy, 1.0 mile  
All Ages - \$3  
Shelter #1 at Waterfront parking lot  
#26269 Dec 22 Th 4:00pm to 5:30pm

## First Day Hike

Start the New Year off by getting back to nature with a breathtaking hike around Latta Plantation Nature Preserve. Join one of our naturalists as we observe and explore the nature preserve in winter. Terrain & Distance: Moderate, approximately 1.5 - 3 miles.  
All ages • **FREE** •  
#29270 Jan 1 Su 2:00pm to 3:30pm

## Winter Wonderland

Enjoy the wonders of nature in winter with a fun day at Latta Plantation Nature Center. We will have crafts, stories, and activities going on all day, so stop on by! No registration required.  
All ages • **FREE** •  
#29271 Jan 7 Sa 10:00am to 4:00pm

## Geocaching

Ever heard of the high tech treasure hunt known as Geocaching? Bring the kids and learn the details of how to get started with this exciting outdoor hobby! With a handheld GPS unit, our adventure will take us to the trail to find 5 real caches hidden in Latta Plantation Nature Preserve.

## Waterfront Picnic Area

Ages 7 and older - \$6  
#29272 Jan 7 Sa 10:00am to 12:00pm  
#29273 Jan 7 Sa 1:00pm to 3:00pm  
#29280 Feb 4 Sa 10:00am to 12:00pm  
#29281 Feb 4 Sa 1:00pm to 3:00pm

## Winter Wildlife Hike

Take a break from your busy schedule and join us for a wintry hike at Latta Plantation Nature Preserve. We'll look for signs of animal life in winter including tracks, sighting, and sounds. Terrain & Distance: Easy, 1 mile  
All Ages • **FREE** •  
#29295 Jan 8 Su 1:00pm to 2:00pm



# Latta Plantation Nature Center

## Winter Tree ID

Want to know how to ID trees in the winter? Come join our naturalist on a hike and learn techniques to ID trees when there are no leaves on them. Terrain & distance: Easy to moderate, 1.5 – 2 miles  
Age 18 and older - \$4  
#29275 Jan 15 Sun 2:00pm to 4:00pm

## Pre-K Gardeners: Mud Pies

Yummy! Mud pie sounds good. Make a mud pie and learn about soil, how it feels, and why it is important to plants, especially in our garden.  
Age 3 to 6 - \$2  
#29276 Jan 19 Th 10:00am to 11:00am

## BSA: Environmental Science

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Environmental Science Merit Badge. Due to time constraints please do sections 1, 2 and 3: F 1 or 2 as homework before-hand in order to receive a completed blue card. Lunch provided.  
Ages 11 to 18 - \$15  
#29278 Jan 22 Su 9:00am - 4:30pm

## Wolf Cub Scouts: Birds

Join us this Sunday afternoon and earn your Birding Elective. We will read a book about birds, take a short hike to identify birds and start making a record of them.  
Age 7 to 11 - \$3  
#29296 Jan 22 Su 1:00pm to 2:00pm

## Warm and Fuzzies

It's winter and our wild mammals have thick, fuzzy fur this time of the year. Come learn about some of these mammals and get a chance to touch real furs in the nature center.  
Age 4 and older - \$3  
#29282 Jan 22 Su 3:00pm to 4:00pm

## Latta Homeschoolers:

### Animal Classification

Explore the relationships among different groups of animals by using identifiable differences and sorting them into taxonomic groups. Learn how to use keys to organize groups of objects while developing a simple classification system.  
Age 3 to 6 - \$3  
#29283 Jan 25 W 9:30am to 11:00am  
Age 7 to 12 - \$3  
#29284 Jan 25 W 9:30am to 11:00am

### Nature's Folklore: Animal Weather Predictions

Can groundhogs predict how long winter will last? Can crickets tell you the temperature? Find out the answers to these questions and more as we explore how people use animals to help predict the weather.  
Age 5 and older - \$4/adult, \$3/child  
#29285 Jan 29 Su 2:00pm to 3:30pm

## Homeschool Eco-Crew:

### Worms Eat Our Garbage

Worms are amazing creatures! They can take the scraps from our dinner and turn them into compost for our gardens. We'll investigate these invertebrates and older students will even dissect them.  
Ages 3 to 6 - \$3  
#29234 Feb 1 W 1:00pm to 2:30pm  
Ages 7 to 12 - \$3  
#29235 Feb 1 W 1:00pm to 2:30pm

### BSA: Wilderness Survival

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Wilderness Survival Merit Badge. Lunch, dinner and breakfast will be provided. This badge will be done in cold weather and will have a cold weather focus, so please dress accordingly.  
Ages 13 to 18 \$35  
#29279 Feb 4-5 Sa-Su 9:00am Sa to Su 12:00 noon

### Birding Basics

Want to learn more about birds and how to identify them? During this program we will learn the basic techniques of how to identify birds and use our skills to spot them in the garden and nature preserve. Binoculars and field guides will be provided.  
Age 12 and older - \$4  
#29286 Feb 5 Su 2:00pm to 4:00pm

### Fairy House Festival

Fairy Houses are whimsical habitats built by children, families, gardeners and nature lovers! This is a fun activity that everyone can enjoy and building fairy houses reconnects people with nature. Join us for this annual festival—in your best fairy or gnome costume—that will inspire appreciation of the environment with storytelling, activities and games, all focused on fairies and nature!  
All ages • **FREE** •  
#29699 Feb 11 10:00am to 4:00pm

### Pre-K Gardeners: Food Chain Discovery

Living things need food to give them energy to live and to help their bodies grow. We will learn what a food chain is and investigate some food chains in a garden.  
Age 3 to 6 - \$2  
#29277 Feb 16 Th 10:00am to 11:00am

### Backyard Bird Count Kickoff

Every year, for four days, thousands of people in North America observe and count the birds they see in their communities. The information they gather is invaluable to scientists! If you're interested in participating, but don't know how to get started, or you just want to learn more about birds, stop by the nature center to get a helping hand from one of our naturalists. No registration required.  
All ages • **FREE** •  
#29287 Feb 18 Sa 10:00am to 4:00pm



### BSA: Bird Study

Upon completion of this course, all registered Boy Scouts in the Mecklenburg Council will earn the Bird Study merit Badge. Lunch provided.  
Ages 11 to 18 - \$15  
#29288 Feb 19 Su 9:00am to 4:30pm

### Totally Turtles

Discover some of the hard-shelled critters of Mecklenburg County and meet some close up.  
Age 4 and older - \$3  
#29289 Feb 19 Su 1:30pm to 2:30pm

### Latta Homeschoolers: Life Cycles

Animals all go through different stages of development. We will explore the life cycles of a few different groups of animals and learn about their stages of development and adaptations for survival.  
Age 3 to 6 - \$3  
#29291 Feb 22 W 9:30am to 11:00am  
Age 7 to 12 - \$3  
#29292 Feb 22 W 9:30am to 11:00am

### It's a Small World

There's a fascinating, invisible world out there! Learn how to use a microscope to investigate all of the hidden gems in nature, from plant cells to the tiny barbs on a bird's feathers.  
Ages 8 to 13 - \$2  
#29293 Feb 25 Sa 1:00pm to 2:00pm

### Webelos Naturalist Badge

Come join us at Latta Plantation Nature Center for this 3 hour program and earn your Naturalist Badge. No registration required.  
Age 8 to 11 - \$4  
#29294 Feb 26 Su 2:00pm to 4:00pm



**Private Kayak, Canoe, and Segway Adventure Tours available. Call 704-875-1392 for details.**

**NOTE**

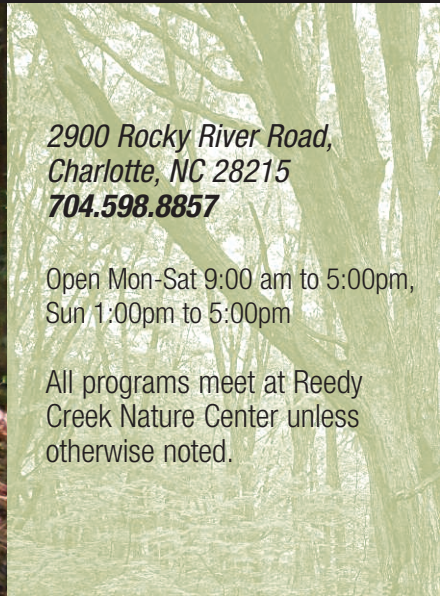
All programs require pre-registration unless otherwise noted. For more information or to register call Latta Plantation Nature Center.

Check out Latta Plantation Nature Center on Facebook for upcoming events and pictures of events and wildlife.

**facebook**



# Reedy Creek Nature Center



2900 Rocky River Road,  
Charlotte, NC 28215  
704.598.8857

Open Mon-Sat 9:00 am to 5:00pm,  
Sun 1:00pm to 5:00pm

All programs meet at Reedy  
Creek Nature Center unless  
otherwise noted.

All Ages • **FREE** •  
#28713 Dec 17 Sa 3:00pm to 4:00pm

### Geocaching

Join us for this treasure hunt and find out what all the buzz is about. Discover the world of geocaching in this beginner's introductory class. No experience needed. Space is limited and pre-registration is required. Participants must be able to hike 2 - 3 miles on uneven terrain.

Age 8 and up • **FREE** •  
#28714 Dec 18 Su 2:00pm to 3:00pm  
#28728 Jan 8 Su 2:00pm to 3:00pm  
#28730 Jan 8 Su 3:30pm to 4:30pm

### Winter Solstice Hike

Celebrate the winter solstice immersed in nature with like minded friends! Enjoy a moderately paced hike taking in the crisp winter air on the shortest day of the year. Participants must be able to hike 3 - 4 miles on uneven terrain. A limited number of flashlights are available; please bring your own if you have one.

Age 5 and up • **FREE** •  
#28716 Dec 21 W 6:00pm to 7:00pm

### Nature Discovery Hike and Scavenger Hunt

Have family in town or just looking for a relaxing way to spend the morning? Join a naturalist as we hike the trails looking for items on our winter scavenger hunt list. This is a family friendly 1 mile hike on uneven terrain.

All Ages • **FREE** •  
#28717 Dec 22 Th 10:00am to 11:00am

### Eco Art

Join us as we use everyday household items to create art! This is the ultimate in recycling. Make something to take home and put under the tree!

All Ages • **FREE** •  
#28718 Dec 22 Th 2:00pm to 3:00pm

### Winter Homeschool Nature Programs

Join us for some eclectic winter homeschool classes. We will begin our journey with a quiet observation of nature during a nature journaling course. From there we will discover and celebrate some real nature heroes as we unfold the lives of some famous Naturalists. Our next adventure will open the doors to the days of the pioneers in and around our area. Our last class will take us on a journey into the world of one of our favorite food groups, Chocolate! We will spend an entire class immersed in the culture and history of chocolate.

Age 8 to 12 \$5 per class

#### Nature Journaling

#28719 Jan 10 T 1:30pm to 3:30pm

#### Nature Heroes

#28720 Jan 24 T 1:30pm to 3:30pm

#### Pioneer Days

#28721 Feb 14 T 1:30pm to 3:30pm

#### Loco for Cocoa

#28722 Feb 28 T 1:30pm to 3:30pm



### 100 mile Hike Club

Ready for a challenge? Come hike a hundred miles, register for our hikes throughout the year and earn credit miles to earn a t-shirt, patch, and more. Membership to the club is free but each hike may have a small fee and registration is required for each hike. Any naturalist led hike counts towards your credit miles. A staff signature is required for credit.

All Ages • **FREE** •  
#26758

### Hike for Your Health

Get outside, get moving, get healthy! Fresh air, sunshine, beautiful surroundings and wonderful people are included! This is a medium to fast pace walk.

Age 12 and up • **FREE** •  
#28689 Every Tuesday 5:00pm to 6:00pm

### Yoga in the Preserve

Slow down and breathe while surrounded by the sights and sounds of nature. This is a gentle vinyasa style class. No experience needed.

Age 16 and up  
\$8/drop-in or \$25/4 class pass  
#28690 Every Tuesday-Dec 6:15pm to 7:15pm  
#28691 Every Tuesday-Jan 6:15pm to 7:15pm  
#28692 Every Tuesday-Feb 6:15pm to 7:15pm



### WOW: The Wonders of Wetlands

WOW! provides educators with a resourceful and creative collection of wetland activities, information, and ideas. WOW! includes over 50 hands-on multidisciplinary activities in lesson plan format, extensive background information on wetlands, ideas for student action projects, and a wetlands resource guide. WOW! is a recommended resource by the National Science Teacher's Association (NSTA).

To register please contact UNC Charlotte Center for Science, Technology, Engineering and Mathematics (STEM) Education at 704-687-8816.

Age 18 and up  
\$30 includes snacks materials, and dinner Th evening  
Dec 1 Th 4:30pm-8:30pm and  
Dec 3 Sa 9:30am-4:00pm

### Nature in the City

Come on a wild walk through the city and see that Mother Nature is upon us. We will meet at Freedom Park near the Mahlon Adams Pavilion.

Age 16 and up • **FREE** •  
#28696 Dec 3 Sa 1:30pm to 3:00pm

### Holiday Open House

Join us for our annual open house celebration! Discover ways to reduce waste and live in harmony with nature during this holiday season. Nature hikes, green gift ideas, crafts, fireside stories, scavenger hunt and light refreshments are examples of the fun waiting for you! There is something for everyone!

All Ages • **FREE** •  
#28708 Dec 10 Sa 11:00am to 3:00pm

### Who Lives Here?

A lodge for a beaver, a hive for a bee, a cave for a bat, a nest for a bird, or an underground tunnel for a mole; none of those sound like homes to us but they are definitely homes for animals. Come discover who lives where.

All Ages • **FREE** •  
#28709 Dec 11 Su 2:00pm to 3:30pm

### Growing up Wild

Growing Up WILD is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences, Growing Up WILD provides an early foundation for developing positive impressions about the natural world and lifelong social and academic skills. The activity guide is included in this course for free and is written especially for early childhood educators of children ages 3-7.

Age 18 and up • **FREE** •  
#28710 Dec 17 Sa 9:30am to 4:00pm

### Biodiversity Hike:

#### RibbonWalk Nature Preserve

Explore this local treasure right here in your backyard! We will spend the morning hiking through a variety of habitats. Join us for some fresh air, exercise and great company. This will be a moderate paced hike of 4 - 5 miles on uneven terrain.

Age 12 and up • **FREE** •  
#28711 Dec 17 Sa 9:00am to 12:00pm

### Winter Wildlife

Join a naturalist to discover how the wildlife of Reedy Creek survives the winter. We will be introduced to some of the animals that call Reedy Creek home as we discuss their adaptations to winter. From there we will hit the trail to search for signs of wildlife. Participants must be able to hike 1 - 2 miles on uneven terrain.



# Reedy Creek Nature Center

## Winter Homeschool Nature Programs

Join us for some eclectic winter homeschool classes. We will begin our journey with a quiet observation of nature during a nature journaling course. From there we will discover and celebrate some real nature heroes as we unfold the lives of some famous Naturalists. Our next adventure will open the doors to the days of the pioneers in and around our area. Our last class will take us on a journey into the world of one of our favorite food groups, Chocolate! We will spend an entire class immersed in the culture and history of chocolate.

Ages 5 to 7 \$5 per class

### Nature Journaling

#29797 Jan 10 T 1:30pm to 3:30pm

### Nature Heroes

#29798 Jan 24 T 1:30pm to 3:30pm

### Pioneer Days

#29799 Feb 14 T 1:30pm to 3:30pm

### Loco for Cocoa

#29800 Feb 28 T 1:30pm to 3:30pm

## Biodiversity Hike: Kings Mountain

Kings Mountain is located just outside of Charlotte and is described as a big, hilly, woody forest. It has long been a favorite of the locals. Bundle up and join us for some fresh air and beautiful scenery!

Age 16 and up \$12

#28723 Jan 7 Sa 8:00am to 5:00pm

## Flying WILD

Flying WILD workshops provide activities to teach middle school students about birds, their migration, and what people can do to help birds and their habitats. The activities can be used to teach classroom lessons or to set up service-learning projects about birds and their habitats. The guide can even provide activities for a bird festival. The program is open to all interested educators including schoolteachers; park, nature center and camp personnel; and scout leaders. All participants qualify for CEU and EEC credits.

Age 18 and up • **FREE** •

#28724 Jan 7 Sa 9:30am to 4:30pm

## Project Learning Tree

Project Learning Tree® (PLT) is an award winning, multi-disciplinary environmental education program for educators and students in PreK-grade 12. It is one of the most widely used environmental education programs in the United States and abroad. PLT helps students learn how to think, not what to think, about the environment meeting state and national education standards. The curriculum provides the tools educators need to bring the environment into the classroom and their students into the environment. Topics range from forests, wildlife, and water, to community planning, waste management and energy. To register please contact UNC Charlotte Center for Science, Technology, Engineering and Mathematics (STEM) Education at 704-687-8816.

Age 18 and up \$30 includes snacks materials, and dinner Thursday evening

Jan 12 Th 4:30pm to 8:30pm and

Jan 14 Sa 9:30am to 4:00pm

## Robinson Rock house History Hike

Join us as we journey back in time to the ruins of the Robinson Rock house. Hear the tales of those who once called Reedy Creek their home.

Age 18 and up • **FREE** •

#28745 Jan 14 Sa 1:00pm to 2:30pm

## North Carolina Wildlife Action Plan

We will begin this informative class by exploring some of North Carolina's imperiled wildlife. A naturalist will then help you to discover what the NC Wildlife Action Plan is and why it is needed.

Age 12 and up • **FREE** •

#28746 Jan 18 W 6:00pm to 7:00pm

## GLOBE Hydrology and Climate Change

The Global Learning and Observations to Benefit the Environment (GLOBE) program is a worldwide hands-on, primary and secondary school-based science and education program. GLOBE's vision promotes and supports students, teachers and scientists to collaborate on inquiry-based investigations of the environment and the Earth system working in close partnership with NASA, NOAA and NSF Earth System Science Projects (ESSP's) in study and research about the dynamics of Earth's environment.

To register please contact UNC Charlotte Center for Science, Technology, Engineering and Mathematics (STEM) Education at 704-687-8816.

Age 18 and up \$30 includes snacks

materials, and dinner Thursday evening

Jan 19 Th 4:30pm to 8:30pm and

Jan 21 Sa 9:30am to 4:00pm

## National Squirrel Appreciation Day!

It's time to honor the adorable mammals that scamper around cities, suburbs, parks and forests all over the United States. We'll feed them, read about them, and celebrate all that is squirrely about those squirrels!

All Ages • **FREE** •

#28748 Jan 21 Sa 2:00pm to 3:00pm

## Owl Pellets

Dissect owl pellets and discover the bones of mice, rats, and other prey items!

All Ages \$3 includes your very own pellet

#28759 Jan 22 Su 3:00pm to 4:00pm

## Climate Change and North Carolina Wildlife

Join a naturalist as we discuss what climate change is and how it will, or already is affecting the wildlife in North Carolina. Found out what steps you can take to be a part of the solution. The presentation/discussion will be followed by an optional hike through the preserve.

Age 12 and up • **FREE** •

#28761 Jan 28 Sa 10:00am to 12:00pm

(hike from 11:00am to 12:00pm)

## Wonderful and Wild Winter: An Open Classroom Experience

Drop by our classroom and explore winter! Discover how wildlife survive the cold, learn about snowflakes, participate in a scavenger hunt and much more.

All Ages • **FREE** •

#28762 Jan 28 Sa 3:00pm to 4:00pm



## Happy Groundhog Day!

Will he see his shadow? Come celebrate Groundhog Day with us and find out. We will make a craft, play games, read stories, and have a special groundhog snack.

All ages • **FREE** •

#28800 Feb 2 Th 2:00pm to 3:00pm

## Garden Patrol: Ten Birds That Help Control Garden Pests

As a gardener it can be your worst nightmare: watching helplessly as hordes of destructive insects attack your plants. With a little planning and simple landscaping, however, you can help moderate garden pests naturally in your yard this spring. Come understand your weapon: bug-eating birds.

Age 12 & up • **FREE** •

#28801 Feb 5 Su 2:00pm to 3:30pm

## Winter Tree ID Workshop

When leaves fall, can you tell one tree in the forest from another? Learn to identify trees in winter from twigs and buds on a hike through the preserve.

Age 6 to adult • **FREE** •

#28802 Feb 12 Su 1:30pm to 2:30pm

## Winter Walk in the Woods

Take a walk with a naturalist through the Reedy Creek Nature Preserve. There is a lot to see in the winter in the woods. Be prepared to walk 2 to 3 miles on uneven trails. No strollers please.

All ages • **FREE** •

#28803 Feb 12 Su 3:00pm to 4:00pm

## The Great Backyard Bird Count

Hike the preserve to count the birds! Your observations will help create a real-time snapshot of where the birds are across the continent. We will work together to count the birds and submit our records to the national data base. Free bird friendly coffee to warm you in your efforts!

All ages • **FREE** •

#28804 Feb 17 & 18 F & Sa 1:00pm to 4:00pm

## Biodiversity Hike: Uwharrie Mountains

This month we will be hiking in the oldest mountain range in North America. We will explore the Birkhead Wilderness Area located within 5,160 acres of wild land. Participants must be able to hike 5 - 6 miles on uneven terrain at a moderate pace.

Age 16 and up \$12

#28806 Feb 18 Sa 8:00am to 5:00pm

## Common Feeder Birds

Learn the basics of bird identification by observing those birds on your feeder in your backyard. Get acquainted with their songs and calls. Make a simple feeder to take home.

Age 6 to adult • **FREE** •

#28807 Feb 19 Su 1:30pm to 2:30pm

## Soil Critters

Even in winter, animals are alive and well in the soil in the forest. Look for tiny soil animals in the naturalist's lab and learn what lurks in the dirt.

Age 6 to 10 • **FREE** •

#28808 Feb 19 Su 3:00pm to 4:00pm

## WOW Hike at RibbonWalk Nature Preserve: The World of Woodpeckers

Discover the fascinating world of these two magnificent bird families. We will explore the variety of owls and woodpeckers that inhabit Mecklenburg County and what makes them so special and important to the ecosystem.

All Ages • **FREE** •

#28810 Feb 25 Sa 10:00am to 11:00am

## Salamanders at RibbonWalk Nature Preserve

Enter the exciting world of the salamander! Discover what makes this amazing critter unique and what you can do to help protect its habitat.

All Ages • **FREE** •

#28811 Feb 25 Sa 1:00pm to 2:00pm

## Loco for Cocoa

Need we say more? Join us as we discover the natural history of chocolate and how it relates to wildlife. Space is limited and pre-registration is required. Chocolate is involved J

All Ages \$3

#28812 Feb 26 Su 2:00pm to 3:00pm

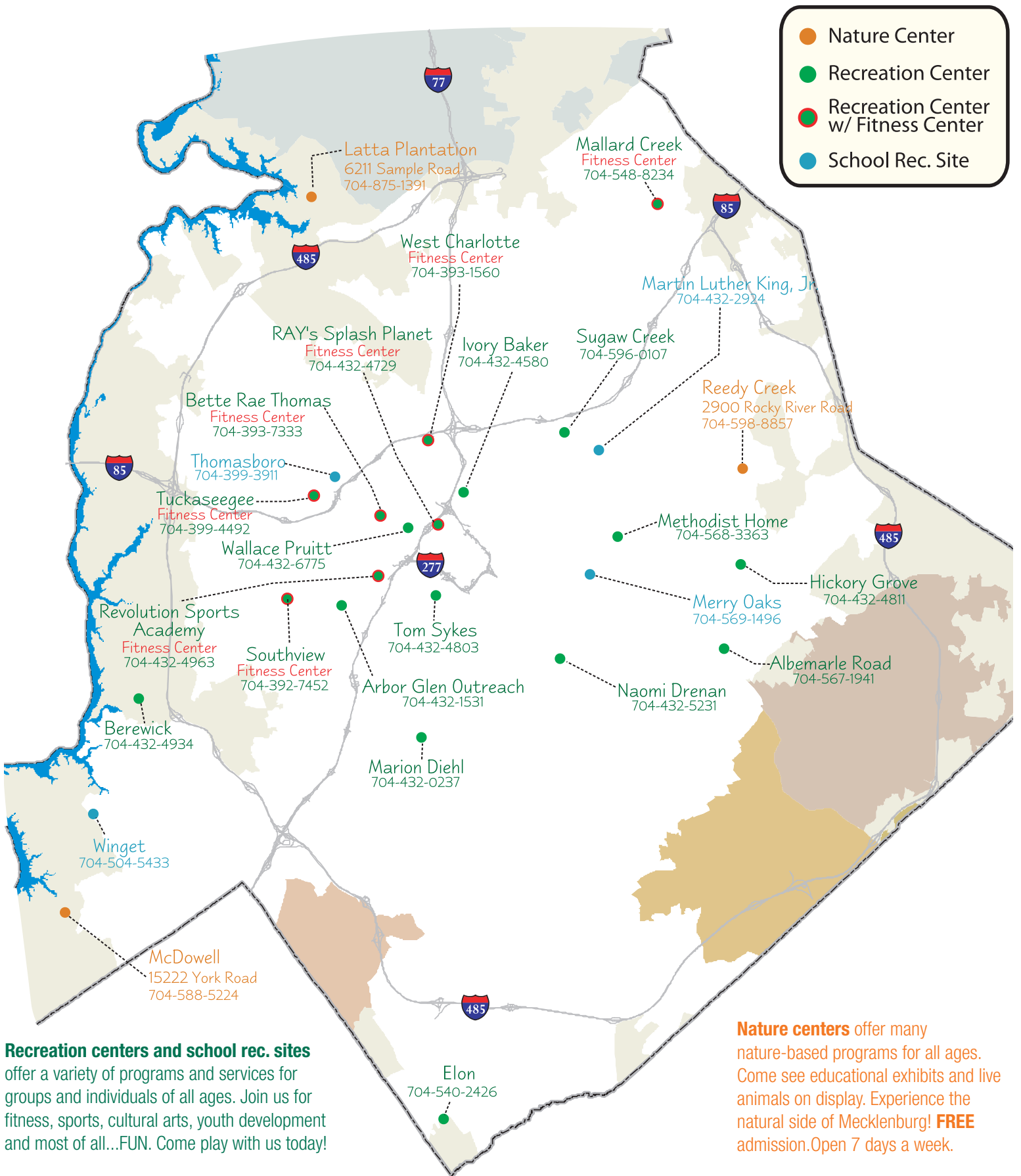


**NOTE**

Many programs require registration and have limited space available. To ensure that you can participate, please register by calling 311 or 704.336.7600. All programs require pre-registration unless otherwise noted. For more information, call Reedy Creek Nature Center at 704.598.8857. You can also register online at [www.parkandrec.com](http://www.parkandrec.com).



# Mecklenburg County Recreation Centers & School Recreation Sites



**Recreation centers and school rec. sites** offer a variety of programs and services for groups and individuals of all ages. Join us for fitness, sports, cultural arts, youth development and most of all...FUN. Come play with us today!

**Nature centers** offer many nature-based programs for all ages. Come see educational exhibits and live animals on display. Experience the natural side of Mecklenburg! **FREE** admission. Open 7 days a week.

## RECREATION CENTERS AND SCHOOL RECREATION SITES

Hours vary at each recreation center.  
Some offer room rentals for birthday parties  
and events. Call the recreation center for  
rates, or visit [www.parkandrec.com](http://www.parkandrec.com)

	Gymnasium	Multi-purpose Room	Kitchen	Fitness Center	Pool/ Water park	Computer Lab	Youth Activity Room	Ray's Playhouse	Lockers/Showers	Performing Arts Room	Stage	Dance Studio
<b>Albemarle Road Recreation Center</b> 5027 Idlewild Road North	●	●	●				●					
<b>Arbor Glen Outreach Center</b> 1520 Clanton Road	●	●										
<b>Berewick Recreation Center</b> 5910 Dixie River Road	●	●						●			●	
<b>Bette Rae Thomas Recreation Center</b> 2921 Tuckaseegee Road	●	●	●	●		●	●					
<b>Elon Recreation Center</b> 11401 Ardrey Kell Road	●	●	●				●					
<b>Hickory Grove Recreation Center</b> 6709 Pence Road	●	●				●		●			●	
<b>Ivory Baker Recreation Center</b> 1920 Stroud Park Court	●	●				●						
<b>Mallard Creek Recreation Center</b> 2530 Johnston-Oehler Road	●	●	●	●		●		●				
<b>Marion Diehl Recreation Center</b> 2219 Tyvola Road	●	●	●		●				●			
<b>Martin Luther King Jr. School Recreation Site</b> 500 Bilmark Avenue	●	●										●
<b>Merry Oaks School Recreation Site</b> 508 Draper Avenue	●	●				●						
<b>Methodist Home Recreation Center</b> 3200 Shamrock Drive	●	●	●									
<b>Naomi Drenan Recreation Center/ Grayson SkatePark</b> 750 Beal Street	●	●	●				●					
<b>Ray's Splash Planet</b> 215 N Sycamore Street	●	●		●	●							●
<b>Revolution Park Sports Academy</b> 1225 Remount Road												
<b>Southview Recreation Center</b> 1720 Vilma Street	●	●	●	●		●		●				
<b>Sugaw Creek Recreation Center</b> 943 W. Sugar Creek Road	●	●	●									
<b>Thomasboro School Recreation Site</b> 538 Bradford Drive	●	●										
<b>Tom Sykes Recreation Center</b> 1501 Euvlid Avenue	●	●								●	●	●
<b>Tuckaseegee Recreation Center</b> 4820 Tuckaseegee Road	●	●		●			●		●			
<b>Wallace Pruitt Recreation Center</b> 440 Tuckaseegee Road	●	●	●				●	●				
<b>West Charlotte Recreation Center</b> 2400 Kendall Drive	●	●	●	●			●					
<b>Winget School Recreation Site</b> 12235 Winget Road	●											





## Holiday Crafts & Cooking for Families!

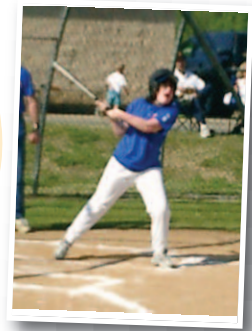
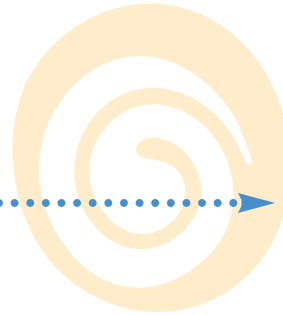
Get ready for the winter holidays by making delightful decorations and great gifts, and preparing a light holiday lunch. This fun program is offered for children ages 5-12 with disabilities, and their families! Learn about cooking skills and healthy food choices, while enjoying a social occasion and exercising your creativity! Join us at the Marion Diehl Recreation Center on Saturday, December 3, 10:00 a.m. – 1:00 p.m. For more information or to register, contact [Karen.Howard@MecklenburgCountyNC.gov](mailto:Karen.Howard@MecklenburgCountyNC.gov) or 704.432.4325.



# Therapeutic Recreation Programs and Activities

## Adaptive Baseball:

Adaptive Baseball is an eight week program offered in the spring. Players will participate in a non-competitive atmosphere while demonstrating the basic skills of baseball, including: hitting, fielding, catching, base running, and throwing. Please contact Margot Howell, [margot.howell@mecklenburgcountync.gov](mailto:margot.howell@mecklenburgcountync.gov) to register.



## Bumper Bowlers:

This winter favorite is back for its third season! Youth spend 6 weeks learning how to bowl or improving their skills, with groups offered on Saturday mornings and weekday afternoons. Participants also have the chance to practice turn-taking and have fun cheering for their team!! Ramps are available for bowlers who are still developing upper body strength or have limited range of motion. For more information contact [Angela.Conti@MecklenburgCountyNC.gov](mailto:Angela.Conti@MecklenburgCountyNC.gov) or 704.432.4329.



## Paralympic Experience:

Challenge yourself to try new sports at the Paralympic Experience. The Paralympic Experience, a program of Mecklenburg County Park and Recreation's Paralympic Sport Club, offers sport opportunities for individuals with a physical disability or visual impairment. Sport demos and clinics will include: tandem cycling, boccia, swimming, adaptive kayak, goalball and more. For additional information, contact Jana McMullen at [Jana.McMullen@MecklenburgCountyNC.gov](mailto:Jana.McMullen@MecklenburgCountyNC.gov)



A program of Mecklenburg County Park and Recreation

## Band of Brothers:

Do you need a night out with the guys to relax and enjoy new activities? Come hang out with "Band of Brothers" every Wednesday night from 6-8pm. You can practice social skills, meet new people, enjoy community outings and develop positive relationships, all while enjoying some "guy time". For additional information contact Ariel Kliem at [Ariel.Kliem@MecklenburgCountyNC.gov](mailto:Ariel.Kliem@MecklenburgCountyNC.gov)



Don't forget to get on the mailing list so you can stay up to date!

Visit: <http://TR.Charmeck.org> to find out more about all the programs offered by Therapeutic Recreation. No matter what your age or what kinds of disability you may have, we have programs that are sure to keep you involved in the community and having fun.





## CULTURAL ARTS

### Art: Paint Without Brushes

Kids will enjoy getting creative with paint, while painting their own masterpieces. Pre-registration required! Parent guided class. For information, contact

MallardCreekRecreationCenter@MecklenburgCountyNC.gov at 704.548.8234

Ages 2 to 6 \$2

#### Mallard Creek Recreation Center

29297	Dec 7	W	10:00am to 11:00am
29298	Jan 4	W	10:00am to 11:00am
29299	Feb 1	W	10:00am to 11:00am

### Art: Sponge Painting

Get messy and creative with paint in this is a parent guided class. Clothing may get stained - dress appropriately. For more information contact

MallardCreekRecreationCenter@MecklenburgCountyNC.gov or 704.548.8234.

Ages 2 to 6 \$2

#### Mallard Creek Recreation Center

29302	Dec 12	M	10:00am to 11:00am
29304	Jan 9	M	10:00am to 11:00am
29305	Jan 23	M	10:00am to 11:00am
29306	Feb 13	M	10:00am to 11:00am
29307	Feb 27	M	10:00am to 11:00am

### Cookies and Crafts with Santa

Kids will enjoy making Christmas crafts, eating holiday cookies, reading the Night Before Christmas and having a special visit from Old Saint Nick!

Ages 2 to 6 \$2

#### Mallard Creek Recreation Center

29357	Dec 21	W	10:00am to 12:30pm
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### Cooking: Mini Chefs

Children will have fun getting messy while following recipes and creating healthy foods. Each child will leave with a recipe card. Parent participation required. For more information contact the Recreation Center listed.

Ages 3 to 6 \$4

#### Hickory Grove Recreation Center

29123	Dec 8	Th	10:30am to 11:30am
29125	Feb 9	Th	10:30am to 11:30am
29124	Jan 12	Th	10:30am to 11:30am

#### Mallard Creek Recreation Center

29312	Dec 15	Th	10:00am to 11:00am
29313	Dec 15	Th	11:15am to 12:15pm
29314	Jan 19	Th	10:00am to 11:00am
29315	Jan 19	Th	11:15am to 12:15pm
29316	Feb 16	Th	10:00am to 11:00am
29317	Feb 16	Th	11:15am to 12:15pm

### Dance: Ballet (Preschool)

You remember their first steps, she'll remember her first plie; your child will enjoy learning ballet. The Royal Academy of Dance syllabus is taught by a trained professional dancer. For more information or to register contact Amanda Sheppard at ukmiz@aol.com or call 704.542.5777.

Ages 3 to 5 \$40

#### Elon Recreation Center

29367	Ongoing	Tu & Th	3:00pm to 3:30pm
29368	Ongoing	Tu & Th	10:15am to 10:45am

### Dress Up Drama!

Learn the basics of acting through arts and crafts, activities. Follow each weeks theme by coming dressed in costumes for added fun. For more information, please contact Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934.

Ages 3 to 6 \$24

#### Berewick Recreation Center

28561	Jan 3-Feb 21	Tu	1:00pm to 2:00pm
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### Kids Dance Company: Mom and Me

A comfortable environment with Mom-perfect for beginning dancers! The class will focus on movement, coordination, balance, rhythm, stretching and kinetic skills all set to music. For more information please contact Patricia Brinson 704-299-2442.

All Ages \$25

#### Revolution Park Sports Academy

27620	Ongoing	M	10:00am to 11:00am
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#### West Charlotte Recreation Center

##### Mom & Me Dance

29117	Dec 6-Dec 27	Tu	11:00am to 12:00pm
29118	Jan 3-Jan 24	Tu	11:00am to 12:00pm

### Kids Kraft

Have fun learning and painting while making theme related crafts. For more information, contact the recreation center offering the program.

Ages 5 to 12 • **FREE** •

#### Tuckaseegee Recreation Center

29465	Ongoing	Th	10:00am to 11:00am
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### Krafty Kids

Have fun learning and painting while making theme related crafts. For more information, contact the recreation center offering the program.

Ages 4 to 6 \$3



#### Hickory Grove Recreation Center

29158	Dec 12	M	10:30am to 11:30am
29161	Jan 9	M	10:30am to 11:30am
29162	Feb 13	M	10:30am to 11:30am

#### Mallard Creek Recreation Center

29330	Dec 6	Tu	10:00am to 11:00am
29331	Dec 20	Tu	10:00am to 11:00am
29332	Jan 3	Tu	10:00am to 11:00am
29333	Jan 17	Tu	10:00am to 11:00am
29334	Feb 7	Tu	10:00am to 11:00am
29335	Feb 21	Tu	10:00am to 11:00am

## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on E-parks at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on page 5.*

Phone and web registration requires payment with Visa or MasterCard only.



# Pre-School Programs and Activities

## Little Diva Dance

Little Diva Dance is a ballet, tap and creative dance program designed to teach children a life-long love of movement and provide a foundation for all dance genres. Divas participate in a weekly session which includes ballet and tap technique, movement patterns and games, and dramatic play. For more information, visit [www.launchyourkids.com/little-diva-dance.htm](http://www.launchyourkids.com/little-diva-dance.htm) or email [hillaryfulgum@gmail.com](mailto:hillaryfulgum@gmail.com)

Ages 2 to 8 \$50  
**Berewick Recreation Center**  
 28633 Ongoing Th 6:00pm to 7:00pm  
**Tom Sykes Recreation Center**  
 28200 Ongoing M 5:00pm to 6:00pm

## Music Together of Charlotte

Ongoing Program: Experience the joy of sharing music with your child as you both learn to sing, dance and play instruments together. For more information, contact [musictogetherofofcharlotte@gmail.com](mailto:musictogetherofofcharlotte@gmail.com) or 704.449.6761.  
 Ages 8 mo to 5 yrs \$185  
**Tom Sykes Recreation Center**  
 28203 Ongoing Various Dates/Times

## Musical Exploration

Drop in and play various mini musical instruments. Parent involvement required.  
 Ages 6 to 8 \$1

**Hickory Grove Recreation Center**  
 29127 Ongoing Tu 2:00pm to 3:00pm

## RAY'S Jr. Explorers

Calling all kids for a learning adventure. Ray's education adventures will feature topics: weather/seasons, hibernating animals, and plant life. For more information contact [MallardCreekRecreationCenter@MecklenburgCountyNC.gov](mailto:MallardCreekRecreationCenter@MecklenburgCountyNC.gov) or 704.548.8234  
 Ages 2 to 4 \$2  
**Mallard Creek Recreation Center**  
 29737 Jan 6 F 10:00am to 11:00am  
 29738 Jan 13 F 10:00am to 11:00am  
 29739 Jan 20 F 10:00am to 11:00am  
 29740 Feb 3 F 10:00am to 11:00am  
 29741 Feb 10 F 10:00am to 11:00am  
 29742 Feb 17 F 10:00am to 11:00am

## EDUCATIONAL PROGRAMS

**SV Young Energetic Scholars**  
 Join other preschoolers as we explore games, fun, and arts & crafts together. Contact [Mary.Sampson@MecklenburgCountyNC.gov](mailto:Mary.Sampson@MecklenburgCountyNC.gov) or 704.392.7452.  
 Ages 3 to 5 • FREE •  
**Southview Recreation Center**  
 29684 Ongoing Tu 10:00am to 11:00am

## FITNESS AND WELLNESS

**Toddler Time**  
 Toddler Time is designed to keep children active and develop cognitive, social, physical and emotional learning styles. Preschoolers and parents will learn, explore and interact with age appropriate crafts. For more information contact [NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov](mailto:NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov) or 704.432.5231.  
 Ages 1 to 3 \$2  
**Naomi Drenan Recreation Center**  
 29565 Ongoing Tu 10:30am to 11:30am

## HOLIDAY ACTIVITIES

**Santa is Coming to Town**  
 The jolly one is making a stop at Ray's Playhouse. Join us for crafts, pictures and fun. For more information, contact [WallacePruittRecreationCenter@MecklenburgCountyNC.gov](mailto:WallacePruittRecreationCenter@MecklenburgCountyNC.gov) or 704.432.6775.  
 Ages 2 to 6 \$5  
**Wallace Pruitt Recreation Center**  
 28663 Dec 16 F 10:00am to 2:00pm

## SOCIAL ACTIVITIES

**MusicPups**  
 Moms and Children attend this unique music class together! Classes involve singing, playing instruments, dancing, stories and fun. This 45 minute, 8 week class includes a downloadable cd and sheet music. Please visit [www.MusicDiscoveryClass.com](http://www.MusicDiscoveryClass.com) to register. For more information contact [Kimberly.Golden@MecklenburgCountyNC.gov](mailto:Kimberly.Golden@MecklenburgCountyNC.gov) or 704.432.4934.  
 Ages 1 mo to 4 yrs \$130  
**Berewick Recreation Center**  
 28559 Ongoing F 10:30am to 11:30am

## Themed Play Activities

Parent participation required. Pre-Registration Required. Fee includes daily pass for Ray's Playhouse. For information contact [Shawn.Mccants@MecklenburgCountyNC.gov](mailto:Shawn.Mccants@MecklenburgCountyNC.gov) or 704.432.4811  
 Ages 3 to 6 \$4

**Hickory Grove Recreation Center**  
 Dinosaurs  
 29133 Feb 16 Th 10:30am to 11:30am  
**Winter Wonderland**  
 29136 Dec 15 Th 10:30am to 11:30am  
**Circuits/Electronics/Robotics**  
 29137 Jan 19 Th 10:30am to 11:30am

## Ray Play

A great way to make new friends and play with a variety of interactive, age-appropriate toys and games. Parental participation required.  
 Ages 2 to 6 \$2  
**Mallard Creek Recreation Center**  
 29348 Dec 8 Th 10:00am to 11:00am  
 29349 Dec 22 Th 10:00am to 11:00am  
 29350 Jan 12 Th 10:00am to 11:00am  
 29351 Jan 26 Th 10:00am to 11:00am  
 29352 Feb 9 Th 10:00am to 11:00am  
 29353 Feb 28 Tu 10:00am to 11:00am

**Sugaw Creek Recreation Center**  
 29775 Dec 6 Tu 10:00am to 12:00pm  
 29776 Dec 13 Tu 10:00am to 12:00pm  
 29777 Jan 10 Tu 10:00am to 12:00pm  
 29778 Jan 17 Tu 10:00am to 12:00pm  
 29779 Jan 24 Tu 10:00am to 12:00pm  
 29780 Jan 31 Tu 10:00am to 12:00pm  
 29781 Feb 14 Tu 10:00am to 12:00pm  
 29782 Feb 21 Tu 10:00am to 12:00pm

## Ray's Playhouse

Families are encouraged to interact and have fun in our Youth Activity Room. Enjoy age appropriate toys and get your child ready for school through play. Parent involvement required.  
 7 & Under \$1  
**Hickory Grove Recreation Center**  
 28820 Ongoing M-F 12:00pm to 5:00pm

## Tuck's Tots

Join other preschoolers as we explore games, fun, and arts and crafts together. For more information, contact [TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov](mailto:TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov) or 704.399.4492.  
 All Ages \$2  
**Tuckaseegee Recreation Center**  
 29524 Ongoing Tu 10:00am to 11:00am





# RAY'S PLAYHOUSE

What a cool place for pre-schoolers to visit or have a birthday party....

**5 great sites... different amenities...**

Visit and play, \$2.00, or rent the playroom for a party for \$41.00 per hour!



**Berewick Recreation Center**

5910 Dixie River Road  
Charlotte, NC 28278  
Phone: 704-432-4934

**Hickory Grove Recreation Center**

6709 Pence Road  
Charlotte, NC 28215  
704-432-4811



**Mallard Creek Recreation Center**

2530 Johnston-Oehler Road  
Charlotte, NC 28269  
704-548-8234

**Southview Recreation Center**

1720 Vilma Street  
Charlotte, NC 28208  
704-392-7452

**Wallace Pruitt Recreation Center**

440 Tuckaseegee Road  
Charlotte, NC 28208  
Phone: 704-432-6775

**\*VISIT OR CALL TODAY**  
**SOME TIME RESTRICTIONS APPLY!!!**



## 4-H

### 4-H Recreation Center Clubs

4-H program that exposes youth to science, social activities, civic and community service.

Ages 6 to 12 • **FREE** •

#### Hickory Grove Recreation Center

29146	Dec 8	Th	4:30pm to 6:00pm
29169	Jan 12	Th	4:30pm to 6:00pm
29170	Feb 9	Th	4:30pm to 6:00pm

#### Ivory Baker Recreation Center

29607	Jan 17-Jan 31	Tu	5:00pm to 6:00pm
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#### Club: 4-H Recreation Center Clubs

29608	Feb 7-Feb 21	Tu	5:00pm to 6:00pm
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### Club: 4-H Homeschool

Ongoing: Homeschool students will use the Treasures of 4-H curriculum and complete a variety of activities in areas of plants, animals, foods, citizenship, communications, leadership. For more information, contact

MarionDiehl@RecreationCenter@MecklenburgCountyNC.gov or 704.432.4332.

Ages 6 to 17 \$2

#### Marion Diehl Recreation Center

28604	Dec 2-Dec 30	F	11:00am to 1:00pm
28605	Jan 6-Feb 3	F	11:00am to 1:00pm
28606	Feb 3-Feb 24	F	11:00am to 1:00pm

## ATHLETICS

### Winter Break Basketball Skills Clinic

Come out and have fun with your peers while staying in shape. For more information contact

Derrick.Montgomery@MecklenburgCountyNC.gov or call 704.567.1941.

Ages 6 to 14 \$45

#### Albemarle Road Recreation Center

Stay in shape on your winter break. Come out and have fun with your peers while staying in shape. For more information contact

Derrick.Montgomery@MecklenburgCountyNC.gov or call 704.567.1941.

27600 Dec 19-Dec 22 M-Th 8:00am to 5:00pm

## CULTURAL ARTS

### Acting Workshops

Come learn the fundamentals and craft of acting/drama classes. For more information call 704-399-4492

Ages 8 to 16 • **FREE** •

#### Tuckaseegee Recreation Center

29404 Ongoing W 6:00pm to 8:00pm

### Art Adventures (Elementary)

Build the fundamentals of art awareness and learn the "language" of art. Explore drawing, painting, collage, and construction, designed around themes to develop your imagination and observation skills. Art Adventures meets the 1st and 3rd Tuesday of each month and pre-registration is required. For more information, contact

TomSykes@RecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 10 \$2

#### Tom Sykes Recreation Center

28222	Dec 6	Tu	2:45pm to 4:00pm
28223	Jan 3	Tu	2:45pm to 4:00pm
28224	Jan 17	Tu	2:45pm to 4:00pm
28225	Feb 7	Tu	2:45pm to 4:00pm

### Arts & Crafts 101

Make a variety of fun, creative and original artwork to be displayed. For more information, contact

Clarence.Johnson4@MecklenburgCountyNC.gov or 704.504.5433.

Ages 8 to 11 \$3

#### Winget School Recreation Site

28568	Dec 14	W	4:30pm to 5:30pm
28569	Jan 11	W	4:30pm to 5:30pm
28570	Feb 8	W	4:30pm to 5:30pm
28681	Dec 15	Th	4:00pm to 5:00pm
28682	Feb 13	M	4:00pm to 5:00pm

### Ballet Dance Classes

Come mesmerize yourself and get fit through the art of dance! Includes the styles of Ballet. Contact Stacie Smith at 704-975-7736

All Ages • **FREE** •

#### Tuckaseegee Recreation Center

29407 Ongoing Tu 6:00pm to 8:00pm

### Broadway SuperStar Actors

Participants will learn the basics of acting through activities, arts and crafts, and theatre games. The class will write the script and give a performance on the last night for family members. For more information, contact

Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934.

Ages 7 to 11 \$36

#### Berwick Recreation Center

28562 Ongoing M 5:30pm to 6:30pm

### Cheer: Young Champions

Children will learn the basics and improve their current skills of cheer, dance, and stunts. For information contact Young Champions at 1.877.313.6893.

Ages 4 to 18 \$7/\$8

#### Berwick Recreation Center

28524 Ongoing Th 5:45pm to 9:00pm

#### Mallard Creek Recreation Center

29309 Ongoing Tu 6:00pm to 8:30pm

### Dance School: KDK On The Road -

Offering a variety of dance classes consisting of jazz, ballet, lyrical, hip hop and tap for all ages and genders. For more information/registration, contact

Patricia Brinson at 704.299.2442.

Ages 3 to 5 \$5

#### Berwick Recreation Center

28627 Ongoing M 5:00pm to 6:00pm

#### Hickory Grove Recreation Center

28023 Ongoing Tu 6:00pm to 8:00pm

## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on Epark at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on page 5.*

Phone and web registration requires payment with Visa or MasterCard only.



# Elementary Programs and Activities



## Dance: Ballet (Elementary)

You remember their first steps, she'll remember her first plie; your child will enjoy learning ballet. The Royal Academy of Dance syllabus is taught by a trained professional dancer. For more information or to register contact Amanda Sheppard at ukmiz@aol.com or call 704.542.5777. Ages 5 to 7 \$40

### Elon Recreation Center

29361 Ongoing Th 3:30pm to 4:15pm

## Dance: Hip Hop Dance

This class is designed to promote coordination, confidence, artistic expression and physical fitness through the development of rhythmical awareness and dance education. For information contact Young Champions of America at 1.888.655.9404 or 919.535.8304 Ages 4 to 14 \$7

### Hickory Grove Recreation Center

27735 Ongoing W 5:30pm to 8:00pm  
Mallard Creek Recreation Center  
29318 Ongoing W 6:00pm to 9:00pm

## Dance: Making a Difference Everywhere (M.A.D.E.)

Ongoing: M.A.D.E. - Making A Difference Everywhere, cheer and dance provides fun, structured classes that will help your child learn the basics of ballet, tap, hip-hop, jazz and cheer. Financial aid available. For more information, contact Eisha Williamson at madecheerdance@hotmail.com or 704.333.4062. Ages 3 to 15 \$5

### Elon Recreation Center

29370 Ongoing Th 5:30pm to 7:30pm

### Thomasboro School Recreation Site

29572 Ongoing M 6:00pm to 8:00pm

### Tom Sykes Recreation Center

28197 Ongoing W 6:00pm to 8:30pm

## EDUCATIONAL PROGRAMS

### Etiquette Classes

Instruction on common courtesy, table manners, telephone and text etiquette, chivalry, health & hygiene, avoiding rude behavior, peer pressure & good sportsmanship. For more information, contact IvoryBaker@MecklenburgCountyNC.gov or 704.432.4580. Ages 8 and older \$12

### Ivory Baker Recreation Center

29623 Ongoing M 5:00pm to 6:00pm

### Homeschool: The Scoop

Ongoing: Homeschool group that meets on Mondays. For more information please contact Missy Willis at missywillis@live.com

Ages 6 to 13 \$17.50 /\$35

### Elon Recreation Center

29377 Ongoing M 10:00am to 2:00pm

## SV Academy of Achievers (Elem)

Join us for activities that will encourage academic growth and achievement. For more information, contact Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 6 to 11 • FREE •

### Southview Recreation Center

27125 Feb 16 W 5:30pm to 7:00pm

## FITNESS AND WELLNESS

### Martial Arts: Young Champions

Students are invited to learn martial arts and self-defense with Young Champions. For more information contact Young Champions at 1.877.313.6893. Ages 4 to 18 \$7/\$8

### Berewick Recreation Center

28528 Ongoing Sa 11:45am to 2:00pm

### Colonel Francis Beatty Park

24839 Ongoing Tu 5:15pm to 8:30pm

### Mallard Creek Recreation Center

29345 Ongoing Th 6:00pm to 8:30pm

## SCHOOL DAY OUT (CMS)

### Cool Day

Boys and girls ages 8-13 are invited to have a blast with us when CMS schools are out! Activities are different each day. Bring a lunch and snack. Pre & Post camp supervision is available free of charge with advance notice. Contact Laura Turnage 704.336.7853 .

Ages 8 to 13 \$30

### Mecklenburg County Aquatic Center

#### Snow Tubing

28839 Jan 20 F 8:30am to 4:30pm

### Out of School - PLAY Days

We're offering a variety of activities on CMS Out of School days to keep participants moving and engaged. Fun activities may include sports, games, social time, and fitness.

Ages 6 to 11 \$20

### Berewick Recreation Center

28615 Dec 19 M 9:00am to 5:00pm

28616 Dec 20 Tu 9:00am to 5:00pm

28617 Dec 21 W 9:00am to 5:00pm

28618 Jan 16 M 9:00am to 5:00pm

28619 Jan 23 M 9:00am to 5:00pm

28620 Feb 20 M 9:00am to 5:00pm

### Hickory Grove Recreation Center

#### Out of School - Young Men of Standard Leadership

29121 Feb 20-Feb 21 M-Tu 8:00am to 6:00pm

#### Out of School - PLAY Days

29122 Jan 23 M 8:00am to 6:00pm

### 3-on-3 Basketball Tourney

Co-Ed Hoop It UP style tournament during the school day out for teams. No more than 4 players. For more information, contact 704.432.6455

Ages 8 to 16 • FREE •

### Methodist Home Recreation Center

29198 Jan 23 M 12:00pm to 3:00pm

## Play the Day Away

Schools out and all we want to do is play. We will enjoy arts and crafts, games, adventures and more. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 \$20

### Tom Sykes Recreation Center

28535 Dec 27 Tu 9:00am to 5:00pm

28536 Dec 28 W 9:00am to 5:00pm

28537 Dec 29 Th 9:00am to 5:00pm

28538 Dec 30 F 9:00am to 5:00pm

28539 Jan 16 M 9:00am to 5:00pm

28540 Jan 23 M 9:00am to 5:00pm

28541 Feb 20 M 9:00am to 5:00pm

28542 Feb 21 Tu 9:00am to 5:00pm

## Winter Break: Bowling Trip

Young bowlers will join in on the fun during a field trip to AMF University Lanes. Fees includes bowling, pizza, drink and shoe rental. Pre-registration is required due to limited van capacity. For more info, contact Alvis James at 704.432.2924 or

Alvis.James@MecklenburgCountyNC.gov

Ages 8 to 12 \$5

### Martin Luther King School Recreation Site

28392 Dec 28 W 12:00pm to 3:00pm

## SOCIAL ACTIVITIES

### Bright Blessing Party

Salvation Army brings the simple childhood joy of birthday parties to homeless children, giving them a sense of recognition and value for their special day. Those with birthdays in that month are celebrated. Party themes offer a wide variety of hands-on educational and enrichment activities. For more information, contact

NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5321.

Ages 6 to 12 • FREE •

### Naomi Drenan Recreation Center

29645 Dec 6 Tu 6:00pm to 8:00pm

29646 Jan 3 Tu 6:00pm to 8:00pm

29647 Feb 7 Tu 6:00pm to 8:00pm

## Building Blocks

Learn building engineering in a fun and creative way. Parent participation required. Pre-Registration Required. For more information, contact Shawn.McCants@MecklenburgCountyNC.gov or 704.432.4811.

Ages 5 to 8 \$2

### Hickory Grove Recreation Center

29147 Dec 6 Tu 4:15pm to 5:15pm

29148 Dec 13 Tu 4:15pm to 5:15pm

29149 Dec 20 Tu 4:15pm to 5:15pm

29150 Feb 14 Tu 4:15pm to 5:15pm

29151 Feb 28 Tu 4:15pm to 5:15pm

29601 Dec 6 Tu 2:00pm to 3:00pm

29602 Dec 13 Tu 2:00pm to 3:00pm

29603 Dec 20 Tu 2:00pm to 3:00pm

29604 Feb 14 Tu 2:00pm to 3:00pm

29605 Feb 28 Tu 2:00pm to 3:00pm

## Fantastic Fridays

We will kick back and relax and just play. Bring your friends and gear up for an afternoon of fun and excitement. Pre-registration is required. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 \$5

### Tom Sykes Recreation Center

28242 Jan 27 F 2:45pm to 5:00pm

28243 Feb 24 F 2:45pm to 5:00pm

## Gaming: Interactive Fitness Gaming

Challenge your coordination, balance and physical fitness as you compete in the latest sports and fitness games.

Ages 11 to 16 • FREE •

### Sugaw Creek Recreation Center

29807 Jan 16 M 11:00am to 1:00pm

### Winget School Recreation Site

28564 Jan 18 W 4:00pm to 5:30pm

## Girl Scouts

Scouting helps girls develop their full individual potential, relate to others with increasing understanding, skill, and respect. It develops values to guide actions and provide the foundation for sound decision-making as well as contributes to the improvement of society using their abilities, leadership skills, and cooperation with others.

Ages 5 to 12 • FREE •

### Berewick Recreation Center

29747 Ongoing W 5:00pm to 6:30pm

### Winget School Recreation Site

28560 Ongoing W 6:00pm to 7:00pm

## Interactive Gaming

Sharpen your skills through interactive video games including the latest games. Interactive Gaming meets the 1st and 3rd Thursdays of the month and requires pre-registration. For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

Ages 5 to 12 \$1

### Tom Sykes Recreation Center

28226 Dec 1 Th 2:45pm to 5:00pm

28227 Dec 15 Th 2:45pm to 5:00pm

28228 Jan 5 Th 2:45pm to 5:00pm

28229 Jan 19 Th 2:45pm to 5:00pm

28230 Feb 2 Th 2:45pm to 5:00pm

28231 Feb 16 Th 2:45pm to 5:00pm

## Lego Engineering

Learn by making and developing creative, social and expressive skills. We will work together to build cool projects. Lego Engineering meets the 2nd and 4th Tuesdays of the month and requires pre-registration.

For more information, contact TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 10 \$2

### Tom Sykes Recreation Center

28212 Dec 13 Tu 2:45pm to 4:00pm

28213 Jan 10 Tu 2:45pm to 4:00pm

28214 Jan 24 Tu 2:45pm to 4:00pm

28215 Feb 14 Tu 2:45pm to 4:00pm

28216 Feb 28 Tu 2:45pm to 4:00pm

28217 Dec 13 Tu 4:45pm to 5:45pm

28218 Jan 10 Tu 4:45pm to 5:45pm

28219 Jan 24 Tu 4:45pm to 5:45pm

28220 Feb 14 Tu 4:45pm to 5:45pm

28221 Feb 28 Tu 4:45pm to 5:45pm

## Sizzling Sports Afternoons!

Participants will have fun learning the basics of a different sport, we will offer soccer, football, basketball, and some non-traditional sports. This program meets the 2nd and 4th Thursdays of the month and pre-registration is required. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4806.

Ages 5 to 12 \$5

### Tom Sykes Recreation Center

28233 Dec 8 Th 2:45pm to 5:00pm

28234 Jan 12 Th 2:45pm to 5:00pm

28235 Jan 26 Th 2:45pm to 5:00pm

28236 Feb 9 Th 2:45pm to 5:00pm

28237 Feb 23 Th 2:45pm to 5:00pm

# Spotlight: Youth Sports

Mecklenburg County Park and Recreation Department encourages and promotes inclusive leisure experiences in all of our programs, activities and sports. Inclusive leisure experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together with dignity. It also provides an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Inclusion enhances individuals' potential for full and active participation in leisure activities and experiences.

## YOUTH BASEBALL & TEE BALL

### REGISTRATION PERIOD:

Jan 31 – Feb 25 (Limited Spots Available)

**FEES:** \$65

### AGE DIVISIONS:

4-6, 7-8, 9-10, 11-12

(Age as of August 1, 2011)

### REGISTRATION:

Visit any recreation center and register on site, call 311 (outside Mecklenburg County dial 704.336.7600) or visit us online at [www.parkandrec.com/activities/athletics/baseball](http://www.parkandrec.com/activities/athletics/baseball).



All leagues are recreational and players compete in 2-year age groups. \$65 fee includes playing time, uniform and trophy. Call 311 for team and registration information.

## TRACK AND FIELD

### REGISTRATION PERIOD:

Jan 31 – Feb 25 (Limited Spots Available)

**FEES:** \$65

### REGISTRATION:

Contact Anthony James at 704.432.4963 or email Anthony James for more information.

The "Win with Integrity" Track and Field program is a partnership between Mecklenburg County Park and Recreation, USA Track & Field and The Charlotte Flights that is designed to use training and competition to:

Expose participants to proper mechanics and advanced techniques. Promote healthy choices, physical fitness and overall wellness

### COMPETITION DATES FOR THE 2011 SEASON:

Saturday, April 2nd

Saturday, April 9th

Saturday, April 16th

Saturday, April 30th

Saturday, May 7th (Championship Saturday @ Wadell High School)

Friday, May 13 (Hershey Track & Field Local Meet)

Meets are held at the Irwin Belk Track Complex located on the campus of Johnson C. Smith University adjacent to I-277 & I-77. The track complex is proudly supported by a partnership between Irwin Belk, Johnson C. Smith University and the Mecklenburg County Park and Recreation Department.

The Facility is open to the public and available for casual and competitive citizens who enjoy walking, running or practicing track and field events.

*\*The JCSU track is open daily from 8:00am to dusk.*





## AFTER SCHOOL PROGRAMS

### 21st Century Afterschool Program

This program supports the creation of community learning centers that provide academic enrichment opportunities during non-school hours for children. For more information please contact ckspoon@carolina.rr.com or 704.264.4763.

Ages 5 to 14 • **FREE** •

#### Albemarle Road Recreation Center

28588 Dec 5-Dec 26 M 3:00pm to 6:00pm

### Greater Enrichment After School Program

Private: Designed to provide participants with an atmosphere where they can focus on their school work and get academic support from tutors through the Greater Enrichment Program. For More Information contact, Bronica Glover 704.334.8518

Ages 11 to 13 • **FREE** •

#### Wallace Pruitt Recreation Center

28653 Dec 1-Dec 30 Th-F M-Th 3:30pm to 6:00pm

28654 Jan 2-Jan 31 M-F 3:30pm to 6:00pm

28655 Feb 1-Feb 29 W-F, M-W 3:30pm to 6:00pm

## ATHLETICS

### Basketball: Instructional Clinics

Participants will gain the optimal skill set and athletic ability to be able to perform at their highest potential no matter the sport! For more information, contact Scotty10scott@aim.com, 704.287.2755 or www.scottcreations.net

Ages 13 to 19 \$20

#### Marion Diehl Recreation Center

##### Scotty Scott Who Got Game?

29761 Dec 11-Dec 25 Su 1:33pm to 3:33am

29764 Jan 8-Jan 29 Su 1:33pm to 3:33am

29765 Feb 5-Feb 26 Su 1:33pm to 3:33am

## CULTURAL ARTS

### MeckTeen Chefs

Enjoy culinary lessons to explore world cuisine and history. For more information, contact Tari.Turner@MecklenburgCountyNC.gov or 704.432.0061

Ages 11-17 \$15

#### Southview Recreation Center

29702 Jan 30 M 6:00pm to 8:30pm

29703 Feb 6 M 6:00pm to 8:30pm

29704 Feb 13 M 6:00pm to 8:30pm

29705 Feb 20 M 6:00pm to 8:30pm

29706 Feb 27 M 6:00pm to 8:30pm

29707 Mar 5 M 6:00pm to 8:30pm

29708 Mar 12 M 6:00pm to 8:30pm

29710 Mar 19 M 6:00pm to 8:30pm

### Write Your Wrongs

Youths are encouraged to voice themselves through creative writing, poetry, or song. They also learn to recognize internal and external obstacles and how to deal with it in a positive manner. For more information, contact

NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 12 to 18 \$3

#### Naomi Drenan Recreation Center

29562 Dec 1-Dec 22 Th 6:00pm to 7:30pm

29563 Jan 5-Jan 26 Th 6:00pm to 7:30pm

29564 Feb 2-Feb 23 Th 6:00pm to 7:30pm

### Cheer & Dance: Young Champions

Children will learn the basics and improve their current skills of cheer, dance, and stunts during this 17 week session with Young Champions. For more information contact Young Champions at 1.877.313.6893.

Ages 5 to 17 \$8 /\$6

#### Albemarle Road Recreation Center

29428 Dec 1 Th 6:00pm to 8:00pm

29429 Dec 8 Th 6:00pm to 8:00pm

29430 Dec 15 Th 6:00pm to 8:00pm

29431 Dec 29 Th 6:00pm to 8:00pm

### Dance: Sky Hy Step and Drill Team

Ongoing: March, dance and drum with the beat of learning discipline, self esteem and competitive fun. For more information contact Coach Whitehead at 980.297.1790.

Ages 5 to 17 \$25

#### Albemarle Road Recreation Center

##### Sky Hy Step and Drill Team

29436 Dec 6-Dec 27 Tu 6:00pm to 7:00pm

### Step: Ivory Baker Steppers Club

Ongoing: Students will increase physical fitness, flexibility and coordination through step and dance routines. For more information, contact IvoryBakerRecreationCenter@MecklenburgCountyNC.gov or at 704.432.4580.

Ages 12 to 16 • **FREE** •

#### Ivory Baker Recreation Center

29626 Dec 3-Dec 17 Sa 12:00pm to 2:00pm

29627 Jan 7-Jan 28 Sa 12:00pm to 2:00pm

29628 Feb 4-Feb 25 Sa 12:00pm to 2:00pm



## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on Eparks at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed. **COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on page 5.*

Phone and web registration requires payment with Visa or MasterCard only.





# Teen Programs and Activities

## EDUCATIONAL PROGRAMS

### Boys to Men

Ongoing. Designed to teach young men how to make positive decisions and obtain strong leadership skills. For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1532.

Ages 8 to 18 • **FREE** •

#### Arbor Glen Outreach Center

29858	Dec 1	Th	6:00pm to 7:30pm
29859	Dec 8	Th	6:00pm to 7:30pm
29860	Dec 15	Th	6:00pm to 7:30pm
29861	Dec 22	Th	6:00pm to 7:30pm
29862	Dec 29	Th	6:00pm to 7:30pm
29863	Jan 5	Th	6:00pm to 7:30pm
29864	Jan 12	Th	6:00pm to 7:30pm
29865	Jan 19	Th	6:00pm to 7:30pm
29866	Jan 26	Th	6:00pm to 7:30pm
29867	Feb 2	Th	6:00pm to 7:30pm
29868	Feb 9	Th	6:00pm to 7:30pm
29869	Feb 16	Th	6:00pm to 7:30pm
29870	Feb 23	Th	6:00pm to 7:30pm

### Girlz Link

Mentoring, tutoring and workshops promoting education and self preservation for young girls.

Ages 11 to 15 • **FREE** •

#### Methodist Home Recreation Center

27994	Dec 3	Sa	12:00pm to 2:00pm
27995	Dec 17	Sa	12:00pm to 2:00pm
27996	Jan 7	Sa	12:00pm to 2:00pm
27997	Jan 21	Sa	12:00pm to 2:00pm
27998	Feb 4	Sa	12:00pm to 2:00pm
27999	Feb 18	Sa	12:00pm to 2:00pm

### YEA GOD

Weekly celebration of learning, exploration, and decision making for young women. Instructor lead. For more information, contact Nikole.Simmons@MecklenburgCountyNC.gov or 704.432.5231.

Ages 10 to 16 • **FREE** •

#### Naomi Drenan Recreation Center

29720	Dec 7-Dec 28	W	5:30pm to 7:30pm
29721	Jan 4-Jan 25	W	5:30pm to 7:30pm
29722	Feb 1-Feb 22	W	5:30pm to 7:30pm

## FITNESS AND WELLNESS

### Karate with Master Dukes

Ongoing: Have fun learning the basic skills, techniques and discipline of karate. Classes are conducted by trained instructors. For more information, contact Ernest Dukes at materdukes@juno.net or 704.796.8902.

Ages 13+ \$50

#### Tom Sykes Recreation Center

28209	Dec 1-Dec 16	Th-F	M-Tu	6:00pm to 8:00pm
28210	Jan 2-Jan 31	M-Tu, Th-F		3:00pm to 4:00pm
28211	Feb 2-Feb 28	Th-F, M-Tu		6:00pm to 8:00pm

### Teen Fitness Class

Ongoing: Challenging all teens to get fit and boost a healthy lifestyle with weight training and cardio equipment. For more information, contact WestCharlotteRecreationCenter@MecklenburgCountyNC.gov or 704.393.1560.

Ages 13+ • **FREE** •

#### West Charlotte Recreation Center

28794	Dec 5-Dec 19	M & W	4:00pm to 5:00pm
28795	Jan 4-Jan 30	M & W	4:00pm to 5:00pm
28796	Feb 1-Feb 29	M & W	4:00pm to 5:00pm

### We Rock Wednesdays!

Ongoing class. Bring your teens out for a night of fun! We will have pool tables, air hockey, foosball, board games, cards, movies, music and more.

Ages 12-18 • **FREE** •

#### Bette Rae Thomas Recreation Center

29923	Dec 7-Dec 28	W	7:00pm to 8:30pm
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### Jump Xtreme

Our jump program emphasizes building self-confidence in children while teaching the importance of teamwork and developing healthy habits through the sport of jump rope. For more information, contact Nikole.Simmons@MecklenburgCountyNC.gov or 704.432.5231.

Ages 5 to 16 • **FREE** •

#### Naomi Drenan Recreation Center

29616	Dec 1-Dec 22	Th	5:15pm to 6:15pm
29618	Jan 5-Jan 26	Th	5:15pm to 6:15pm
29619	Feb 2-Feb 23	Th	5:15pm to 6:15pm

### Martial Arts: Young Champions (Middle School)

Ongoing: Students are invited to learn martial arts and self-defense through this 16 week session with Young Champions. For more information contact Young Champions at 1.877.313.6893.

Ages 5 to 17 \$8/\$6

#### Albemarle Road Recreation Center

29487	Dec 6	Tu	6:00pm to 8:00pm
29488	Dec 13	Tu	6:00pm to 8:00pm
29490	Dec 27	Tu	6:00pm to 8:00pm
29489	Dec 20	Tu	6:00pm to 8:00pm

## SCHOOL DAY OUT (CMS)

### Winter Break: Hip Hop Holiday

Includes an introduction to Hip Hop, activities at the recreation center, a visit to the library as well as trips to Mecklenburg County parks. For more information, contact

WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 6 to 12 \$10

#### Wallace Pruitt Recreation Center

29300	Dec 19-Dec 23	M-F	9:00am to 5:00pm
29301	Dec 28-Dec 30	W-F	9:00am to 5:00pm

### MeckTeens Ski Trip

ROAD TRIP!!! to the mountains. Enjoy your day out of school in the fresh air, skiing and snowboarding with food and more. Price includes skiing or snowboarding. \$25 extra for clothing rental. For more information, contact

Tari.Turner@MecklenburgCountyNC.gov at 704.432.0061

Ages 11 to 17 \$65

#### Southview Recreation Center

29996	Jan 16	M	6:00am to 6:00pm
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## SKATE PARK PROGRAMS

### School Out Skate

No better way to let loose on a day with no school. Come and bring your skateboard, lunch, and prepare to have a good time. For more information contact KobeyehRiley@MecklenburgCountyNC.gov or 704.432.5231.

Ages 8 to 16 \$45

#### Grayson SkatePark

29848	Jan 23	M	10:00am to 5:00pm
29849	Feb 20	M	10:00am to 5:00pm
29850	Feb 21	Tu	10:00am to 5:00pm

## SOCIAL ACTIVITIES

### Girl Spirit Foundation of America

Ongoing: This program is for girls and is designed to build character and develop leadership skills. Join the fun with our girl talk session, field trips, special events and more. For more information, contact AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 7 to 17 • **FREE** •

#### Albemarle Road Recreation Center

29446	Dec 2-Dec 23	F	6:00pm to 8:00pm
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### Teen Date Night

Participants will enjoy a night of supervised fun with games, snacks and fun activities in a safe environment. For more information, contact Ivory Baker Recreation Center at IvoryBakerRecreationCenter@MecklenburgCountyNC.gov Ages 13 to 16 \$5

#### Ivory Baker Recreation Center

29638	Jan 6	F	6:00pm to 9:00pm
29639	Feb 3	F	6:00pm to 9:00pm

### Teens In Action

Recreate, take field trips, do community service, and discuss college and technical schools. For more information, contact

Clarence.Johnson4@MecklenburgCountyNC.gov or 704.504.5433.

Ages 12 to 15 • **FREE** •

#### Winget School Recreation Site

28566	Feb 25	Sa	9:00am to 2:00pm
28567	Jan 14	Sa	9:00am to 2:00pm

### Venturing

Ongoing: The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetime by instilling in them the values of the Scout Oath and Law. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

#### Wallace Pruitt Recreation Center

28657	Dec 5-Dec 26	M	6:00pm to 7:00pm
28658	Jan 2-Jan 30	M	6:00pm to 7:00pm
28659	Feb 6-Feb 27	M	6:00pm to 7:00pm

### Boy Scouts

Ongoing: The mission of the Boy Scouts of America and the Mecklenburg County Council is to prepare young people to make ethical choices over their lifetime by instilling in them the values of the Scout Oath and Law. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 10 to 18 • **FREE** •

#### Wallace Pruitt Recreation Center

28644	Dec 1-Dec 29	Tu & Th	6:00pm to 7:00pm
28645	Jan 3-Jan 31	Tu & Th	6:00pm to 7:00pm
28646	Feb 2-Feb 28	Tu & Th	6:00pm to 7:00pm

### Club: D.I.V.A.S Step Team

Ongoing: A female mentoring and step team, fun trips, and educational activities. For more information, contact

TuckaseegeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

Ages 11 to 15 • **FREE** •

#### Tuckaseege Recreation Center

29432	Dec 5-Dec 28	M & W	6:00pm to 8:00pm
29433	Jan 2-Jan 25	M & W	6:00pm to 8:00pm
29434	Feb 1-Feb 29	M & W	6:00pm to 8:00pm

### Drug Abuse prevention

Help teens develop critical thinking skills, decision making skills, and other useful methods to prevent drug use, and abuse. For more information contact NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 10 to 16 • **FREE** •

#### Naomi Drenan Recreation Center

29733	Jan 2-Jan 26	M & Th	6:30pm to 7:30pm
29734	Feb 2-Feb 27	Th, M	6:30pm to 7:30pm

### S.M.A.R.T Girls Mentoring

Come be a part of a positive girls mentoring group. Discuss issues and have lots of fun. Call 704.399.3911 for more information.

Ages 10 to 14 • **FREE** •

#### Thomasboro School Recreation Site

29575	Dec 3-Dec 24	Sa	10:00am to 2:00pm
29576	Jan 7-Jan 28	Sa	10:00am to 2:00pm
29577	Feb 4-Feb 25	Sa	10:00am to 2:00pm

### Teen Scene

Ongoing: An opportunity to socialize with friends while you play Wii, ping pong, board games, cards, shoot hoops and more. For more information, contact Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934.

Ages 11 to 14 • **FREE** •

#### Berewick Recreation Center

29698	Dec 16	F	6:00pm to 8:00pm
29700	Jan 20	F	6:00pm to 8:00pm
29701	Feb 17	F	6:00pm to 8:00pm

### Teen Summit

Empowering teens to resolve teen issues. Teen driven with professional speakers, skits, drama presentations, contests, talent show, with door prizes, food, and vendors. For more information, contact Tari.Turner@MecklenburgCountyNC.gov or 704.432.0061

Ages 11 to 17 • **FREE** •

#### Southview Recreation Center

29717	Dec 8	Th	5:30pm to 7:30pm
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### Teen Zone

Come and experience the ZONE, an oasis that features a LCD flat screen TV for games, PS2, Wii and other fun & exciting entertainment. For more information, contact Shawn.McCants@MecklenburgCountyNC.gov at 704.432.4811

Ages 12 to 16 • **FREE** •

#### Hickory Grove Recreation Center

29154	Dec 2	F	6:00pm to 7:30pm
29155	Feb 3	F	6:00pm to 7:30pm
29156	Jan 6	F	6:00pm to 7:30pm







## ATHLETICS

### Adult Volleyball

Participants will learn the basic fundamentals and current techniques of volleyball, as well as more advanced strategies to become a more successful, confident and stronger player. For more information contact MarionDiehlRecreationCenter@MecklenburgCountyNC.gov or 704.432.0237.

Ages 18 and Older \$2/\$1

**Marion Diehl Recreation Center**

28598 Ongoing M & F 6:00pm to 8:00pm

### Lunch Time Basketball

Escape from work during lunch to relax and play a little hoops. For more information, contact MarionDiehlRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 18 and older \$2

**Naomi Drenan Recreation Center**

29415 Ongoing M-F 11:00am to 1:00pm

## EDUCATIONAL PROGRAMS

### Academic Achievers - College

Designed for students who would like structured academic support in order to achieve their very best. Ages 18 to 21 • **FREE** •

**Methodist Home Recreation Center**

27972 Ongoing Tu & Th 4:30pm to 5:30pm

### Computer Classes

Classes will cover basic computer introduction to Microsoft Work, using the application tool bar menu, open, edit and saving a file, inserting a file, Internet, setting up e-mail account, managing an e-mail account, attaching and sending files through e-mail. For more information, contact

BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.432.3048

Ages 18 and older \$5

**Bette Rae Thomas Recreation Center**

29918 Jan 10-Feb 14 Tu 6:00pm to 7:15pm

29919 Feb 21-Mar 27 Tu 6:00pm to 7:15pm

### Bridge Lessons

Want to learn a new challenging card game and meet great people? Join the fun and learn to play bridge. For information contact Mary F. Johnson at 704.236.8584 or e-mail mf.johnson3@yahoo.com

Ages 18 and older • **FREE** •

**West Charlotte Recreation Center**

28975 Ongoing Th 10:00am to 12:00pm

### Women With Willpower (WWW)

Women will meet weekly to gain the skills and training necessary to become powerful women. Topics include Financial Advising, Healthy Relationships, Computer Skills, Resume Writing and MORE! For more information, contact Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 18 and older • **FREE** •

**Southview Recreation Center**

29687 Ongoing W 6:00pm to 7:00pm

## CULTURAL ARTS

### International Cooking Club

Club members share food, recipes and cultural experiences. Classes are every 3rd Friday of each month. For more information, contact WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 18 and older • **FREE** •

**Wallace Pruitt Recreation Center**

29308 Dec 16 F 6:00pm to 8:00pm

29372 Jan 20 F 6:00pm to 8:00pm

29374 Feb 17 F 6:00pm to 8:00pm

### Sewing Classes

Start off right and learn to sew the correct way. If you have no experience or need a refresher, then these classes are perfect for you. For more information, contact Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934.

Ages 18 and Older \$35

**Berewick Recreation Center**



## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on Eparkes at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on page 5.*

Phone and web registration requires payment with Visa or MasterCard only.



# Adult Programs and Activities

## Sewing Workshop: Holiday Gifts

28670 Dec 10 Sa 10:00am to 1:00pm

## Sewing Workshop: Holiday Around the House

28671 Dec 3 Sa 10:00am to 1:00pm

## Sewing Workshop: Simple Skirt

28672 Jan 22 Su 1:30pm to 3:30pm

28673 Feb 5 Su 1:30pm to 3:30pm

## Sewing Workshop: Pillows

28674 Jan 15 Su 1:30pm to 3:30pm

28675 Jan 29 Su 1:30pm to 3:30pm

## Sewing Level 1

28676 Jan 7-Jan 21 Sa 10:00am to 11:30am

28677 Feb 4-Feb 25 Sa 10:00am to 11:30am

## Sewing Level 3

28678 Jan 7-Jan 28 Sa 11:30am to 1:45pm

## Sewing Level 4

28679 Feb 4-Feb 25 Sa 11:30am to 1:45pm

## FITNESS AND WELLNESS

### Adult Health and Fitness

2 Cups of CARDIO, a Fluid of FLEXIBILITY and a Heaping spoonful of HEALTH equals a recipe for fitness fun. Join us in creating a better you.

Ages 18 and older \$3

### West Charlotte Recreation Center

#### Operation Fit 4 the Holidays

28833 Dec 6-Dec 29 Tu & Th 6:00pm to 6:45pm

#### Melt Down Mondays

28834 Dec 5-Dec 19 M 6:00pm to 6:45pm

#### Lose Weight and Feel Great

28835 Jan 3-Jan 9 Tu-Th,M 6:00pm to 6:45pm

#### Cardio Blast

28836 Feb 2-Feb 28 Tu & Th 6:00pm to 6:45pm

### Aerobics: DanceOut Megamix

DanceOut involves fun, easy to follow, hot dance moves from all different styles of dance and movement, including Hip Hop, Pop, Latin, Reggae, African, Belly, Swing & Martial Arts to give you a cardio workout that feels more like a party than a workout! For more information, contact info@queencitydancing.com or 704.999.4071.

Ages 18 and older \$8

### Tom Sykes Recreation Center

24663 Ongoing M 7:00pm to 8:30pm

### Aerobics: DanceOut!

Making the vital connection between fitness and fun, our classes feel more like a party than a workout. We combine the best parts of dancing and fitness to deliver a high-energy, body toning and fat burning experience that leaves your whole spirit invigorated! All fitness and dance levels welcome. For more information, contact

Angie@queencitydancingqueen.com or 704.526.8845 or visit QueenCityDancingQueen.com.

Ages 18 and Older \$10

### Berewick Recreation Center

29709 Ongoing M & W 5:30pm to 7:00pm

### Tom Sykes Recreation Center

24669 Ongoing F 5:45pm to 7:00pm



### Aerobics: Nia

Nia is a sensory-based movement practice that leads to health, wellness, and fitness. It empowers people of all shapes and sizes by connecting the body, mind, emotions, and spirit. Classes are taken barefoot to soul-stirring music. Step into your own joyful journey with Nia, and positively shape the way you feel, look, think, and live. For more information, contact Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934

Ages 18 and Older \$8

### Berewick Recreation Center

28666 Ongoing Tu 6:30pm to 7:30pm

### Aerobics: N'Shape with 'N

Funky Fit is dance based aerobics that puts emphasis on fun. You will also receive fitness and nutrition tips. For more information, contact Nettie Reeves at 704.334.4848 or visit nshapewithn.com

Ages 18 and older \$5

### Wallace Pruitt Recreation Center

28640 Ongoing Tu & Th 6:00pm to 7:00pm

### Anusara Yoga

Ongoing: Anusara Yoga a life-affirming yoga weaving an uplifting philosophy with alignment principles is being offered in fun-filled classes at Lake Point Hall in Colonel Francis Beatty Park. For more information or to sign up contact Linda Oelschlaeger at 704.843.9699 or visit www.yoga.9k.com.

Ages 18 and older \$10

### Colonel Francis Beatty Park

24835 Ongoing M-Tu 9:00am to 11:15am

### Body Pump Fitness

This is an aerobic circuit training which is instructed by the Fitness Coordinator.

Ages 18 to 55 • FREE •

### Sugaw Creek Recreation Center

29802 Jan 18 W 12:00pm to 1:00pm

29803 Jan 25 W 12:00pm to 1:00pm

29804 Feb 1 W 12:00pm to 1:00pm

29805 Feb 15 W 12:00pm to 1:00pm

29806 Feb 29 W 12:00pm to 1:00pm

### Tuckasegee Recreation Center

29420 Ongoing M & Th 5:00pm to 6:00pm



# ADULT ATHLETICS

The Mecklenburg County Park and Recreation Department's Adult Athletics Unit offers a variety of program options in softball, volleyball and basketball. For more information contact Aaron Cheeks at 704-336-7639 or Aaron.Cheeks@MecklenburgCountyNC.gov

### Adult Basketball

Women- Games are played on Sunday afternoons- Fall League, October-January. Winter league February-April. Team league fee is \$400

Men (30 & Over) – Games are played on Sunday afternoons- Fall League, October- January. Winter league February-April. Team league fee is \$450

Men (40 & Over) – Games are played on Mondays and Wednesdays- Winter League December-February. Team registration fee is \$450

Men "B" League- Games are played on Tuesdays and Thursdays. Winter league December-February. Team registration fee is \$450

### Volleyball (Team Fee is \$225)

Co-Rec B- Games are played on Mondays at the Wallace Pruitt Recreation Center- Fall season run October-December. Winter Season January-March.

Co-Rec AA- Games are played on Tuesdays at the Bette Rae Thomas Recreation Center-Fall season run September-November. Winter season run December-March

Co-Rec BB- Games are played on Wednesdays at the Tom Sykes Recreation Center, Fall season runs October-December, Winter season runs January-March.

Women's A- Games are played on Thursdays at the West Charlotte Recreation Center- Fall season run October-December. Winter Season January-March.





# Adults Programs and Activities

## Dance Impact

Come relieve some stress and jam to the beat while throwing some punches, blocks & kicks. Dance Impact is an exhilarating fusion of dance & martial arts set to tone the entire body. For more info, contact info@queencitydancingqueen.com or 704.999.4071 or www.QueenCityDancingQueen.com  
Ages 18 and older \$7

## Hickory Grove Recreation Center

27729 Ongoing M 7:00pm to 8:00pm

## Fitness Dance Class

Come learn the latest dance moves while you exercise!! For more information, contact ArborGlenOutreachCenter@MecklenburgCountyNC.gov or 704.432.1533.

Ages 18 to 65 \$2

## Arbor Glen Outreach Center

29896 Ongoing W 6:00pm to 7:30pm

## Freedom Fitness

Want to get in great shape? Join us for aerobics, yoga, and endurance. For more information, contact instructor Terrance Massey at 704.795.8293 or NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 18 and older \$4

## Naomi Drenan Recreation Center

29551 Ongoing M-W 6:15pm to 7:30pm

## Grow Fitness

This program is designed for those who want to do total body training boot camp style. The training consists of abdominal training, cardio training and muscle toning through a boot camp style workout. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages • **FREE** •

## Tuckaseegee Recreation Center

29451 Ongoing M & W 12:00pm to 1:00pm

## Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music. For more information contact Charlene Bisiada at 704.502.3074  
Ages 18 to 55 \$45

## Elon Recreation Center

29380 Ongoing M-Th 6:00pm to 7:45pm

## Jazzercise

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life. Jazzercise combines the art of jazz dance with the beat of today's hottest music. For information contact Pat Wilson at 704.455.1355.

Ages 18 to 55 \$45

## Mallard Creek Recreation Center

29321 Ongoing Tu & Th 6:00pm to 7:00pm

29323 Ongoing Sa 8:30am to 9:30am

## Jazzercise Body Sculpting

An effective, total body conditioning program that will help you feel great, look terrific, and bring new energy to your life.

Classes focus on muscle toning, strength and stretching. For information contact Pat Wilson at 704.455.1355.

Ages 18 and older \$10

## Mallard Creek Recreation Center

## Jazzercise Body Sculpting-Dec

29327 Ongoing M 5:45pm to 7:30pm

29329 Ongoing Sa 9:30am to 10:30am

## Laughter Yoga

Laughter Yoga is one of the best anti-stress exercises. Guru Ranjit will teach you a number of simple physical group exercises to help you 'fake it until your mind gets it.' This class meets every other Saturday, please call the instructor for the dates. For more information, contact Guru Ranjit at 704.277.6049 or rdeora@yogahealthsolutions.com

Ages 18 and older • **FREE** •

## Tom Sykes Recreation Center

24971 Ongoing Sa 10:00am to 11:30am

## Power Walking

Ongoing: Participants will enjoy intense power walking while socializing, toning and strengthening your body. For more information, contact the recreation center offering the program.

Ages 50 and older • **FREE** •

## Hickory Grove Recreation Center

29163 Ongoing W 10:30am to 11:30am

## Sugaw Creek Recreation Center

29816 Dec 15 Th 9:00am to 10:00am

29817 Jan 5 Th 9:00am to 10:00am

29818 Jan 19 Th 9:00am to 10:00am

29819 Feb 2 Th 9:00am to 10:00am

29820 Feb 16 Th 9:00am to 10:00am

## Zumba

Let's Zumba! This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! All fitness levels welcome. Contact info@queencitydancingqueen.com or 704.999.4071 or www.QueenCityDancingQueen.com  
Ages 18 and older \$8

## Hickory Grove Recreation Center

## HGRC Zumba

27722 Ongoing W 7:00pm to 8:00pm

## Marion Diehl Recreation Center

28589 Ongoing Tu 6:00pm to 7:00pm

## Naomi Drenan Recreation Center

28726 Ongoing Th 6:30pm to 7:30pm

## Zumba

This Latin-dance inspired fitness class uses international rhythms and dance moves for an invigorating and exciting workout! For more information, contact Clarence.Johnson4@MecklenburgCountyNC.gov or 704.504.5433.

Ages 18 and older \$8/\$25

## Winget School Recreation Site

29744 Ongoing W 6:00pm to 7:00pm

## HOLIDAY ACTIVITIES

### Holiday Workshop

Instructions provided for a seasonal craft that participants can 'Make and Take'. For information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18 and older \$5

## Martin Luther King School Recreation Site

28386 Dec 14 W 6:00pm to 7:30pm

## SOCIAL ACTIVITIES

### Celebrate Life! LIFELINE Support Group

This is a support group is for women who have been newly diagnosed with cancer or have already gone through the cancer journey. For more information, contact Kiana.Brooks@MecklenburgCountyNC.gov or 704.392.7452.

Ages 18 and older • **FREE** •

## Southview Recreation Center

29679 Dec 10 Sa 10:00am to 12:00pm

29680 Jan 14 Sa 10:00am to 12:00pm

29681 Feb 11 Sa 10:00am to 12:00pm

## It's Women Time Social Club

Join our women's time for discussions, inspirational sessions, and much more. For more information, contact Sonia.Lemon@MecklenburgCountyNC.gov or 704.399.4492

All Ages • **FREE** •

## Tuckaseegee Recreation Center

29496 Dec 13 Tu 6:00pm to 8:00pm

29497 Jan 10 Tu 6:00pm to 8:00pm

29498 Feb 14 Tu 6:00pm to 8:00pm

## Thomasboro Adult Card Night

Come together to socialize and play games of Spades and Bidwh Call 704-399-3911 for more info.

Ages 18 and older • **FREE** •

## Thomasboro School Recreation Site

29578 Ongoing Tu 6:00pm to 7:00pm

## FITNESS CENTER

### Adult Admission Fees

Monthly, Annual and "RAY" passes available with bank draft.

### Mallard Creek

Daily admission:  
\$4 county / \$6 non-county

### Tuckaseegee, West Charlotte, Southview and Bette Rae Thomas

Daily admission:  
\$3 county / \$5 non-county

### Ray's Splash Planet

Daily admission:  
\$8 county / \$11 non-county  
Fitness Center Only

### Mecklenburg County Aquatic Center

Daily admission:  
\$5 county / \$8 non-county  
Includes hot tub and pool.

# Get Going Get Fit

Bring this coupon for a **FREE** First Time Visit!\*

Visit and join a fitness center today and start your journey to a healthier, more fit you! Each of our facilities offers cardiovascular, weight resistance, and free weight equipment at a great value. Our enthusiastic fitness staff is available to help get you started.

Free fitness assessment and orientation for all members.

\*Coupon expires March 31, 2012



# WINTER & CHRISTMAS EVENTS

(also see Family section for other listings)

## Holiday Open House

Join us for our annual open house celebration! Discover ways to reduce waste and live in harmony with nature during this holiday season. Nature hikes, green gift ideas, crafts, fireside stories, scavenger hunt and light refreshments are examples of the fun waiting for you! There is something for everyone!

All Ages • **FREE** •

### Reedy Creek Nature Preserve

#28708 Dec 10 Sa 11:00am to 3:00pm

## Holiday Workshop

Instructions provided for a seasonal craft that participants can 'Make and Take'. For information, contact Alvis.James@MecklenburgCountyNC.gov or 704.432.2924

Ages 18 and older \$5

### Martin Luther King School Recreation Ste

#28386 Dec 14 W 6:00pm to 7:30pm

## A Crafty Christmas

To provide a fun and enjoyable social atmosphere featuring holiday activities for families to help them get into the holiday spirit!

Ages 3 to 6 \$2

### Methodist Home Recreation Center

Tots will come in and make a snowman craft. Plus they will have the opportunity to take a picture with Santa.

#29184 Dec 14 W 11:00am to 12:00pm

## Swim with Santa

Yes, Virginia there is a Santa Clause! Take pictures as Santa slides down the big three story Blue Comet Slide and relaxes in the Lazy River. Be sure to bring your wish list as Santa will be available for visits! For more information, please contact

Bryan.Joyner@MecklenburgCountyNC.gov or 704.432.1140.

Ages 1 to 12 \$10

### Rays Splash Planet

#29201 Dec 15 Th 5:30pm to 7:00pm

## Santa is Coming to Town

The jolly one is making a stop at Ray's Playhouse.

Join us for crafts, pictures and fun. For more information, contact

WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775.

Ages 2 to 6 \$5

### Wallace Pruitt Recreation Center

#28663 Dec 16 F 10:00am to 2:00pm

## Saturday with Santa:

### Santa's Friends

Santa meets many animals in his travels around the world but his favorite live in your backyard. Come hear Santa talk about his many encounters with local wildlife. Free hot chocolate and photo opportunities with Santa and friends included, donations are encouraged and go to a local charity.

All Ages - Donations encouraged

### McDowell Nature Preserve

#28275 Dec 17 Sa 12:45pm to 1:45pm

## Saturday with Santa:

### Hayride with Santa

Piedmont prairies provide a great place for Santa to land his sleigh and let Rudolph and his reindeers unwind, discover this special place with Santa as your guide. Free hot chocolate included to help you keep warm, toy donations go to a local charity. Registration Required.

All Ages - New, Unwrapped Toy (Minimum Value \$5) per child over 3

### McDowell Nature Preserve

#28272 Dec 17 Sa 12 pm to 12:30pm

#28274 Dec 17 Sa 2 pm to 2:30pm

## Christmas Creek Holiday Celebration

To provide a fun filled and enjoyable holiday atmosphere for families. Door prizes, games refreshments and entertainment will be provided.

Ages 5 to 40 • **FREE** •

### Sugaw Creek Recreation Center

#29787 Dec 19 M 11:00am to 1:00pm

## Holiday Celebrations

Join our party for games, dancing, crafts, and other activities with old and new friends. We'll celebrate family and community during the holiday season.

Ages 2 to 8 \$3

### Berewick Recreation Center

#### Christmas Party

#29723 Dec 20 Tu 5:30pm to 7:30pm

#### Its a New Year Party

#29724 Jan 10 Tu 5:30pm to 7:30pm

#### Valentines Day Party

#29725 Feb 7 Tu 5:30pm to 7:30pm

## Brunch with Santa

Tell Santa if you have been naughty or nice while making some fun holiday crafts for your favorite elves. Continental brunch provided. For more information, contact Joel.Kent@MecklenburgCountyNC.gov or 704.432.4806.

Ages 18 mo to 6 yrs \$6

### Tom Sykes Recreation Center

#28543 Dec 22 Th 10:00am to 11:00am

## Naomi Drenan Christmas Special

Families come together and enjoy games, music, and other activities to lift the spirits. Come learn the true meaning of the holiday season. For more information, contact Nikole.Simmons@MecklenburgCountyNC.gov or 704.432.5231.

All Ages • **FREE** •

### Naomi Drenan Recreation Center

#29568 Dec 28 W 5:00pm to 8:00pm

## Winter Homeschool Nature Programs

Join us for some eclectic winter homeschool classes. We will begin our journey with a quiet observation of nature during a nature journaling course. From there we will discover and celebrate some real nature heroes as we unfold the lives of some famous Naturalists. Our next adventure will open the doors to the days of the pioneers in and around our area. Our last class will take us on a journey into the world of one of our favorite food groups, Chocolate! We will spend an entire class immersed in the culture and history of chocolate.

Ages 8 to 12 \$5 per class

### Reedy Creek Nature Preserve

#### Nature Journaling

#28719 Jan 10 T 1:30pm to 3:30pm

#### Nature Heroes

#28720 Jan 24 T 1:30pm to 3:30pm

#### Pioneer Days

#28721 Feb 14 T 1:30pm to 3:30pm

#### Loco for Cocoa

#28722 Feb 28 T 1:30pm to 3:30pm

Ages 5 to 7 \$5 per class

### Reedy Creek Nature Preserve

#### Nature Journaling

#29797 Jan 10 T 1:30pm to 3:30pm

#### Nature Heroes

#29798 Jan 24 T 1:30pm to 3:30pm

#### Pioneer Days

#29799 Feb 14 T 1:30pm to 3:30pm

#### Loco for Cocoa

#29800 Feb 28 T 1:30pm to 3:30pm







## CULTURAL ARTS

### Black History Extravaganza

This 4 day event recognizes and celebrates contributions made by African Americans. Participants will enhance their knowledge of Black History. For more information, contact Cynthia.Smith-Perkins@MecklenburgCountyNC.gov at 704.596.0107

Ages 2 and older • **FREE** •

#### Wallace Pruitt Recreation Center

28643 Feb 22 W 5:00pm to 7:00pm

### Dance: Praise Dance

Learn the basics of praise dance and participate in a recital at the end of this fun program. Separate classes for children, adults and seniors are offered at the recreation center. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages • **FREE** •

#### Tuckaseegee Recreation Center

29437 Dec 1-Dec 29 Th 6:00pm to 8:00pm

29438 Jan 5-Jan 26 Th 6:00pm to 8:00pm

29439 Feb 2-Feb 23 Th 6:00pm to 8:00pm

### Music: Piano Lessons

Piano lessons available by appointment for all ages and skill levels. For more information, contact Amouel Brackett at amouel@aol.com or 704.965.1235.

Ages 5 and older \$18

#### Tom Sykes Recreation Center

28206 Dec 5-Dec 27 M-Tu 5:00pm to 8:00pm

28207 Jan 2-Jan 31 M-Tu 5:00pm to 8:00pm

28208 Feb 6-Feb 28 M-Tu 5:00pm to 8:00pm

## FITNESS AND WELLNESS

### Line Dancing

Join the fun way to relieve stress and learn the latest line dance moves, improve fitness and get a workout while making new friends! For more information www.meetup.com/royalmovement or 847.858.9696

Ages 18 to 99 \$5

#### Berewick Recreation Center

29755 Dec 5-Dec 26 M 6:30pm to 7:30pm

29756 Jan 2-Jan 30 M 6:30pm to 7:30pm

29757 Feb 6-Feb 27 M 6:30pm to 7:30pm

#### Bette Rae Thomas Recreation Center

29920 Dec 1-Dec 29 Th 7:00pm to 8:30pm

29921 Jan 5-Jan 26 Th 7:00pm to 8:30pm

29922 Feb 2-Feb 23 Th 7:00pm to 8:30pm

### Martial Arts: Karate

Students will learn self-confidence, discipline, and physical fitness through lessons from a certified black belt martial arts instructor. For more information, contact Sensei John Denver at 980.722.9381.

All Ages • **FREE** •

#### Tuckaseegee Recreation Center

29484 Dec 3-Dec 24 Sa 10:00am to 1:00pm

29485 Jan 7-Jan 28 Sa 10:00am to 1:00pm

29486 Feb 4-Feb 25 Sa 10:00am to 1:00pm

### Martial Arts: Tora Ha Kempo

Learn safety awareness and self-defense through Martial Arts in a fun, structured and disciplined environment. For more information, contact Kevin Hinson at 704.533.2994.

Ages 6 and older \$5

#### Mallard Creek Recreation Center

29339 Dec 5-Dec 26 M 5:30pm to 9:00pm

29340 Jan 2-Jan 30 M 5:30pm to 9:00pm

29341 Feb 6-Feb 27 M 5:30pm to 9:00pm

#### Marion Diehl Recreation Center

28607 Dec 7-Dec 28 W 6:00pm to 8:00pm

28608 Jan 4-Jan 25 W 6:00pm to 8:00pm

28609 Feb 1-Feb 22 W 6:00pm to 8:00pm

#### William R Davie Park

24844 Dec 1-Dec 29 Th 6:30pm to 8:15pm

24845 Jan 5-Jan 26 Th 6:30pm to 8:15pm

24846 Feb 2-Feb 23 Th 6:30pm to 8:15pm

## SOCIAL ACTIVITIES

### Family Game Night

An opportunity to socialize with friends and family while playing all sorts of games and activities. Parent participation and attendance is required. For more information contact

Kimberly.Golden@MecklenburgCountyNC.gov or 704.432.4934.

All Ages • **FREE** •

#### Berewick Recreation Center

28574 Dec 9 F 6:00pm to 8:00pm

28575 Jan 13 F 6:00pm to 8:00pm

28576 Feb 10 F 6:00pm to 8:00pm

## SPECIAL EVENTS

### Youth Basketball & Cheerleading Pep Rally

Youth basketball & cheerleading pep rally to kick off the basketball season.

Ages 5 to 55 • **FREE** •

#### Sugaw Creek Recreation Center

29792 Dec 9 F 6:00pm to 8:00pm

## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on E-parks at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on page 5.*

Phone and web registration requires payment with Visa or MasterCard only.





## ATHLETICS

### Basketball: Senior Women's League

Join this women's league, specifically for those 55 and better, in advance of the Charlotte Mecklenburg Senior Games. Coaches and volunteers are needed. For more information, contact Betty Davis at 704.588.1264 or Jean Grayson at 704.545.7880.  
Ages 55 and older \$31

**Tom Sykes Recreation Center**  
28190 Ongoing M 6:00pm to 7:00pm

### Cheerleaders: Silver Fox

Senior Cheerleading is alive and running full speed ahead as they represent Charlotte-Mecklenburg Senior Games throughout North Carolina. For More Information, contact  
WallacePruittRecreationCenter@MecklenburgCountyNC.gov or 704.432.6775

Ages 50 and older • **FREE** •

**Wallace Pruitt Recreation Center**  
28647 Ongoing Tu & W 1:00pm to 2:00pm

## CULTURAL ARTS

### Arts: Oil Painting

This program is a self paced oil painting social activity for all levels. New painters are welcome. Participants will need to bring their own supplies. For more information, contact  
AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov or 704.567.1941.

Ages 55 and older • **FREE** •

**Albemarle Road Recreation Center**  
29413 Ongoing Th 10:00am to 11:00am

### Dance: Adult Clogging

Ever wanted to learn to clogg but didn't know how to get started, joining one of the many groups in the area that offers this timeless dance style.

Ages 18 and older \$31

#### Tom Sykes Recreation Center

**Dance: Firehouse Cloggers**  
28193 Ongoing Th 6:00pm to 8:00pm

**Carolina Classic Cloggers**  
29694 Ongoing M 6:00pm to 8:30pm

### Senior Arts & Crafts

Show your creative side as you socialize with other crafters. This program is a combination of staying fit and active as well as being creative. For more information, contact

NaomiDrenanRecreationCenter@MecklenburgCountyNC.gov or 704.432.5231.

Ages 55 and older \$10

**Naomi Drenan Recreation Center**  
29559 Ongoing M & W 10:00am to 11:30am

### Seniors' Valentine Day Ball

This special evening will be a great time for every person to create lasting memories. Dress up, grab your friends and let's party. For more information please contact Keisha.Coxe@MecklenburgCountyNC.gov or 704.432.5231

Ages 55 and older \$3

**Naomi Drenan Recreation Center**  
29554 Feb 14 Tu 5:00pm to 8:30pm



## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on E Parks at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number.

**CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.*

Phone and web registration requires payment with Visa or MasterCard only.



# Senior Programs and Activities

## EDUCATIONAL PROGRAMS

### Computers: Senior Computer Class

Ongoing: Beginners learn computer advanced techniques...For more information, contact [IvoryBakerRecreationCenter@MecklenburgCountyNC.gov](mailto:IvoryBakerRecreationCenter@MecklenburgCountyNC.gov) or 704.432.4580.

Ages 55 and older • **FREE** •

**Ivory Baker Recreation Center**  
29620 Ongoing Tu & Th 1:00pm to 2:30pm

## FITNESS AND WELLNESS

### A.B.L.E. All Bodies Like Exercise

Ongoing: Self paced chair exercise class for low impact exercise, stretching and conditioning. For more information, contact [AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov](mailto:AlbemarleRoadRecreationCenter@MecklenburgCountyNC.gov) or 704.567.1941.

Ages 55 and older • **FREE** •

**Albemarle Road Recreation Center**  
29410 Ongoing M-F 10:00am to 11:00am

### Aerobics: N'Chair Aerobics

Take your seat for N'Chair Aerobics, these exercises can increase your strength, balance and vitality all while sitting down. For more information, contact [WallacePruittRecreationCenter@MecklenburgCountyNC.gov](mailto:WallacePruittRecreationCenter@MecklenburgCountyNC.gov) or 704.432.6775.

Ages 55 and older • **FREE** •

**Wallace Pruitt Recreation Center**  
28637 Ongoing M, W & Th 10:30am to 11:30am

### Badminton Open Play/ Seniors & Adults

Badminton is a great way to stay active and keep your competitive spirit alive for Seniors & Adults. Your serve! For more information, contact [MarionDiehlRecreationCenter@MecklenburgCountyNC.gov](mailto:MarionDiehlRecreationCenter@MecklenburgCountyNC.gov) or 704.432.0237.

Ages 18 and older

**Marion Diehl Recreation Center**  
28601 Ongoing W 5:00pm to 7:00pm  
28602 Ongoing Sa 12:00pm to 2:00pm

### Chair Aerobics

Take your seat for Chair Aerobics, these exercises will increase your strength, balance and vitality all while sitting down.

Ages 50 and older • **FREE** •

**Arbor Glen Outreach Center**  
29871 Ongoing F 10:30am to 11:30am

### Ageless Grace

This fitness and wellness program consists of 21 simple exercise tools; these exercises, based on everyday movements focus on the healthy longevity of the body and mind. For more information, contact Sherrie Flack @ 704 588-3275 or visit [www.mindbodydancefitness.com](http://www.mindbodydancefitness.com)

Ages 18 and Older \$6

**Berewick Recreation Center**  
30009 Ongoing W 11:00am to 11:45am

### Feeling Fine After 59

This program encourages seniors 60 and older to become more active and develop better health habits through education and exercise. Participants also benefit from the onsite senior fitness consultant provided in partnership with the Mecklenburg County Senior Center.

For more information, contact [BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov](mailto:BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov) or 704.432.3048.

Ages 59 and older • **FREE** •

**Bette Rae Thomas Recreation Center**  
25397 Ongoing M-F 9:00am to 2:00pm

### Light & Lively

Designed to maintain cardiovascular fitness, improve strength, flexibility, balance, coordination, and activities of daily life. For more information, contact [MallardCreekRecreationCenter@MecklenburgCountyNC.gov](mailto:MallardCreekRecreationCenter@MecklenburgCountyNC.gov) or 704.548.8234.

Ages 55 and older \$3

**Mallard Creek Recreation Center**  
29629 Ongoing M, W, F 9:00am to 9:45am

### Rhythm & Grooves

Got a passion for line and cultural dancing? Come out and move your feet and dance to the beat. For more information, contact [WestCharlotteRecreationCenter@MecklenburgCountyNC.gov](mailto:WestCharlotteRecreationCenter@MecklenburgCountyNC.gov) or 704.393.1560.

Ages 55 and older • **FREE** •

**West Charlotte Recreation Center**  
28776 Ongoing F 11:00am to 11:30am

### Senior Basketball

Enjoy Senior Basketball while socializing. For more information contact, [TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov](mailto:TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov) or 704.399.4492.

All Ages • **FREE** •

**Tuckaseegee Recreation Center**  
29510 Ongoing M & W 2:00pm to 5:00pm

### Senior Fitness Club

Engage in low-impact exercise and chart your progress to better physical and mental health.

Ages 50 and older • **FREE** •

**Marion Diehl Recreation Center Senior Walking Club**  
28610 Ongoing M,W & F 7:30am to 8:00am

**Methodist Home Recreation Center Fitness and Nutrition**  
29178 Ongoing W 11:00am to 1:00pm

**Southview Recreation Center**  
29662 Ongoing M-F 10:00am to 11:00am

**West Charlotte Recreation Center Step By Step**  
28797 Ongoing W & F 9:00am to 10:30am



### Senior: Fitness

Join participants in improving overall health and wellness with chair exercises.

Ages 55 and older • **FREE** •

**West Charlotte Recreation Center Fitness After 55**  
28779 Ongoing W 11:00am to 11:30am

### Training: Active Adult Yoga

The class will help to increase strength, flexibility and balance while relieving soreness, stiffness and reducing stress. All skill levels welcome. For more information, contact Ann Mason at 704.542.8952.

Ages 55 and older • **FREE** •

**Elon Recreation Center**  
25312 Ongoing M, W & F 10:00am to 11:30am

## SOCIAL ACTIVITIES

### Bingo: Senior BINGO Party

Enjoy socializing and playing Bingo at the monthly holiday themed parties.

Ages 50 and older • **FREE** •

**Methodist Home Recreation Center**

29171	Dec 6	Tu	1:00pm to 3:00pm
29172	Dec 20	Tu	1:00pm to 3:00pm
29173	Jan 3	Tu	1:00pm to 3:00pm
29174	Jan 17	Tu	1:00pm to 3:00pm
29175	Jan 31	Tu	1:00pm to 3:00pm
29176	Feb 14	Tu	1:00pm to 3:00pm
29177	Feb 28	Tu	1:00pm to 3:00pm

### Club: District 8 Senior Rockers

Club provides seniors with leadership, leisure, and social activities. For more information, contact [IvoryBakerRecreationCenter@MecklenburgCountyNC.gov](mailto:IvoryBakerRecreationCenter@MecklenburgCountyNC.gov) or 704.432.4580.

Ages 55 and older • **FREE** •

**Ivory Baker Recreation Center**

29614	Dec 16	F	10:30am to 12:00pm
29615	Jan 20	F	10:30am to 12:00pm
29617	Feb 17	F	10:30am to 12:00pm

# Senior Programs and Activities

## Coffee and Cards

Members of the Active Adults Club will during the week to participate in various card games ranging from bridge to pinochle. The program will focus on fellowship and socialization of the participants.

Ages 55 and older • **FREE** •

### Berewick Recreation Center

29726 Ongoing M,W & F 1:00pm to 3:00pm

## Golden Age Club

Come join in the fun with our senior meetings, parties and special events. For more information, contact Craig.Louallen@MecklenburgCountyNC.gov or 704.432.6775

Ages 50 and older • **FREE** •

### Wallace Pruitt Recreation Center

28650 Ongoing W 12:00pm to 1:00pm

## Golden Hearts Club

Meeting with seasonal celebrations and the opportunity to socialize. For more information, contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

Ages 55 and older \$2

### Tuckaseegee Recreation Center

29447	Dec 1	Th	11:00am to 12:30pm
29448	Jan 5	Th	11:00am to 12:30pm
29449	Feb 2	Th	11:00am to 12:30pm

## Leisure and Learn

Enjoy seminars with dynamic keynote speakers, workshops, lunch and fun while meeting new friends and learning something new. Transportation provided to WR Davie from Mallard Creek, Albemarle Road, Shamrock Sr. Center & Ivory Baker. For information contact MeckSeniors@MecklenburgCountyNC.gov or 704.432-4580.

Ages 55 and older \$5

### William R Davie Park

27258	Dec 15	Th	9:00am to 2:00pm
27260	Jan 19	Th	9:30am to 2:00pm
27261	Feb 16	Th	9:30am to 2:00pm

## Lunch Bunch

Enjoy socializing and making new friends while tasting new cuisines. For information contact TuckaseegeeRecreationCenter@MecklenburgCountyNC.gov or 704.399.4492.

All Ages \$1

### Tuckaseegee Recreation Center

29478	Dec 8	Th	11:00am to 2:30pm
29479	Jan 12	Th	11:00am to 2:30pm
29480	Feb 9	Th	11:00am to 2:30pm

## Metrolina Duplicate Bridge Club

Join your peers, play or learn to play bridge with other experienced players.

Ages 35 and older • **FREE** •

### Ivory Baker Recreation Center

29384	Ongoing	Th	11:00am to 2:00pm
29385	Ongoing	Tu	4:30pm to 7:45pm

## Senior Bidwiz

Senior Citizens enjoy an afternoon of Bidwiz. Learn the basic fundamental of the game from experienced bidwiz

players and engage in all the social activities associated with playing the game. For more information, contact BetteRaeThomasRecreationCenter@MecklenburgCountyNC.gov or 704.432.3048.

All Ages • **FREE** •

### Bette Rae Thomas Recreation Center

29914 Ongoing M-F 1:00pm to 3:30pm

## Senior Bingo

Fun program designed specifically for those who enjoy a little friendly competition. Opportunity to get out and socialize with friends or make new ones.

Ages 55 and older • **FREE** •

### Berewick Recreation Center

28614 Ongoing Th 11:30am to 1:30pm

### Naomi Drenan Recreation Center

29557 Ongoing Tu 11:30am to 1:30pm

## Senior Recreation Club

Want to experience some great programs plus make new friends? Join our Senior Club. Meetings include educational programs, mini field trips, lunch bunch and guest speakers. For more information, contact DerrickMontgomery@MecklenburgCountyNC.gov or 704.567.1941.

Ages 55 and older \$5

### Albemarle Road Recreation Center

29516 Dec 6 Tu 11:00am to 1:00pm

## Senior Social Club

We're not old, we're just wise for our age! Socialize with others in a relaxed atmosphere while engaging in a variety of fun activities such as games, crafting, trips, educational learning, fitness & much more. For more information, contact

TomSykesRecreationCenter@MecklenburgCountyNC.gov or 704.432.4803.

All Ages \$2

### Tom Sykes Recreation Center

28660	Dec 8	Th	10:30am to 1:00pm
28661	Jan 12	Th	10:30am to 1:00pm
28662	Feb 16	Th	10:30am to 1:00pm

## Senior: See Charlotte!

Seniors enjoy smiling faces and great places in Charlotte. Come journey with us as we See Charlotte!

Ages 55 and older \$5

### Bette Rae Thomas Recreation Center

#### McAddenville Christmas Lights

29924 Dec 18 Tu 5:30pm to 8:00pm

#### Levine Museum

29925 Jan 10 Tu 10:00am to 4:00pm

#### Harvey Gantt Cultural Center

29926 Feb 14 Tu 10:00am to 4:00pm

### Tuckaseegee Recreation Center

#### Senior: See Charlotte

29518 Dec 15 Th 9:30am to 3:30pm

#### Senior: See Charlotte

29519 Jan 19 Th 9:30am to 3:30pm

#### Senior: See Charlotte

29520 Feb 16 Th 9:30am to 3:30pm

## Social: Senior Video Games

Bowling, tennis, and dancing practiced weekly on the Wii gaming system. Tournament play with other area Senior groups offered quarterly.

Ages 50 and older • **FREE** •

### Hickory Grove Recreation Center

29166 Ongoing W 11:30am to 12:30pm

## Social: Bridge

Social interaction within the senior population throughout the Charlotte area. All are welcome to come and enjoy themselves in a quiet, yet competitive atmosphere that promotes the card game known as Bridge.

Ages 55 and older • **FREE** •

### Mallard Creek Recreation Center

29650 Ongoing M,W 10:00am to 2:00pm

29653 Ongoing F 10:00am to 12:00pm

## Youth After Fifty-Five Club

Join these mature adults for wholesome recreational, cultural, and educational experiences for 'Youth After 55 Club' participants. This club is a District VIII Member with the NCASCC.

Ages 55 and older • **FREE** •

### West Charlotte Recreation Center

28788 Dec 6 Tu 10:00am to 12:00pm

28789 Dec 13 Tu 10:00am to 12:00pm

28790 Jan 3 Tu 10:00am to 12:00pm

28791 Jan 17 Tu 10:00am to 12:00pm

28792 Feb 7 Tu 10:00am to 12:00pm

28793 Feb 21 Tu 10:00am to 12:00pm

## Young at Heart Senior Club

Participants will have the opportunity to travel to see various events: plays, craft shows, health fairs, concerts and workshops. For information contact SugawCreekRecreationCenter@MecklenburgCountyNC.gov or 704.596.0107.

Ages 55 and older • **FREE** •

### Sugaw Creek Recreation Center

29788 Jan 5 Th 10:00am to 1:00pm

29789 Jan 19 Th 10:00am to 1:00pm

29790 Feb 2 Th 10:00am to 1:00pm

29791 Feb 16 Th 10:00am to 1:00pm





## Senior Programs and Activities



Join us as we travel across the state for exciting day trips. For more information contact [MeckSenior@MecklenburgCountyNC.gov](mailto:MeckSenior@MecklenburgCountyNC.gov) or 704.432.4580. Ages 55 + Picking up from Mallard Creek Recreation Center and Marion Diehl Recreation Center

### Dinner & Tour of Castle McCoullough

Following the discovery of gold in North Carolina, in 1832 Charles McCoullough came to Jamestown and built a gold refinery. He brought with him the architecture of England and the latest technological development, the steam engine. This beautiful creation comes to life with the holiday season shown throughout. Dinner is included. Ages 55 and older \$47  
24290 Dec 13 Tu 3:00pm to 10:00pm



### Chautauqua: Marquis de Lafayette & Bob Jones Museum

The show takes you on an astonishing journey into the life of Marquis de Lafayette. When they answer your questions, you become an eyewitness to History. Performed by nationally prominent historical interpreters, the performances reflect America's diversity, feature compelling discussions. The Bob Jones University Museum & Gallery houses one of the most important collections of religious art in America. Lunch on your own. Ages 55 and older \$37  
27594 Feb 21 Tu 8:00am to 7:00pm

### NC Zoo & NC Aviation Museum

Enjoy being a kid again at the NC Zoological Park! The NC Zoo is recognized as one of the nations finest zoological parks. It was the first American zoo designed from its inception around the natural habitat philosophy which presents animals and plants in exhibits that closely resemble habitats in which they would be found in the wild. This 20,000-square-foot museum features this famous 1941

Piper Flittfire which Orville Wright, 71, flew in just five years before his death (in 1948) and many historical, wartime, experimental, unmanned aircraft and much, MUCH more! Lunch is on your own.

Ages 55 and older \$48  
27903 Mar 27 Tu 7:00am to 6:00pm

### Yadkin Valley Wineries & Vineyards Tour

We will be roaming through the Swan Creek Wine Region enjoying a picnic lunch, vineyard tour, winery tour, and tastings from Shadow Springs, Raffaldini, and Laurel Gray. We will visit a local Amish Store. Bagged lunch provided.

Ages 55 and older \$67  
27904 Apr 25 W 8:00am to 6:00pm

### Cape Fear Botanical Gardens & Historical Tour

Join us to explore the Cape Fear Botanical Gardens. Over 79 acres nestled between the Cape Fear River and Cross Creek. Start with a guided one hour tour around the grounds. Lunch on your own.

Ages 55 and older \$40  
27905 May 22 Tu 7:00am to 7:00pm



### Chautauqua Festival & Falls Park on the Reedy

Far more than a nature lover's paradise, Falls Park on the Reedy, located in downtown Greenville's Historic West End, is one of Greenville's greatest treasures. Lunch on your own at Festival.

Ages 55 and older \$40  
27913 Jun 19 Tu 7:00am to 7:00pm

### A Wohlfahrt Haus Motown Sound!

Get ready to dance, dance, dance at the Wohlfahrt Haus Dinner Theatre. This spectacular production features dazzling costumes fantastic choreography & beautiful voices of the past! Lunch is Included.

Ages 55 and older \$70  
27914 Jul 24 Tu 7:00am to 7:00pm

### The Flight of the Purple Martin Dinner Cruise

We board the Spirit of Lake Murray for a trip to a phenomenon you have to see to believe. This 2-hour cruise takes you out to historic Bomb Island, where hundreds of thousands of birds (Purple Martins) circle and roost largest in North America. The boat departs at 6:30 pm and we will return to Charlotte at 11:00 pm. Dinner is Included.

Ages 55 and older \$70  
27915 Aug 14 Tu 2:00pm to 11:00pm



# Swim Lessons: Mecklenburg County Aquatic Center



800 East Martin Luther King Jr. Blvd.  
Charlotte, NC 28202  
704.336.DIVE (3483)

[www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics)

## Swim Lessons

**Public  
Member**

**Weekday  
1/4 - 2/1  
\$80  
\$64**

**Weekday  
2/6 - 3/7  
\$100  
\$80**

**Saturday  
1/7 - 1/28  
\$40  
\$32**

**Saturday  
2/11 - 3/3  
\$40  
\$32**

No class 1/16

**PUDDLE DUCKS** Ages 6 mon - 2 yrs Introductory Level  
A parent and child program that introduces the child to the aquatic environment. Fun and water adjustment are emphasized.

Saturday	10:00 a.m. - 10:30 a.m.		28861	28863
Saturday	10:30 a.m. - 11:00 a.m.		28862	28864

**SAND DOLLAR** Ages 3-5 Beginner Level  
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

M/W	5:00 p.m. - 5:30 p.m.	28865	28873	
M/W	6:00 p.m. - 6:30 p.m.	28866	28874	
M/W	6:30 p.m. - 7:00 p.m.	28867	28875	
M/W	7:00 p.m. - 7:30 p.m.	28868	28876	
Saturday	9:00 a.m. - 9:30 a.m.		28869	28877
Saturday	9:30 a.m. - 10:00 a.m.		28870	28878
Saturday	10:30 a.m. - 11:00 a.m.		28872	28880

**SEAL** Ages 3-5 Advanced Level  
Must be able to swim 10 feet independently to enroll. Students will learn rotary breathing on front and over arm recovery on front and back.

M/W	5:30 p.m. - 6:00 p.m.	28885	28887	
Saturday	8:30 a.m. - 9:00 a.m.		28886	28888

**OTTER** Ages 6-12 Beginner Level  
No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

M/W	5:30 p.m. - 6:15 p.m.	28849	28853	
M/W	7:00 p.m. - 7:45 p.m.	28916	28917	
Saturday	8:30 a.m. - 9:15 a.m.		28850	28854
Saturday	11:00 a.m. - 11:45 a.m.		28851	28855

**MANATEE** Ages 6-12 Advanced Level  
Must be able to swim 25 yards using over arm recovery to enroll. Students will improve over arm recovery, rotary breathing on front, flutter kick, and backstroke.

M/W	6:15 p.m. - 7:00 p.m.	28840	28843	
Saturday	9:15 a.m. - 10:00 a.m.		28842	28845

**TEEN/ADULT BEGINNER** Ages 13+ Beginner Level  
No entry skills required. The class for the soon-to-be swimmer. Students learn front float and glide, back float and glide and total submersion.

M/W	6:15 p.m. - 7:00 p.m.	28891	28893	
Saturday	11:00 a.m. - 11:45 a.m.		28892	28894

**TEEN/ADULT INTERMEDIATE** Ages 13+ Intermediate Level  
Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

M/W	7:00 p.m. - 7:45 p.m.	28896	28897	
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# Water Fitness Programs: Mecklenburg County Aquatic Center

## Water Exercise

**Mon & Wed & Fri  
Tues & Thurs**

**1/3 - 2/2**

No class 1/16

**\$48-public \$36-member \$60-public \$45-member  
\$40-public \$30-member \$40-public \$30-member**

**2/6 - 3/9**

### HYDROMANIA

Moderate-High Intensity SHALLOW WATER.

All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

Mon & Wed & Fri	5:30 p.m. - 6:30 p.m.	28907	28909
Tues & Thurs	6:00 p.m. - 7:00 p.m.	28908	28910

### LIQUID FUSION

Moderate Intensity SHALLOW WATER

A fast paced water exercise class with vigorous toning moves to start you on your day. No swimming skills are required as this class is held in shallow water.

Mon & Wed & Fri	6:30 a.m. - 7:00 a.m.	28913	28914
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### DEEP WATER RUNNING

Moderate Intensity DEEP WATER

Class involves interval deep water running designed to improve endurance, stamina, breathing, and muscle toning.

Mon & Wed & Fri	5:45 a.m. - 6:15 a.m.	28901	28902
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### EASY DOES IT

Beginner-Moderate Intensity SHALLOW WATER.

A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion classes.

Mon & Wed & Fri	11:00 a.m. - 12:00 p.m.	28904	28905
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### ARTHRITIS FOUNDATION

Beginner Intensity SHALLOW WATER.

Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

Tues & Thurs	11:00 a.m. - 12:00 p.m.	28898	28899
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800 East Martin Luther King Jr. Blvd.  
Charlotte, NC 28202  
704.336.DIVE (3483)

[www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics)

## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on Epark at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.*

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit

[www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics) or call the facility where the activity is listed.



## Swim Lessons: Ray's Splash Planet

### Session Dates:

	Weekday 1/3 - 1/26	Weekday 1/31 - 2/23	Saturday 1/7 - 1/28	Saturday 2/4 - 2/25
<b>Public</b>	<b>\$80</b>	<b>\$80</b>	<b>\$40</b>	<b>\$40</b>
<b>Member</b>	<b>\$64</b>	<b>\$64</b>	<b>\$32</b>	<b>\$32</b>

#### **SAND DOLLAR** Ages 3-5 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

T/Th	5:30 p.m. - 6:00 p.m.	28929	28968		
Saturday	9:15 a.m. - 9:45 a.m.			28930	28969

#### **STARFISH** Ages 3-5 Intermediate Level

Students learn front and back glide, arm and leg movement and are introduced to swimming independently. Students must be able to float independently.

T/Th	6:00 p.m. - 6:30 p.m.	28935	28937		
Saturday	9:45 a.m. - 10:15 a.m.			28936	28938

#### **OTTER** Ages 6-12 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

Weekday	5:30 p.m. - 6:15 p.m.	28923	28979		
Saturday	11:00 a.m. - 11:45 a.m.			28978	28982

#### **WALRUS** Ages 6-12 Intermediate Level

Students will learn front and back glide with recovery. Combined arm and leg movement on front and back is introduced.

Weekday	6:15 p.m. - 7:00 p.m.	28941	28983		
Saturday	10:15 a.m. - 11:00 a.m.			28942	28984

## Fitness Programs: Ray's Splash Planet

### Senior Water Fit

Seniors (55+) Come join this aquatic class designed especially for seniors. Enter our pool by using the easy sloping beach entry and enjoy gentle aerobic movements in our warm water. This is a low level, low impact, water movement class. No swimming skills are required. Contact Jody Corum at 704-432-1141 for more information.

January 26 - February 24  
Fridays - 4:30 p.m. - 5:00 p.m.  
Cost is FREE

### SWIM WITH SANTA @ Ray's

Get in the holiday spirit early and spend some quality time with the man himself: SANTA CLAUS! Join him for a swim in the splash park this holiday season. Be sure to bring your wish list. He will be available for photos.

Ages: All ages welcome

Thursday, Dec 15, 2011  
Times: 5:30pm - 7:00pm  
\$10 (includes swimming)



215 N. Sycamore St.  
Charlotte, NC 28202  
704.432.4RAY (4729)

[www.rayssplashplanet.com](http://www.rayssplashplanet.com)

## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

**CLICK** on Eparkets at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.*

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit [www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics) or call the facility where the activity is listed.



## Swim Lessons: Marion Diehl Pool

# Marion Diehl Pool

2219 Tyvola Road  
Charlotte, NC 28210  
704.432.0237

[www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics)

### Session Dates:

	Weekday 11/28-12/15	Weekday 1/4-1/26	Weekday 1/30-2/23	Saturday 12/3-12/17	Saturday 1/7-1/28	Saturday 2/4-2/25
Public	\$60	\$60/70*	\$80	\$30	\$40	\$40
Member	\$48	\$48/56*	\$64	\$24	\$32	\$32

No Class 1/16

\*MW classes are \$60/\$48 & TU/TH are \$70/\$56

### PUDDLE DUCKS Ages 6 mon - 2 yrs Introductory Level

A parent and child program that introduces the child to the aquatic environment. Fun and water adjustment are emphasized.

Saturday 10:00 a.m. - 10:30 a.m. (6-18 months)	29026	29028	29030
Saturday 10:30 a.m. - 11:00 a.m. (19-35 months)	29027	29029	29031

### SAND DOLLAR Ages 3-5 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

M/W 5:45 p.m. - 6:15 p.m.	29032	29041	29050	
T/Th 5:30 p.m. - 6:00 p.m.	29035	29044	29053	
M/W 6:15 p.m. - 6:45 p.m.	29033	29042	29051	
T/Th 6:00 p.m. - 6:30 p.m.	29036	29045	29054	
M/W 6:45 p.m. - 7:15 p.m.	29034	29043	29052	
T/Th 6:30 p.m. - 7:00 p.m.	29037	29046	29055	
Saturday 9:00 a.m. - 9:30 a.m.		29038	29047	29056
Saturday 9:30 a.m. - 10:00 a.m.		29039	29048	29057
Saturday 10:00 a.m. - 10:30 a.m.		29040	29049	29058

### SEAL Ages 3-5 Advanced Level

Must be able to swim 10 feet independently to enroll.

Students will learn rotary breathing on front and over arm recovery on front and back.

Saturday 9:30 a.m. - 10:00 a.m.	29059	29060	29061
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### OTTER Ages 6-12 Beginner Level

No entry skills required. Students learn blowing bubbles, front float and glide, back float and glide, and total submersion.

M/W 6:30p.m. - 7:15 p.m.	29828	29826	29827	
Saturday 10:30 a.m. - 11:15 a.m.		29013	29017	29021
Saturday 11:15 a.m. - 12:00 p.m.		29014	29018	29022

### MANATEE Ages 6-12 Intermediate Level

Must be able to swim 25 yards using over arm recovery to enroll. Students will improve over arm recovery, rotary breathing on front, flutter kick, and backstroke.

T/Th 5:30 p.m. - 6:15 p.m.	28996	28999	29002	
Saturday 8:45 a.m. - 9:30 a.m.		28998	29001	29004

### MARLIN Ages 6-12 Advanced Level

Must be able to swim freestyle and backstroke for 25 yards to enroll. Students will improve current strokes and are introduced to breaststroke, butterfly and flip turns.

M/W 5:45 p.m. - 6:30 p.m.	29005	29007	29009	
T/Th 6:15 p.m. - 7:00 p.m.	29207	29208	29209	
Saturday 11:00 a.m. - 11:45 a.m.		29006	29008	29010

### TEEN/ADULT BEGINNER Ages 13+ Beginner Level

No entry skills required. The class for the soon-to-be swimmer.

Students learn front float and glide, back float and glide and total submersion.

M/W 7:15 p.m. - 8:00 p.m.	29062	29064	29067	
Saturday 8:15 a.m. - 9:00 a.m.		29063	29065	29068

### TEEN/ADULT INTERMEDIATE Ages 13+ Intermediate Level

Students will improve their freestyle and backstroke in order to swim distances, get some exercise or just have fun.

Saturday 11:45 a.m. - 12:30 p.m.	29069	29070	29071
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## Register One of Three Ways

Registration is required for most programs whether or not there is a fee. Select one option:

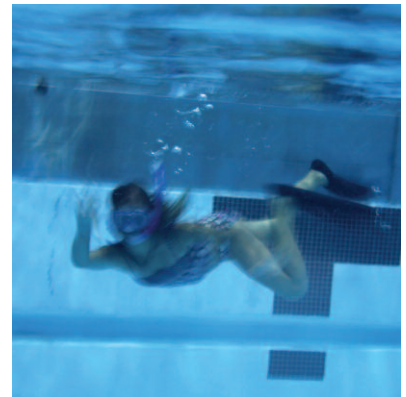
**CLICK** on Epark at [www.parkandrec.com](http://www.parkandrec.com) and use the course code number. **CALL** 311 (704.336.7600) or the number listed.

**COME** to the location where the program is offered.

*Recreation & Nature Center addresses and phone numbers listed on pgs 4, 5, 26 & 27.*

Phone and web registration requires payment with Visa or MasterCard only.

For more information, visit [www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics) or call the facility where the activity is listed.



## Water Fitness Programs: Marion Diehl Pool

### Water Exercise

Mon & Wed & Fri  
Tues & Thurs  
Sunday

11/28 - 12/18

\$18  
\$12  
\$6

1/4 - 1/29

No class 1/16

\$20  
\$14  
\$8

1/30 - 2/26

\$24  
\$16  
\$8

### HYDROMANIA

Moderate-High Intensity SHALLOW WATER.

All-over body toning and cardiovascular workout. Since each participant works at their own pace, this class is great for the beginner to the most advanced fitness level.

Mon & Wed & Fri	7:30 a.m. - 8:30 a.m.	29105	29109	29113
Mon & Wed & Fri	8:30 a.m. - 9:30 a.m.	29106	29110	29114
Tues & Thurs	8:00 a.m. - 9:00 a.m.	29107	29111	29115
Tues & Thurs	7:00 p.m. - 8:00 p.m.	29108	29112	29116

### DEEP WATER FITNESS

Moderate-High Intensity DEEP WATER.

No swimming skills required, float belts are worn. All-over toning and cardiovascular program held in deep water with float belts. A great upper body workout.

Sunday	1:15 p.m. - 2:15 p.m.		29830	29831
Mon & Wed & Fri	7:15 a.m. - 8:15 a.m.	29075	29081	29087
Mon & Wed & Fri	8:15 a.m. - 9:15 a.m.	29076	29082	29088
Tues & Thurs	9:00 a.m. - 10:00 a.m.	29077	29083	29089
Tues & Thurs	10:00 a.m. - 11:00 a.m.	29078	29084	29090
Tues & Thurs	1:00 p.m. - 2:00 p.m.	29079	29085	29091
Tues & Thurs	7:00 p.m. - 8:00 p.m.	29080	29086	29092

### EASY DOES IT

Beginner-Moderate Intensity SHALLOW WATER.

A low-level, low-impact exercise class. Activities include water walking, aerobic exercise to build cardiovascular endurance and range-of-motion classes.

Tues & Thurs	10:00 a.m. - 11:00 a.m.	29093	29097	29101
Tues & Thurs	1:00 p.m. - 2:00 p.m.	29094	29098	29102
Tues & Thurs	2:00 p.m. - 3:00 p.m.	29095	29099	29103
Tues & Thurs	3:00 p.m. - 4:00 p.m.	29096	29100	29104

### ARTHRITIS FOUNDATION

Beginner Intensity SHALLOW WATER.

Gentle stretches and range-of-motion exercises keep tender joints mobile. The buoyancy of the water assists movements, while the resistance strengthens muscles that support joints. A physician's release is required to participate.

Tues & Thurs	9:15 a.m. - 10:00 a.m.	29072	29073	29074
		\$24	\$28	\$32

### DEEP WATER RUNNING

Moderate Intensity DEEP WATER

Class involves interval deep water running designed to improve endurance, stamina, breathing, and muscle toning.

Tues & Thurs	2:00 p.m. - 3:00 p.m.	29832	29833	29834
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## Marion Diehl Pool

2219 Tyvola Road  
Charlotte, NC 28210  
704.432.0237

[www.parkandrec.com/aquatics](http://www.parkandrec.com/aquatics)








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704-336-2020  
[mecklenburgcountync.gov](http://mecklenburgcountync.gov)

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